

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

#101 Boys 11&U 400 Meter Free

Name	Age	Team	Finals Time
1 Kruger, Declan	11	BLMA-CP	5:13.40
2 Fischer, Blake D	11	INFA-NM	5:16.40
3 Pieterse, Adriaan	11	PEAS-NM	5:20.06
4 Van der Veen, Aiden L	11	PEAS-NM	5:25.81
5 Poultney, Daniel	10	CASC-CP	5:31.39
6 Beukes, Ryan M	11	SAAW-CP	5:33.20
7 De Nooy, Wyatt J	10	LALE-CE	5:37.29
8 Van der Merwe, Ulric	11	TYGE-CP	5:37.35
9 Edwards, Bryce	11	CTO-CP	5:47.13
10 Bouffé, Hunter K	11	KNYA-ED	5:47.30
11 Kleynhans, Michael	11	CASC-CP	5:47.95
12 Henning, Christiaan P	11	LALE-CE	5:52.57
13 Olivier, Simeon	11	PAQU-CE	5:52.88
14 Eksteen, Pisces M	11	XCEL-CP	5:56.72
15 Janse van Rensburg, Wil	11	CASC-CP	6:09.42

#102 Girls 11&U 400 Meter Free

Name	Age	Team	Finals Time
1 Levi, Zara	11	CTO-CP	5:13.57
2 Kimani, Katja	11	CYBE-CP	5:22.60
3 Abrams, Sophia E	11	USC-BU	5:22.83
4 Maritz, Ava C	10	CTO-CP	5:25.92
5 Thompson, Mia M	11	BEST-NM	5:29.13
6 Scheffer, Shaylee C	11	UWCA-CP	5:31.12
7 Swanepoel, Emma	11	CLA-WC	5:44.66
8 Pitout, Addison P	11	ASAC-CP	5:45.90
9 Richards, Emma E	11	SAAW-CP	5:47.06
10 Croft, Danni	11	KNYA-ED	5:47.19
11 Schenck, Maya K	11	TYGE-CP	5:47.29
12 De Lange, Niah	11	CASC-CP	5:47.59
13 Van Onselen, Annabelle	11	TYGE-CP	5:48.85
14 Swanepoel, Anja E	11	CLA-WC	5:52.09
15 Thyse, Morgan K	11	USC-BU	5:55.38
16 Louw, Milea	11	TYGE-CP	5:56.67
17 Meiring, Scarlett J	11	INFA-NM	6:03.84
18 October, Jemma F	11	ALPHA-CP	6:11.81
19 Bowman, Bailey J	11	USC-BU	6:32.87

#103 Men 12 400 Meter Free

2016SA Age G: 4:20.00 # 2015 Luan E. Grobbelaar at

Name	Age	Team	Finals Time
1 Coetzee, Tristan R	12	FISH-ED	4:58.92
2 Perez Castellano, Emilio	12	CASC-CP	5:14.20
3 Van Wyngaard, Daniël C	12	ROA-ED	5:15.45
4 Davenport, Daniel J	12	PEAS-NM	5:18.78
5 Pieterse, Nicholas N	12	STAQ-CE	5:20.46
6 Clark, Alexander L	12	UWCA-CP	5:21.74
7 Joyce, Guy	12	CASC-CP	5:21.81
8 Delport, Reynard	12	BEST-NM	5:22.41
9 Woodrup, Connor	12	CYBE-CP	5:26.01
10 Van der Merwe, Logan	12	TYGE-CP	5:26.40
11 Heunis, Johan C	12	BARR-CP	5:26.98
12 Kriel, Ewan	12	QSSC-CP	5:27.79
13 Van Heerden, Emile L	12	WAC-ED	5:27.97
14 Heiberg, Ethan	12	MANT-CP	5:29.70
15 Swartz, Seth J	12	CASC-CP	5:30.32
16 Smit, Eduard W	12	CASC-CP	5:31.75
17 Askevold, Gunther J	12	BLMA-CP	5:34.17
18 Worley, Owen L	12	HARL-BU	5:35.25
19 Wessels, Jeandre	12	USC-BU	5:35.75
20 Jogie, Ryan J	12	HARL-BU	5:38.77

21 van der Westhuizen, An	12	INFA-NM	5:39.71
22 Sebastian, Alexander	12	MANT-CP	5:43.15
23 Parr, Riley C	12	KNYA-ED	5:43.23
24 van der Merwe, Naude	12	PEAS-NM	5:50.12
25 Kannemeyer, Luan	12	QSSC-CP	5:50.52
26 Fourie, Benjamin L	12	BLMA-CP	5:55.05
27 Tshabalala, Jodie J	12	BLMA-CP	6:00.36

#104 Women 12 400 Meter Free

2016SA Age G: 4:29.00 # 1908 Jessica Liss at EP Cha

Name	Age	Team	Finals Time
1 Normington, Olivia	12	XCEL-CP	5:13.19
2 DU Plessis, Lheané	12	FISH-ED	5:17.41
3 Douglas, Keyla	12	ROA-ED	5:17.47
4 Van Jaarsveld, Bianca I	12	TYGE-CP	5:25.88
5 Swanepoel, Pia Q	12	ASAC-CP	5:27.37
6 Joubert, Rebecca J	12	INFA-NM	5:28.85
7 Iliiev, Emily M	12	CBM	5:31.15
8 Hengst, Emily A	12	CASC-CP	5:35.14
9 Olivier, Gianna G	12	PAQU-CE	5:36.65
10 Lubbe, Esther A	12	BEST-NM	5:37.13
11 Pieterse, Kate J	12	PEAS-NM	5:38.48
12 Chong, Sophie	12	CYBE-CP	5:40.66
13 Engelbrecht, Zia-Bella L	12	HTSA-CP	5:41.83
14 Brissos, Filipa	12	CMD	5:42.39
15 Arendse, Emma	12	MANT-CP	5:42.66
16 Dart, Mackenzi J	12	USC-BU	5:43.86
17 Muller, Skyler M	12	HARL-BU	5:44.36
18 Smit, Dione	12	CASC-CP	5:44.73
19 Ranger, Emma L	12	USC-BU	5:45.56
20 Berry, Olivia D	12	BEST-NM	5:47.55
21 Palacio, Ines C	12	CBM	5:47.63
22 Nchumali, Kwicia	12	CBM	5:48.49
23 Vermeulen, Jaime-Lynn	12	HARL-BU	5:52.69
24 Ras, Annabelle	12	CASC-CP	5:58.11
25 Mahlangu, Ndalo	12	BLMA-CP	5:59.10
26 Sprong, Jaime M	12	ASAC-CP	5:59.19
27 Makore, Bona M	12	ASAC-CP	6:01.53
28 Loni, Yama	12	INFA-NM	6:03.96

#105 Men 13 400 Meter Free

2016SA Age G: 4:10.50 # 2013 Jarryd L. Baxter at SA

Name	Age	Team	Finals Time
1 Van der Merwe, Luan J	13	UWCA-CP	4:57.72
2 Clifford, Jack K	13	USC-BU	4:58.37
3 Stander, Christiaan L	13	ESA-CE	4:59.38
4 Snyders, Dylan	13	CLA-WC	5:00.46
5 Theunissen, Jude E	13	BEST-NM	5:08.60
6 Newham, Christopher J	13	TYGE-CP	5:13.74
7 Lee, Daniel	13	TYGE-CP	5:14.36
8 Wilson, Kaleb	13	ASAC-CP	5:17.17
9 Lombard, Quan R	13	ASAC-CP	5:17.23
10 Vleggaar, Daniel	13	TYGE-CP	5:20.94
11 Goliath, Cooper C	13	USC-BU	5:23.76
12 King, Aidan J	13	CASC-CP	5:24.92
13 Smith, Zian	13	CLA-WC	5:26.46
14 Spangenberg, Zach A	13	XCEL-CP	5:27.78
15 Titus, Brody	13	PAQU-CE	5:29.67
16 Lubbe, Mikael B	13	ASAC-CP	5:33.39
17 Petzer, Jayden S	13	USC-BU	5:36.73
18 Egen, Erigh E	13	BARR-CP	5:43.20
19 Pioris, Whato	13	CBM	5:49.81
20 Odendaal, Riko	13	CASC-CP	5:51.68
21 Wustefeld-Janssens, Har	13	STAQ-CE	5:56.18

#106 Women 13 400 Meter Free

2016SA Age G: 4:25.63 # 2015 Rebecca A. Meder at V

Name	Age	Team	Finals Time
1 Koegelenberg, Emily	13	XCEL-CP	5:04.15
2 Pieterse, Nina	13	PEAS-NM	5:04.35
3 Terwin, Brooklyn	13	USC-BU	5:09.97
4 De Smidt, Emma J	13	AQDO-CP	5:11.43
5 Jordaan, Mikayla E	13	CASC-CP	5:12.28
6 Grebe, Ava	13	CUHE-OB	5:18.22
7 Kleynhans, Kayla	13	ROA-ED	5:20.95
8 Mansour, Daniela	13	CBM	5:24.62
9 McGluwa, Jovanah N	13	CASC-CP	5:26.17
10 Matthee, Zarah	13	UWCA-CP	5:27.68
11 Julies, Grace J	13	XCEL-CP	5:28.16
12 Nel, Olivia	13	CLA-WC	5:29.12
13 Hendricks, Jada	13	CASC-CP	5:31.37
14 Tembo, Noku L	13	KNYA-ED	5:33.97
15 Schutzler, Amelia-Rose	13	USC-BU	5:34.45
16 Du Plessis, Leah	13	PEAS-NM	5:35.96
17 Haldane, Bella	13	FISH-ED	5:35.97
18 Van de Vyver, Mia	13	ESA-CE	5:36.03
19 Adams, Ella	13	CASC-CP	5:39.68
20 Barenblatt, Sienna G	13	STAQ-CE	5:40.21
21 Jantjies, Zara	13	MANT-CP	5:40.57
22 Mfabe, Zingce Z	13	USC-BU	5:41.19
23 Kretzmann, Sophie F	13	USC-BU	5:45.53
24 Lilley, Kenna	13	TYGE-CP	5:49.77
25 Haynes-Smart, Kaitlyn	13	VINE-CP	5:49.91
26 Barthus, Alessia	13	MANT-CP	5:53.17
27 Stevenson, Mikayla	13	QSSC-CP	5:56.89

#107 Men 14 400 Meter Free

2016SA Age G: 4:01.84 # 2014 Jarryd L. Baxter at SA

Name	Age	Team	Finals Time
1 Laufs, Connor R	14	CTO-CP	4:52.70
2 Parr, Colbyn S	14	KNYA-ED	4:56.25
3 Hucke, Tegan	14	CTO-CP	5:01.51
4 Spies, Pierre J	14	FISH-ED	5:02.45
5 Heunis, Le Roux	14	TYGE-CP	5:03.18
6 February, Dillon S	14	CASC-CP	5:08.78
7 VerLoren Van Themaat,	14	LALE-CE	5:09.35
8 Earle, Zack C	14	FISH-ED	5:12.49
9 Ramorwesi, Oratilwe M	14	SAAW-CP	5:16.88
10 Pitout, Zachary J	14	ASAC-CP	5:19.21
11 Gallie, Abdul-Aziz	14	MANT-CP	5:20.82
12 Shipton, Christopher J	14	QSSC-CP	5:27.53
13 Smith, Jacobus J	14	FISH-ED	5:34.84
14 Baadjies, Cruden H	14	PAQU-CE	5:38.63
15 Lamminga, Jack	14	CLA-WC	5:38.65
16 Fortune, Hakeem	14	MANT-CP	5:48.89

#108 Women 14 400 Meter Free

2016SA Age G: 4:15.83 # 2011 Michelle Weber-Telko

Name	Age	Team	Finals Time
1 Wallis, Juliette	14	CASC-CP	5:06.90
2 Madeley, Amy O	14	ANAX-CP	5:09.03
3 Strydom, Mia	14	INFA-NM	5:10.36
4 McLean, Daniella L	14	PEAS-NM	5:10.94
5 Retief, Jane	14	LALE-CE	5:16.31
6 Sonnekus, Anya	14	CASC-CP	5:17.30
7 Coleman, Milan	14	FISH-ED	5:19.76
8 Longueira, Ava L	14	ASAC-CP	5:20.41
9 van der Westhuizen, Am	14	INFA-NM	5:20.61

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

#108 Women 14 400 Meter Free

Name	Age	Team	Time
10 Diessner, Ava	14	PEAS-NM	5:20.90
11 Coetzee, Marli	14	CASC-CP	5:23.28
12 Groenewald, Emma A	14	CASC-CP	5:24.85
13 Botha, Rebecca P	14	CASC-CP	5:36.35

#109 Men 15 400 Meter Free

2016SA Age G: 3:58.09 # 2014 Jarryd L. Baxter at 20

Name	Age	Team	Finals Time
1 Wright, Jonah S	15	TYGE-CP	4:37.18
2 Afonso, Aragon G	15	QSSC-CP	4:37.71
3 Pieterse, Marcelle J	15	XCEL-CP	4:41.55
4 Hough, Caleb	15	CLA-WC	4:43.91
5 Lewis, Callum R	15	CASC-CP	4:47.73
6 Coetzee, Sion M	15	QSSC-CP	4:49.87
7 Lichthart, Nicus	15	QSSC-CP	4:53.54
8 Krause, Luke	15	CASC-CP	4:57.18
9 Ganger, Zeke D	15	MARL-CP	5:00.42
10 Grobler, Chris I	15	CASC-CP	5:01.58
11 Gomez, Alex W	15	MARL-CP	5:02.65
12 Langeveldt, Christiano C	15	ALPHA-CP	5:03.17
13 Snyders, Reece	15	UWCA-CP	5:03.62
14 Vorster, Bastian S	15	FISH-ED	5:15.98
15 Prince, Caleb T	15	BEST-NM	5:16.60
16 Samsodien, Saaligh S	15	MARL-CP	5:21.40

#110 Women 15 400 Meter Free

2016SA Age G: 4:15.91 # 2012 Michelle Weber at Sa

Name	Age	Team	Finals Time
1 Van Tromp, Seruby	15	LALE-CE	5:10.07
2 Robinson, Alana	15	SAAW-CP	5:11.07
3 O'Carroll, Nia E	15	STAQ-CE	5:24.07
4 Abrahams, Amaani	15	MARL-CP	5:31.67
5 Hawley, Nicola	15	PLAY-CE	5:38.29

#111 Men 16 400 Meter Free

2016SA Age G: 3:54.95 # 2015 Jarryd L. Baxter at 5th

Name	Age	Team	Finals Time
1 Cruickshank, Carter C	16	PEAS-NM	4:32.03
2 Mansfield, Luke T	16	STAQ-CE	4:42.15
3 van Wyk, Tariq K	16	CASC-CP	4:46.14
4 van Staden, Mika L	16	AQUA-BU	4:55.14
5 Cleophas, Kyle	16	PAQU-CE	5:05.47
6 Brits, AJ J	16	MATL-KK	5:19.90
7 Fortune, Yaseen	16	MANT-CP	5:53.76

#112 Women 16 400 Meter Free

2016SA Age G: 4:13.92 # 2007 Wendy Trott-12th Fin

Name	Age	Team	Finals Time
1 Rossouw, Cara	16	TYGE-CP	5:01.14
2 Kleynhans, Sian	16	WAC-ED	5:17.38
3 Burger, Juanè	16	CASC-CP	5:34.75

#201 Boys 11&U 100 Meter Free

Name	Age	Team	Finals Time
Finals			
1 Kruger, Declan	11	BLMA-CP	1:07.18
2 Fischer, Blake D	11	INFA-NM	1:08.48
3 Van der Veen, Aiden L	11	PEAS-NM	1:08.73
4 Claassen, Cayden D	10	PEAS-NM	1:09.73
5 Beukes, Ryan M	11	SAAW-CP	1:10.19
6 Edwards, Bryce	11	CTO-CP	1:10.27
7 Versfeld, Ben I	11	BRAVE-CE	1:10.35
8 Mare, Ilan	11	CASC-CP	1:11.89

#201 Boys 11&U 100 Meter Free

Name	Age	Team	Prelim Time
Preliminaries			
1 Claassen, Cayden D	10	PEAS-NM	1:11.02
2 Van der Veen, Aiden L	11	PEAS-NM	1:11.36
3 Kruger, Declan	11	BLMA-CP	1:11.90
4 Edwards, Bryce	11	CTO-CP	1:12.16
5 Fischer, Blake D	11	INFA-NM	1:12.45
6 Versfeld, Ben I	11	BRAVE-CE	1:13.06
7 Beukes, Ryan M	11	SAAW-CP	1:13.22
8 Mare, Ilan	11	CASC-CP	1:13.60
9 Poultney, Daniel	10	CASC-CP	1:13.66
10 Van der Merwe, Ulric	11	TYGE-CP	1:13.67
11 Pieterse, Adriaan	11	PEAS-NM	1:14.97
12 Schutte, Ethan	11	QSSC-CP	1:15.42
13 De Nooy, Wyatt J	10	LALE-CE	1:15.59
14 Kleynhans, Michael	11	CASC-CP	1:15.78
15 Freislich, Reid A	11	KNYA-ED	1:16.56
16 Henning, Christiaan P	11	LALE-CE	1:16.57
17 Tredoux, Simon P	11	BARR-CP	1:16.67
18 Whitehouse, Bramwell J	11	CUHE-OB	1:17.45
19 Bouffé, Hunter K	11	KNYA-ED	1:18.76
20 Olivier, Simeon	11	PAQU-CE	1:18.80
21 Eksteen, Pisces M	11	XCEL-CP	1:19.63
22 Joubert, Daniel J	11	PLAY-CE	1:20.27
23 Basson, Zaryd D	11	PEAS-NM	1:20.73
24 Pretorius, Johan M	11	ESA-CE	1:21.15
25 Janse van Rensburg, Huq	10	CASC-CP	1:22.66

#201 Boys 12 100 Meter Free

2016SA Age G: 57.43 # 2005 Joshua KRIEL at NTS (

Name	Age	Team	Finals Time
Finals			
1 Coetzee, Tristan R	12	FISH-ED	1:05.24
2 Schabort, Lowen	12	ESA-CE	1:06.57
3 Bradfield, Joel-Luke	12	INFA-NM	1:06.72
4 Heunis, Johan C	12	BARR-CP	1:07.33
5 Schoeman, Mateo J	12	ESA-CE	1:07.34
6 Davenport, Daniel J	12	PEAS-NM	1:07.50
7 Kannemeyer, Luan	12	QSSC-CP	1:08.12
8 Goldswain, Nicholas J	12	USC-BU	1:08.55

#201 Boys 12 100 Meter Free

2016SA Age G: 57.43 # 2005 Joshua KRIEL at NTS (

Name	Age	Team	Prelim Time
Preliminaries			
1 Coetzee, Tristan R	12	FISH-ED	1:05.83
2 Schabort, Lowen	12	ESA-CE	1:07.48
3 Davenport, Daniel J	12	PEAS-NM	1:07.58
4 Heunis, Johan C	12	BARR-CP	1:08.15
5 Goldswain, Nicholas J	12	USC-BU	1:08.17
6 Bradfield, Joel-Luke	12	INFA-NM	1:08.23
7 Kannemeyer, Luan	12	QSSC-CP	1:08.42
8 Schoeman, Mateo J	12	ESA-CE	1:08.45
9 Harder, Callum R	12	VINE-CP	1:08.58
10 Kriel, Ewan	12	QSSC-CP	1:09.09
11 Clark, Alexander L	12	UWCA-CP	1:09.68
12 Spies, Judah J	12	FISH-ED	1:09.75
13 Perez Castellano, Emilio	12	CASC-CP	1:09.90
14 Joyce, Guy	12	CASC-CP	1:09.92
15 Swanepoel, Roehan J	12	BARR-CP	1:10.37

16 Smit, Eduard W	12	CASC-CP	1:10.42
17 Wiltshire, James	12	USC-BU	1:10.67
18 Van der Merwe, Logan	12	TYGE-CP	1:10.70
19 Woodrup, Connor	12	CYBE-CP	1:10.86
20 Pieterse, Nicholas N	12	STAQ-CE	1:11.57
21 Heiberg, Ethan	12	MANT-CP	1:11.90
22 Van Wyngaard, Daniël C	12	ROA-ED	1:12.06
*23 Sebastian, Alexander	12	MANT-CP	1:12.34
*23 Gerber, Luke M	12	CASC-CP	1:12.34
25 Rossouw, Marais	12	QSSC-CP	1:12.46
26 Askevold, Gunther J	12	BLMA-CP	1:12.61
27 Delpont, Reynard	12	BEST-NM	1:12.79
28 van der Westhuizen, Am	12	INFA-NM	1:12.80
29 Van Heerden, Emile L	12	WAC-ED	1:13.01
30 Spijkerman, Stephaan	12	ESA-CE	1:13.34
31 Parr, Riley C	12	KNYA-ED	1:13.62
32 Malherbe, Max M	12	BRAVE-CE	1:14.81
33 Worley, Owen L	12	HARL-BU	1:15.05
34 Swartz, Seth J	12	CASC-CP	1:15.34
35 Wessels, Jeandre	12	USC-BU	1:16.22
36 Jewell, Stefan E	12	PEAS-NM	1:16.32
37 Jogie, Ryan J	12	HARL-BU	1:17.14
38 Tshabalala, Jodie J	12	BLMA-CP	1:18.03
39 Fourie, Benjamin L	12	BLMA-CP	1:18.12
40 Meets, Daniel	12	ASAC-CP	1:18.64
41 van der Merwe, Naude	12	PEAS-NM	1:20.02
42 Van Dyk, Adriaan J	12	ASAC-CP	1:21.82
43 Beard, Elijah	12	HARL-BU	1:23.54

#201 Boys 13 100 Meter Free

2016SA Age G: 53.89 # 2011 Kyle Van Niekerk at 9

Name	Age	Team	Finals Time
Finals			
1 Lee, Daniel	13	TYGE-CP	1:02.45
2 Van der Merwe, Luan J	13	UWCA-CP	1:02.52
3 Stander, Christiaan L	13	ESA-CE	1:03.58
4 Wilson, Kaleb	13	ASAC-CP	1:04.58
5 Snyders, Dylan	13	CLA-WC	1:04.67
6 Pioris, Whato	13	CBM	1:05.16
7 Theunissen, Jude E	13	BEST-NM	1:05.32
8 Lombard, Quan R	13	ASAC-CP	1:05.79

#201 Boys 13 100 Meter Free

2016SA Age G: 53.89 # 2011 Kyle Van Niekerk at 9

Name	Age	Team	Prelim Time
Preliminaries			
1 Van der Merwe, Luan J	13	UWCA-CP	1:02.24
2 Snyders, Dylan	13	CLA-WC	1:04.43
3 Pioris, Whato	13	CBM	1:04.65
4 Wilson, Kaleb	13	ASAC-CP	1:05.08
5 Theunissen, Jude E	13	BEST-NM	1:05.17
6 Lee, Daniel	13	TYGE-CP	1:05.50
7 Stander, Christiaan L	13	ESA-CE	1:05.83
8 Lombard, Quan R	13	ASAC-CP	1:06.46
9 Clifford, Jack K	13	USC-BU	1:06.67
10 Newham, Christopher J	13	TYGE-CP	1:07.22
11 King, Aidan J	13	CASC-CP	1:08.40
12 Egen, Erigh E	13	BARR-CP	1:09.11
13 Lubbe, Mikael B	13	ASAC-CP	1:10.07
14 Smith, Zian	13	CLA-WC	1:10.21
15 Spangenberg, Zach A	13	XCEL-CP	1:10.31
16 Goliath, Cooper C	13	USC-BU	1:10.52
17 Hauser, Paul	13	ASAC-CP	1:10.83

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

Preliminaries ... (#201 Boys 13 100 Meter Free)

18	Petzer, Jayden S	13	USC-BU	1:11.92
19	Odendaal, Riko	13	CASC-CP	1:11.95
20	Arnold, Samuel D	13	HARL-BU	1:12.17
21	Nothnagel, Henk K	13	CASC-CP	1:14.91
22	Fourie, Ezra	13	UWCA-CP	1:15.10
23	Botha, Andre	13	TYGE-CP	1:22.83

#201 Boys 14 100 Meter Free**2016SA Age G: 52.91 # 1998 Byron Jeffers**

Name	Age	Team	Finals Time	
Finals				
1	VerLoren Van Themaat	14	LALE-CE	1:00.97
2	Striglia, Elio	14	HARL-BU	1:02.17
3	Van Daalen, Lohan	14	HARL-BU	1:02.30
4	van Aarde, Matthew D	14	CASC-CP	1:02.36
5	Spies, Pierre J	14	FISH-ED	1:02.58
6	Ramorwesi, Oratilwe M	14	SAAW-CP	1:03.33
7	Parr, Colbyn S	14	KNYA-ED	1:03.99
8	Hucke, Tegan	14	CTO-CP	1:04.47

#201 Boys 14 100 Meter Free**2016SA Age G: 52.91 # 1998 Byron Jeffers**

Name	Age	Team	Prelim Time	
Preliminaries				
1	VerLoren Van Themaat	14	LALE-CE	1:01.26
2	van Aarde, Matthew D	14	CASC-CP	1:02.07
3	Striglia, Elio	14	HARL-BU	1:02.63
4	Parr, Colbyn S	14	KNYA-ED	1:02.87
5	Hucke, Tegan	14	CTO-CP	1:03.58
6	Ramorwesi, Oratilwe M	14	SAAW-CP	1:04.37
7	Van Daalen, Lohan	14	HARL-BU	1:04.47
8	Heunis, Le Roux	14	TYGE-CP	1:04.58
9	Spies, Pierre J	14	FISH-ED	1:04.61
10	Lockyear, Devon P	14	USC-BU	1:04.95
11	Laufs, Connor R	14	CTO-CP	1:05.66
12	Earle, Zack C	14	FISH-ED	1:05.71
13	Pitout, Zachary J	14	ASAC-CP	1:05.72
14	February, Dillon S	14	CASC-CP	1:05.98
15	Jooste, Ben D	14	CUHE-OB	1:06.56
16	Nikolic, Sebastian N	14	INFA-NM	1:07.11
17	Gallie, Abdul-Aziz	14	MANT-CP	1:07.59
18	Shipton, Christopher J	14	QSSC-CP	1:07.69
19	Abrie, Ryn J	14	CUHE-OB	1:08.68
20	Smith, Jacobus J	14	FISH-ED	1:10.98
21	Baadjies, Cruden H	14	PAQU-CE	1:13.15
22	Munnik, Connor C	14	PAQU-CE	1:14.26
23	Fortune, Hakeem	14	MANT-CP	1:14.57
---	Jonas, Leonardo	14	PLAY-CE	NS

#201 Men 15 100 Meter Free**2016SA Age G: 52.10 # 2013 Kyle Van Niekerk at C**

Name	Age	Team	Finals Time	
Finals				
1	Wright, Jonah S	15	TYGE-CP	56.57
2	Coetzee, Sion M	15	QSSC-CP	58.64
3	Afonso, Aragon G	15	QSSC-CP	58.92
4	Lichthart, Nicus	15	QSSC-CP	1:00.51
5	Wessels, Tiaan	15	USC-BU	1:00.83
6	Krause, Luke	15	CASC-CP	1:00.92
7	Pieterse, Marcelle J	15	XCEL-CP	1:01.00
8	Smith, Jenson C	15	ASAC-CP	1:01.11

#201 Men 15 100 Meter Free**2016SA Age G: 52.10 # 2013 Kyle Van Niekerk at C**

Name	Age	Team	Prelim Time	
Preliminaries				
1	Wright, Jonah S	15	TYGE-CP	58.17
2	Coetzee, Sion M	15	QSSC-CP	59.28
3	Afonso, Aragon G	15	QSSC-CP	1:00.02
*4	Krause, Luke	15	CASC-CP	1:00.45
*4	Lichthart, Nicus	15	QSSC-CP	1:00.45
6	Wessels, Tiaan	15	USC-BU	1:00.54
7	Smith, Jenson C	15	ASAC-CP	1:00.80
8	Pieterse, Marcelle J	15	XCEL-CP	1:00.88
9	Grobler, Chris I	15	CASC-CP	1:01.77
10	Hough, Caleb	15	CLA-WC	1:01.79
11	Ganger, Zeke D	15	MARL-CP	1:02.09
12	Samsodien, Saaligh S	15	MARL-CP	1:02.14
13	Lewis, Callum R	15	CASC-CP	1:02.32
14	Langeveldt, Christiano C	15	ALPHA-CP	1:03.20
15	Basson, Zethan L	15	PEAS-NM	1:03.63
16	Gomez, Alex W	15	MARL-CP	1:03.96
17	Kretzmann, Kaleb B	15	USC-BU	1:04.39
*18	Bester, Daniël M	15	ESA-CE	1:05.10
*18	Snyders, Reece	15	UWCA-CP	1:05.10
20	Prince, Caleb T	15	BEST-NM	1:05.11

#201 Men 16 100 Meter Free**2016SA Age G: 51.01 # 2015 ZANE WADDELL at SA**

Name	Age	Team	Finals Time	
Finals				
1	van Staden, Mika L	16	AQUA-BU	58.01
2	Cleophas, Kyle	16	PAQU-CE	59.31
3	Mansfield, Luke T	16	STAQ-CE	59.62
4	Cruickshank, Carter C	16	PEAS-NM	59.75
5	van Wyk, Tariq K	16	CASC-CP	59.97
6	Alvim, João M	16	CBM	1:01.08
7	Brits, AJ J	16	MATL-KK	1:04.36
8	Armist, Caleb	16	HARL-BU	1:04.86

#201 Men 16 100 Meter Free**2016SA Age G: 51.01 # 2015 ZANE WADDELL at SA**

Name	Age	Team	Prelim Time	
Preliminaries				
1	Mansfield, Luke T	16	STAQ-CE	59.70
2	Cruickshank, Carter C	16	PEAS-NM	59.89
3	Cleophas, Kyle	16	PAQU-CE	59.90
4	van Wyk, Tariq K	16	CASC-CP	1:00.37
5	van Staden, Mika L	16	AQUA-BU	1:00.82
6	Alvim, João M	16	CBM	1:01.72
7	Brits, AJ J	16	MATL-KK	1:04.55
8	Armist, Caleb	16	HARL-BU	1:04.85
9	Isaacs, Christiano A	16	UWCA-CP	1:06.16
10	Fortune, Yaseen	16	MANT-CP	1:09.51

#202 Girls 11&U 100 Meter Free

Name	Age	Team	Finals Time	
Finals				
1	Levi, Zara	11	CTO-CP	1:07.43
2	Kimani, Katja	11	CYBE-CP	1:08.67
3	Abrams, Sophia E	11	USC-BU	1:09.62
4	Thompson, Mia M	11	BEST-NM	1:11.54
5	Pitout, Addison P	11	ASAC-CP	1:11.82
6	Glass, Gabi	11	SAAW-CP	1:12.08

7	Scheffer, Shaylee C	11	UWCA-CP	1:12.38
8	Van Onselen, Annabelle	11	TYGE-CP	1:12.85

#202 Girls 11&U 100 Meter Free

Name	Age	Team	Prelim Time	
Preliminaries				
1	Levi, Zara	11	CTO-CP	1:08.92
2	Kimani, Katja	11	CYBE-CP	1:10.04
3	Abrams, Sophia E	11	USC-BU	1:11.14
4	Thompson, Mia M	11	BEST-NM	1:12.05
5	Glass, Gabi	11	SAAW-CP	1:12.15
6	Pitout, Addison P	11	ASAC-CP	1:12.56
7	Scheffer, Shaylee C	11	UWCA-CP	1:12.94
8	Van Onselen, Annabelle	11	TYGE-CP	1:13.11
9	Maritz, Ava C	10	CTO-CP	1:13.56
10	Swanepoel, Emma	11	CLA-WC	1:13.78
11	Schenck, Maya K	11	TYGE-CP	1:13.84
12	Meiring, Scarlett J	11	INFA-NM	1:13.89
13	Swanepoel, Anja E	11	CLA-WC	1:13.90
14	Richards, Emma E	11	SAAW-CP	1:14.42
15	Croft, Danni	11	KNYA-ED	1:15.34
16	De Lange, Niah	11	CASC-CP	1:17.61
17	Groenewald, Nina H	11	CASC-CP	1:18.08
18	Saul, Astrid P	11	BLMA-CP	1:18.35
19	Louw, Milea	11	TYGE-CP	1:19.42
20	Harvett, Logan L	11	STAQ-CE	1:19.46
21	Sadi, Chrisela F	11	SAAW-CP	1:19.47
22	Thysse, Morgan K	11	USC-BU	1:19.61
23	McMaster, Rachael A	11	HARL-BU	1:21.10
24	Van Rooyen, Maggie L	11	PEAS-NM	1:21.27
25	De Jager, Isabella	11	BRAVE-CE	1:23.28
26	October, Jemma F	11	ALPHA-CP	1:23.94
27	Fakier, Ayesha i	11	CTO-CP	1:25.11

#202 Girls 12 100 Meter Free**2016SA Age G: 1:00.60 # 2015 Dune Coetzee at SA L**

Name	Age	Team	Finals Time	
Finals				
1	Douglas, Keyla	12	ROA-ED	1:06.42
2	Sebastian, Catherine	12	MANT-CP	1:07.77
3	DU Plessis, Lheané	12	FISH-ED	1:09.47
4	Van Jaarsveld, Bianca I	12	TYGE-CP	1:10.55
5	Beyers, Lize M	12	AGAQ-OB	1:11.71
6	Joubert, Rebecca J	12	INFA-NM	1:11.97
7	Swanepoel, Pia Q	12	ASAC-CP	1:12.26
8	Olivier, Gianna G	12	PAQU-CE	1:12.95

#202 Girls 12 100 Meter Free**2016SA Age G: 1:00.60 # 2015 Dune Coetzee at SA L**

Name	Age	Team	Prelim Time	
Preliminaries				
1	Douglas, Keyla	12	ROA-ED	1:08.23
2	DU Plessis, Lheané	12	FISH-ED	1:08.82
3	Sebastian, Catherine	12	MANT-CP	1:09.89
4	Van Jaarsveld, Bianca I	12	TYGE-CP	1:10.04
5	Joubert, Rebecca J	12	INFA-NM	1:11.15
6	Swanepoel, Pia Q	12	ASAC-CP	1:11.46
7	Olivier, Gianna G	12	PAQU-CE	1:11.71
8	Beyers, Lize M	12	AGAQ-OB	1:11.92
9	Greyvenstein, Hayley	12	USC-BU	1:11.93
10	Serdyn, Jana	12	INFA-NM	1:12.19
11	Lubbe, Esther A	12	BEST-NM	1:12.47

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

Preliminaries ... (#202 Girls 12 100 Meter Free)

12	Iliev, Emily M	12	CBM	1:12.92
13	Vermeulen, Jaime-Lynn	12	HARL-BU	1:13.03
14	Loni, Yama	12	INFA-NM	1:13.14
15	Stearn, Hannah	12	INFA-NM	1:13.28
16	Mahlangu, Ndalo	12	BLMA-CP	1:13.40
17	Pieterse, Kate J	12	PEAS-NM	1:13.49
18	Makore, Bona M	12	ASAC-CP	1:13.51
19	Sprong, Jaime M	12	ASAC-CP	1:13.65
20	Palacio, Ines C	12	CBM	1:13.88
21	Benade, Aria	12	SAAW-CP	1:14.42
22	Ranger, Emma L	12	USC-BU	1:14.49
23	Muller, Skyler M	12	HARL-BU	1:14.70
24	Smit, Dione	12	CASC-CP	1:14.82
25	Thompson, Taya R	12	CTO-CP	1:15.40
26	Engelbrecht, Zia-Bella L	12	HTSA-CP	1:15.47
27	Ras, Annabelle	12	CASC-CP	1:15.75
28	Brissos, Filipa	12	CMD	1:16.27
29	Smith, Isabel H	12	USC-BU	1:16.92
30	Chong, Sophie	12	CYBE-CP	1:17.31
31	Dart, Mackenzi J	12	USC-BU	1:18.01
32	Arendse, Emma	12	MANT-CP	1:18.42
33	Onkruid, Gianna R	12	UWCA-CP	1:18.49
34	Berry, Olivia D	12	BEST-NM	1:18.77
35	Schemel, Leah I	12	HARL-BU	1:19.03
36	Stevens, Ava	12	USC-BU	1:25.47
---	Du Preez, Kyra J	12	USC-BU	DQ

#202 Girls 13 100 Meter Free

2016SA Age G: 58.94 # 2015 Rebecca A Meder-at J

Name	Age	Team	Finals Time	
Finals				
1	Wilson, Samantha	13	INFA-NM	1:06.22
2	Koegelenberg, Emily	13	XCEL-CP	1:06.46
3	Pearson-Adams, Oshun	13	SAAW-CP	1:07.14
4	Kleynhans, Kayla	13	ROA-ED	1:07.37
5	Roth, Elle	13	PEAS-NM	1:07.50
6	Terwin, Brooklyn	13	USC-BU	1:07.62
7	Christensen, Milla M	13	WELL-CE	1:07.80
8	Pieterse, Nina	13	PEAS-NM	1:08.27

#202 Girls 13 100 Meter Free

2016SA Age G: 58.94 # 2015 Rebecca A Meder-at J

Name	Age	Team	Prelim Time	
Preliminaries				
1	Wilson, Samantha	13	INFA-NM	1:06.66
2	Koegelenberg, Emily	13	XCEL-CP	1:07.03
3	Kleynhans, Kayla	13	ROA-ED	1:08.08
4	Terwin, Brooklyn	13	USC-BU	1:08.27
5	Pieterse, Nina	13	PEAS-NM	1:08.35
6	Roth, Elle	13	PEAS-NM	1:09.20
7	Christensen, Milla M	13	WELL-CE	1:09.21
8	Pearson-Adams, Oshun	13	SAAW-CP	1:09.35
9	Mansour, Daniela	13	CBM	1:09.39
10	Lloyd, Jemma A	13	VINE-CP	1:10.20
11	Julies, Grace J	13	XCEL-CP	1:10.25
12	Barenblatt, Sienna G	13	STAQ-CE	1:10.55
13	McGluwa, Jovanah N	13	CASC-CP	1:10.98
14	Van de Vyver, Mia	13	ESA-CE	1:11.15
15	Klopper, Lene	13	QSSC-CP	1:11.25
16	Du Plessis, Leah	13	PEAS-NM	1:11.40
*17	Grebe, Ava	13	CUHE-OB	1:11.42

*17	Tembo, Noku L	13	KNYA-ED	1:11.42
19	Mfabe, Zingce Z	13	USC-BU	1:11.63
20	Voysey, Ella N	13	ASAC-CP	1:11.69
21	Lilley, Kenna	13	TYGE-CP	1:11.79
22	Jordaan, Mikayla E	13	CASC-CP	1:11.80
23	Nel, Olivia	13	CLA-WC	1:11.89
24	Hendricks, Jada	13	CASC-CP	1:12.08
25	Matthee, Zarah	13	UWCA-CP	1:12.14
26	Stevenson, Mikayla	13	QSSC-CP	1:12.41
27	Jantjies, Zara	13	MANT-CP	1:12.95
28	Haldane, Bella	13	FISH-ED	1:13.61
29	Haynes-Smart, Kaitlyn	13	VINE-CP	1:13.73
30	Jurgens, Chloe-Leigh	13	VINE-CP	1:14.16
31	Adams, Ella	13	CASC-CP	1:14.58
32	Kretzmann, Sophie F	13	USC-BU	1:14.62
33	Barthus, Alessia	13	MANT-CP	1:15.28

#202 Girls 14 100 Meter Free

2016SA Age G: 58.02 # 2013 Erin P. Gallagher at K

Name	Age	Team	Finals Time	
Finals				
1	Botha, Rebecca P	14	CASC-CP	1:04.58
2	Wallis, Juliette	14	CASC-CP	1:05.02
3	McLean, Daniella L	14	PEAS-NM	1:05.38
4	Minnaar, Amelia C	14	USC-BU	1:06.95
5	Coleman, Milan	14	FISH-ED	1:07.06
6	De Beer, Isabella C	14	PLAY-CE	1:07.35
7	Nienaber, Mila J	14	ESA-CE	1:07.51
8	Longueira, Ava L	14	ASAC-CP	1:09.49

#202 Girls 14 100 Meter Free

2016SA Age G: 58.02 # 2013 Erin P. Gallagher at K

Name	Age	Team	Prelim Time	
Preliminaries				
1	Botha, Rebecca P	14	CASC-CP	1:06.02
2	McLean, Daniella L	14	PEAS-NM	1:06.44
3	Wallis, Juliette	14	CASC-CP	1:06.90
4	Coleman, Milan	14	FISH-ED	1:07.23
5	Minnaar, Amelia C	14	USC-BU	1:07.36
6	Nienaber, Mila J	14	ESA-CE	1:07.40
7	De Beer, Isabella C	14	PLAY-CE	1:08.51
8	Longueira, Ava L	14	ASAC-CP	1:08.69
9	van der Westhuizen, Am	14	INFA-NM	1:08.88
10	Madeley, Amy O	14	ANAX-CP	1:09.37
11	Coetzee, Marli	14	CASC-CP	1:09.73
12	Diessner, Ava	14	PEAS-NM	1:09.95
13	Strydom, Mia	14	INFA-NM	1:10.08
14	Sonnekus, Anya	14	CASC-CP	1:10.41
15	Groenewald, Emma A	14	CASC-CP	1:11.33
16	Lourens, Mia	14	CASC-CP	1:12.79
17	Smith, Ava-Sophia H	14	USC-BU	1:14.21

#202 Women 15 100 Meter Free

2016SA Age G: 55.86 # 2014 Erin P. Gallagher at C

Name	Age	Team	Finals Time	
Finals				
1	Groves, Philippa R	15	SSISA-CP	1:06.63
2	Robinson, Alana	15	SAAW-CP	1:07.16
3	Hawley, Nicola	15	PLAY-CE	1:07.23
4	Van Tromp, Seruby	15	LALE-CE	1:07.27
5	O'Carroll, Nia E	15	STAQ-CE	1:08.45
6	Engelbrecht, Giselle K	15	HTSA-CP	1:09.39
7	Wener, Sophia	15	ASAC-CP	1:10.05

8	Lottering, Eirley	15	USC-BU	1:11.78
---	-------------------	----	--------	---------

#202 Women 15 100 Meter Free

2016SA Age G: 55.86 # 2014 Erin P. Gallagher at C

Name	Age	Team	Prelim Time	
Preliminaries				
1	Groves, Philippa R	15	SSISA-CP	1:07.55
2	Van Tromp, Seruby	15	LALE-CE	1:08.06
3	Hawley, Nicola	15	PLAY-CE	1:09.17
4	O'Carroll, Nia E	15	STAQ-CE	1:09.77
5	Robinson, Alana	15	SAAW-CP	1:10.16
6	Wener, Sophia	15	ASAC-CP	1:10.78
7	Engelbrecht, Giselle K	15	HTSA-CP	1:11.53
8	Lottering, Eirley	15	USC-BU	1:12.16
9	Abrahams, Amaani	15	MARL-CP	1:13.77
10	Kröger, Sammy	15	ESA-CE	1:15.05

#202 Women 16 100 Meter Free

2016SA Age G: 55.61 # 2015 Erin P. Gallagher at V

Name	Age	Team	Finals Time	
Finals				
1	Huang, Shi Han A	16	BLMA-CP	1:03.94
2	Pieterse, Abby L	16	INFA-NM	1:04.12
3	Holthuis, Keilah-Naomi	16	ESA-CE	1:04.89
4	Albino, Nemzi L	16	SAAW-CP	1:07.65
5	Burger, Juanè	16	CASC-CP	1:08.76
6	Adams, Sydney M	16	VINE-CP	1:09.57
7	Hager, Carle	16	ESA-CE	1:09.68
8	Hagglund, Emma H	16	SSISA-CP	1:10.30

#202 Women 16 100 Meter Free

2016SA Age G: 55.61 # 2015 Erin P. Gallagher at V

Name	Age	Team	Prelim Time	
Preliminaries				
1	Huang, Shi Han A	16	BLMA-CP	1:04.35
2	Pieterse, Abby L	16	INFA-NM	1:04.69
3	Holthuis, Keilah-Naomi	16	ESA-CE	1:06.33
4	Hager, Carle	16	ESA-CE	1:07.69
5	Burger, Juanè	16	CASC-CP	1:08.61
6	Albino, Nemzi L	16	SAAW-CP	1:08.96
7	Hagglund, Emma H	16	SSISA-CP	1:08.99
8	Adams, Sydney M	16	VINE-CP	1:09.09
9	Barnard, Adelmar D	16	ESA-CE	1:10.46
10	Mauer, Kayden	16	USC-BU	1:14.01
11	Kleynhans, Sian	16	WAC-ED	1:14.16

#203 Boys 14&U 200 Meter IM Multi-Class Multi Cl

2016SA Age G: 55.86 # 2014 Erin P. Gallagher at C

Name	Age	Team	Finals Time	
Finals				
1	Brown, Magmoed SM14	13	VINE-CP	3:49.22
2	Hartwig, Connor M SM6	14	HARL-BU	4:19.94

#203 Boys 14&U 200 Meter IM Multi-Class Multi Cl

2016SA Age G: 55.86 # 2014 Erin P. Gallagher at C

Name	Age	Team	Prelim Time	
Preliminaries				
1	Brown, Magmoed SM14	13	VINE-CP	3:50.74
2	Hartwig, Connor M SM6	14	HARL-BU	4:22.83

#204 Women 15-99 200 Meter IM Multi-Class Multi Cl

2016SA Age G: 55.86 # 2014 Erin P. Gallagher at C

Name	Age	Team	Finals Time	
Finals				
1	Endres, Josephine SM15	15	VINE-CP	3:09.79

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

#204 Women 15-99 200 Meter IM Multi-Class Multi				#205 Boys 12 100 Meter Breast				13 Vleggaar, Daniel 13 TYGE-CP 1:34.52			
Name	Age	Team	Prelim Time	2016SA Age G: 1:10.71 # 2013 Cameron K. Matthews				14 Arnold, Samuel D 13 HARL-BU 1:36.16			
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time
Preliminaries				Preliminaries				15 Spangenberg, Zach A 13 XCEL-CP 1:36.89			
1 Endres, Josephine SM15	15	VINE-CP	3:12.97	1 Perez Castellano, Emilio	12	CASC-CP	1:25.90	16 Smith, Zian 13 CLA-WC 1:37.44			
#205 Boys 11&U 100 Meter Breast				2 Heiberg, Ethan 12 MANT-CP 1:26.72				17 Egen, Erigh E 13 BARR-CP 1:37.88			
Name	Age	Team	Finals Time	3 Van Heerden, Emile L 12 WAC-ED 1:27.62				18 Wustefeld-Janssens, Har 13 STAQ-CE 1:40.37			
Finals				4 Clark, Alexander L 12 UWCA-CP 1:27.84				#205 Boys 14 100 Meter Breast			
1 Beukes, Ryan M	11	SAAW-CP	1:29.32	5 Schoeman, Mateo J 12 ESA-CE 1:28.08				2016SA Age G: 1:06.92 # 2015 Joshua Hamilton at F			
2 Kleynhans, Michael	11	CASC-CP	1:29.56	6 Askevold, Gunther J 12 BLMA-CP 1:30.43				Finals			
3 Van der Veen, Aiden L	11	PEAS-NM	1:30.75	7 Spijkerman, Stephaan 12 ESA-CE 1:30.50				1 De Jager, Eben 14 BRAVE-CE 1:16.30			
4 Van Der Westhuizen, Ew	11	LALE-CE	1:31.03	8 Sebastian, Alexander 12 MANT-CP 1:30.67				2 Lockyear, Devon P 14 USC-BU 1:16.53			
5 Olivier, Simeon	11	PAQU-CE	1:32.58	9 Coetzee, Tristan R 12 FISH-ED 1:30.73				3 Nikolic, Sebastian N 14 INFA-NM 1:21.89			
6 Claassen, Cayden D	10	PEAS-NM	1:32.63	10 Wiltshire, James 12 USC-BU 1:31.32				4 van Aarde, Matthew D 14 CASC-CP 1:21.91			
7 Van der Merwe, Ulric	11	TYGE-CP	1:34.43	11 Du Plessis, Caleb 12 FSE-KC 1:31.43				5 Abrie, Ryn J 14 CUHE-OB 1:24.53			
8 Schäffler, James	11	ROA-ED	1:35.88	12 Kannemeyer, Luan 12 QSSC-CP 1:32.41				6 Laufs, Connor R 14 CTO-CP 1:25.64			
#205 Boys 11&U 100 Meter Breast				13 Jewell, Stefan E 12 PEAS-NM 1:33.84				7 Gallie, Abdul-Aziz 14 MANT-CP 1:26.30			
Name	Age	Team	Prelim Time	14 Malherbe, Max M 12 BRAVE-CE 1:33.85				8 Baadjies, Cruden H 14 PAQU-CE 1:27.03			
Preliminaries				15 Davenport, Daniel J 12 PEAS-NM 1:33.91				#205 Boys 14 100 Meter Breast			
1 Van Der Westhuizen, Ew	11	LALE-CE	1:31.42	16 Swanepoel, Roehan J 12 BARR-CP 1:34.15				2016SA Age G: 1:06.92 # 2015 Joshua Hamilton at F			
2 Beukes, Ryan M	11	SAAW-CP	1:31.83	17 Van Wyngaard, Daniël C 12 ROA-ED 1:34.84				Finals			
3 Van der Veen, Aiden L	11	PEAS-NM	1:32.51	18 Tshabalala, Jodie J 12 BLMA-CP 1:36.36				1 De Jager, Eben 14 BRAVE-CE 1:17.94			
4 Kleynhans, Michael	11	CASC-CP	1:33.37	19 Kriel, Ewan 12 QSSC-CP 1:37.52				2 Lockyear, Devon P 14 USC-BU 1:18.84			
5 Claassen, Cayden D	10	PEAS-NM	1:33.97	20 Fourie, Benjamin L 12 BLMA-CP 1:39.27				3 van Aarde, Matthew D 14 CASC-CP 1:20.79			
6 Schäffler, James	11	ROA-ED	1:34.10	21 Parr, Riley C 12 KNYA-ED 1:40.39				4 Nikolic, Sebastian N 14 INFA-NM 1:22.75			
7 Van der Merwe, Ulric	11	TYGE-CP	1:34.42	22 Spies, Judah J 12 FISH-ED 1:41.13				5 Abrie, Ryn J 14 CUHE-OB 1:24.13			
8 Olivier, Simeon	11	PAQU-CE	1:34.47	23 Van der Merwe, Logan 12 TYGE-CP 1:41.85				6 Laufs, Connor R 14 CTO-CP 1:25.28			
9 Mare, Ilan	11	CASC-CP	1:34.64	24 Wessels, Jeandre 12 USC-BU 1:44.83				7 Baadjies, Cruden H 14 PAQU-CE 1:26.55			
10 Fischer, Blake D	11	INFA-NM	1:34.71	25 Van Dyk, Adriaan J 12 ASAC-CP 1:44.91				8 Gallie, Abdul-Aziz 14 MANT-CP 1:28.51			
11 Poultney, Daniel	10	CASC-CP	1:36.87	26 Delpport, Reynard 12 BEST-NM 1:45.35				9 Pitout, Zachary J 14 ASAC-CP 1:29.90			
12 Pretorius, Johan M	11	ESA-CE	1:38.29	27 Beard, Elijah 12 HARL-BU 1:45.75				10 Smith, Jacobus J 14 FISH-ED 1:30.59			
13 Kruger, Declan	11	BLMA-CP	1:38.76	#205 Boys 13 100 Meter Breast				11 Munnik, Connor C 14 PAQU-CE 1:31.28			
14 Tredoux, Simon P	11	BARR-CP	1:38.94	2016SA Age G: 1:07.79 # 2014 Cameron K. Matthews				12 Fortune, Hakeem 14 MANT-CP 1:31.53			
15 Freislich, Reid A	11	KNYA-ED	1:39.28	Finals				13 Spies, Pierre J 14 FISH-ED 1:32.76			
16 Joubert, Daniel J	11	PLAY-CE	1:39.42	1 Wilson, Kaleb 13 ASAC-CP 1:23.51				--- Jonas, Leonardo 14 PLAY-CE NS			
17 Basson, Zaryd D	11	PEAS-NM	1:40.08	2 Hauser, Paul 13 ASAC-CP 1:25.71				#205 Men 15 100 Meter Breast			
18 Whitehouse, Bramwell /	11	CUHE-OB	1:40.95	3 Snyders, Dylan 13 CLA-WC 1:25.77				2016SA Age G: 1:03.98 # 2016 Michael J Houlie-Grar			
19 Versfeld, Ben I	11	BRAVE-CE	1:41.69	4 Nel, Charles Paul 13 QSSC-CP 1:27.08				Finals			
20 Malherbe, Roz R	11	BRAVE-CE	1:41.79	5 Titus, Brody 13 PAQU-CE 1:28.62				1 Basson, Zethan L 15 PEAS-NM 1:13.28			
21 Janse van Rensburg, Wil	11	CASC-CP	1:43.60	6 Stander, Christiaan L 13 ESA-CE 1:29.22				2 Ganger, Zeke D 15 MARL-CP 1:20.28			
22 Henning, Christiaan P	11	LALE-CE	1:44.31	7 Clifford, Jack K 13 USC-BU 1:29.51				3 Krause, Luke 15 CASC-CP 1:20.89			
23 Eksteen, Pisces M	11	XCEL-CP	1:45.89	8 Theunissen, Jude E 13 BEST-NM 1:32.12				4 Samsodien, Saaligh S 15 MARL-CP 1:21.04			
--- Horn, Ben	11	XCEL-CP	NS	#205 Boys 13 100 Meter Breast				5 Kretzmann, Kaleb B 15 USC-BU 1:21.15			
#205 Boys 12 100 Meter Breast				2016SA Age G: 1:10.71 # 2013 Cameron K. Matthews				6 Bester, Daniël M 15 ESA-CE 1:21.37			
Name	Age	Team	Finals Time	Finals				7 Snyders, Reece 15 UWCA-CP 1:21.53			
Finals				1 Perez Castellano, Emilio 12 CASC-CP 1:24.75				8 Vorster, Bastian S 15 FISH-ED 1:23.84			
1 Perez Castellano, Emilio	12	CASC-CP	1:24.75	2 Heiberg, Ethan 12 MANT-CP 1:25.85				#205 Men 15 100 Meter Breast			
2 Heiberg, Ethan	12	MANT-CP	1:25.85	3 Van Heerden, Emile L 12 WAC-ED 1:25.93				2016SA Age G: 1:03.98 # 2016 Michael J Houlie-Grar			
3 Van Heerden, Emile L	12	WAC-ED	1:25.93	4 Clark, Alexander L 12 UWCA-CP 1:26.31				Finals			
4 Clark, Alexander L	12	UWCA-CP	1:26.31	5 Schoeman, Mateo J 12 ESA-CE 1:26.34				1 Basson, Zethan L 15 PEAS-NM 1:14.47			
5 Schoeman, Mateo J	12	ESA-CE	1:26.34	6 Sebastian, Alexander 12 MANT-CP 1:27.19				2 Kretzmann, Kaleb B 15 USC-BU 1:20.38			
6 Sebastian, Alexander	12	MANT-CP	1:27.19	7 Spijkerman, Stephaan 12 ESA-CE 1:27.88				3 Samsodien, Saaligh S 15 MARL-CP 1:21.39			
7 Spijkerman, Stephaan	12	ESA-CE	1:27.88	8 Askevold, Gunther J 12 BLMA-CP 1:32.45				4 Bester, Daniël M 15 ESA-CE 1:21.89			
8 Askevold, Gunther J	12	BLMA-CP	1:32.45	Preliminaries				5 Krause, Luke 15 CASC-CP 1:22.25			
#205 Boys 13 100 Meter Breast				1 Wilson, Kaleb 13 ASAC-CP 1:25.01				*6 Ganger, Zeke D 15 MARL-CP 1:22.93			
2016SA Age G: 1:07.79 # 2014 Cameron K. Matthews				2 Snyders, Dylan 13 CLA-WC 1:26.34				*6 Vorster, Bastian S 15 FISH-ED 1:22.93			
Name	Age	Team	Prelim Time	3 Nel, Charles Paul 13 QSSC-CP 1:27.64							
Finals				4 Hauser, Paul 13 ASAC-CP 1:28.23							
1 Wilson, Kaleb	13	ASAC-CP	1:25.01	5 Clifford, Jack K 13 USC-BU 1:28.25							
2 Snyders, Dylan	13	CLA-WC	1:26.34	6 Stander, Christiaan L 13 ESA-CE 1:28.71							
3 Nel, Charles Paul	13	QSSC-CP	1:27.64	7 Theunissen, Jude E 13 BEST-NM 1:29.62							
4 Hauser, Paul	13	ASAC-CP	1:28.23	8 Titus, Brody 13 PAQU-CE 1:30.47							
5 Clifford, Jack K	13	USC-BU	1:28.25	9 Lombard, Quan R 13 ASAC-CP 1:30.88							
6 Stander, Christiaan L	13	ESA-CE	1:28.71	10 Fourie, Ezra 13 UWCA-CP 1:32.10							
7 Theunissen, Jude E	13	BEST-NM	1:29.62	11 Botha, Andre 13 TYGE-CP 1:32.17							
8 Titus, Brody	13	PAQU-CE	1:30.47	12 Nothnagel, Henk K 13 CASC-CP 1:33.10							

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

Preliminaries ... (#205 Men 15 100 Meter Breast)				#206 Girls 12 100 Meter Breast				#206 Girls 13 100 Meter Breast				
8	Snyders, Reece	15	UWCA-CP	1:23.55	2016SA Age G: 1:11.66 # 2008 Jessica Liss at Samsur				2016SA Age G: 1:11.92 # 2009 Jessica S. Liss at Telkc			
9	Gomez, Alex W	15	MARL-CP	1:24.15	Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time
#205 Men 16 100 Meter Breast				Finals				Preliminaries				
2016SA Age G: 1:03.07 # 2013 Jarred C. Crous at Sa N				1 Benade, Aria				1 Kalapac, Lexi				
Name	Age	Team	Finals Time	2 Nchumali, Kwicia				2 Pieterse, Nina				
1	Mansfield, Luke T	16	STAQ-CE	1:13.18	3 Ras, Annabelle				3 Julies, Grace J			
2	Isaacs, Christiano A	16	UWCA-CP	1:16.54	4 Olivier, Gianna G				4 Grebe, Ava			
3	Oosthuizen, Ethan	16	PLAY-CE	1:18.05	5 DU Plessis, Lheané				5 Christensen, Milla M			
4	Van Rooyen, Louis B	16	WAC-ED	1:20.89	6 Normington, Olivia				6 Voysey, Ella N			
5	Chetty, Liam	16	AQUA-BU	1:22.04	7 Greyvenstein, Hayley				7 Schutzler, Amelia-Rose			
6	Fortune, Yaseen	16	MANT-CP	1:32.91	8 Onkruid, Gianna R				8 Jurgens, Chloe-Leigh			
#205 Men 16 100 Meter Breast				#206 Girls 12 100 Meter Breast				9 Anthony, Jazmin A				
2016SA Age G: 1:03.07 # 2013 Jarred C. Crous at Sa N				2016SA Age G: 1:11.66 # 2008 Jessica Liss at Samsur				10 Lloyd, Jemma A				
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Finals				
1	Mansfield, Luke T	16	STAQ-CE	1:13.15	1 Benade, Aria				11 Hendricks, Jada			
2	Isaacs, Christiano A	16	UWCA-CP	1:17.19	2 Nchumali, Kwicia				12 Haynes-Smart, Kaitlyn			
3	Oosthuizen, Ethan	16	PLAY-CE	1:19.13	3 Olivier, Gianna G				13 De Smidt, Emma J			
4	Van Rooyen, Louis B	16	WAC-ED	1:20.99	4 Ras, Annabelle				14 Jantjies, Zara			
5	Chetty, Liam	16	AQUA-BU	1:21.06	5 Onkruid, Gianna R				15 Du Plessis, Leah			
6	Fortune, Yaseen	16	MANT-CP	1:34.15	6 DU Plessis, Lheané				16 Klopper, Lene			
#206 Girls 11&U 100 Meter Breast				Preliminaries				17 Matthee, Zarah				
Name	Age	Team	Finals Time	7 Greyvenstein, Hayley				18 Barthus, Alessia				
1	Levi, Zara	11	CTO-CP	1:26.61	8 Normington, Olivia				#206 Girls 14 100 Meter Breast			
2	Abrahamse, Lexi	11	VINE-CP	1:27.03	9 Swanepoel, Pia Q				2016SA Age G: 1:10.37 # 1997 Sarah Poewe			
3	Kimani, Katja	11	CYBE-CP	1:30.91	10 Schemel, Leah I				Name			
4	Harvett, Logan L	11	STAQ-CE	1:34.90	11 Van Jaarsveld, Bianca I				Age			
5	Oliphant, Isabelle	11	HARL-BU	1:35.03	12 Du Preez, Kyra J				Team			
6	De Jager, Isabella	11	BRAVE-CE	1:35.73	13 Stearn, Hannah				Finals Time			
7	Abrams, Sophia E	11	USC-BU	1:37.18	14 Stevens, Ava				1 Smith, Ava-Sophia H			
8	Fakier, Ayesha i	11	CTO-CP	1:38.16	15 van Staden, Stella				2 Retief, Jane			
#206 Girls 11&U 100 Meter Breast				16 Lubbe, Esther A				3 Longueira, Ava L				
Name	Age	Team	Prelim Time	17 Smith, Isabel H				4 Sonnekus, Anya				
1	Levi, Zara	11	CTO-CP	1:27.70	18 Serdyn, Jana				#206 Girls 14 100 Meter Breast			
2	Abrahamse, Lexi	11	VINE-CP	1:28.27	19 Muller, Skyler M				2016SA Age G: 1:10.37 # 1997 Sarah Poewe			
3	Kimani, Katja	11	CYBE-CP	1:33.61	20 Sebastian, Catherine				Name			
4	Oliphant, Isabelle	11	HARL-BU	1:36.24	21 Brissos, Filipa				Age			
5	Fakier, Ayesha i	11	CTO-CP	1:36.69	22 Ranger, Emma L				Team			
6	Harvett, Logan L	11	STAQ-CE	1:38.17	23 Engelbrecht, Zia-Bella L				Prelim Time			
7	Abrams, Sophia E	11	USC-BU	1:38.36	24 Arendse, Emma				1 Smith, Ava-Sophia H			
8	Thompson, Mia M	11	BEST-NM	1:38.41	25 Makore, Bona M				2 Longueira, Ava L			
9	Glass, Gabi	11	SAAW-CP	1:38.78	26 Berry, Olivia D				3 Retief, Jane			
10	De Jager, Isabella	11	BRAVE-CE	1:39.41	--- Chong, Sophie				4 Sonnekus, Anya			
11	Victor, Amy-Mae	11	PEAS-NM	1:40.38	#206 Girls 13 100 Meter Breast				#206 Women 15 100 Meter Breast			
12	Van Onselen, Annabelle	11	TYGE-CP	1:41.59	2016SA Age G: 1:11.92 # 2009 Jessica S. Liss at Telkc				2016SA Age G: 1:10.57 # 2015 Kaylee Corbett at- Sa			
13	Pitout, Addison P	11	ASAC-CP	1:42.02	Name	Age	Team	Finals Time	Name			
14	Maritz, Ava C	10	CTO-CP	1:42.65	Finals				Age			
15	Van Rooyen, Maggie L	11	PEAS-NM	1:43.17	1 Kalapac, Lexi				Team			
16	Thyssen, Morgan K	11	USC-BU	1:44.93	2 Pieterse, Nina				Finals Time			
17	Swanepoel, Emma	11	CLA-WC	1:45.68	3 Grebe, Ava				1 Wener, Sophia			
18	Bowman, Bailey J	11	USC-BU	1:46.59	4 Julies, Grace J				2 Cronjé, Miané			
19	Saul, Astrid P	11	BLMA-CP	1:48.05	5 Christensen, Milla M				3 Lindsay, Edith J			
20	Meiring, Scarlett J	11	INFA-NM	1:49.14	6 Voysey, Ella N				4 Lottering, Eirley			
---	Scheffer, Shaylee C	11	UWCA-CP	DQ	7 Schutzler, Amelia-Rose				5 Hawley, Nicola			
				8 Jurgens, Chloe-Leigh				6 Abrahams, Amaani				
								7 Van Tromp, Seruby				

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

Preliminaries ... (#206 Women 15 100 Meter Breast)			
Name	Age	Team	Time
6 Van Tromp, Seruby	15	LALE-CE	1:31.77
7 Lottering, Eirley	15	USC-BU	1:32.08

#206 Women 16 100 Meter Breast
2016SA Age G: 1:09.30 # 1999 Sarah Poewe at Pan F

Name	Age	Team	Finals Time
Finals			
1 Albino, Nemzi L	16	SAAW-CP	1:25.24
2 Rossouw, Cara	16	TYGE-CP	1:26.77
3 Barnard, Adelmari D	16	ESA-CE	1:27.19
4 Adams, Sydney M	16	VINE-CP	1:27.80
5 Mauer, Kayden	16	USC-BU	1:32.04

#206 Women 16 100 Meter Breast
2016SA Age G: 1:09.30 # 1999 Sarah Poewe at Pan F

Name	Age	Team	Prelim Time
Preliminaries			
1 Albino, Nemzi L	16	SAAW-CP	1:26.33
2 Rossouw, Cara	16	TYGE-CP	1:27.86
3 Adams, Sydney M	16	VINE-CP	1:28.19
4 Barnard, Adelmari D	16	ESA-CE	1:29.16
5 Mauer, Kayden	16	USC-BU	1:32.99

#207 Boys 11&U 200 Meter Back

Name	Age	Team	Finals Time
Finals			
1 Kruger, Declan	11	BLMA-CP	2:47.75
2 Pieterse, Adriaan	11	PEAS-NM	2:48.15
3 Edwards, Bryce	11	CTO-CP	2:52.00
4 Schutte, Ethan	11	QSSC-CP	2:55.30
5 Naude, Niel P	11	AGAQ-OB	3:00.94
6 Van der Merwe, Ulric	11	TYGE-CP	3:01.82
7 Beukes, Ryan M	11	SAAW-CP	3:03.56
8 Van der Veen, Aiden L	11	PEAS-NM	3:05.06

#207 Boys 11&U 200 Meter Back

Name	Age	Team	Prelim Time
Preliminaries			
1 Pieterse, Adriaan	11	PEAS-NM	2:50.38
2 Edwards, Bryce	11	CTO-CP	2:54.88
3 Schutte, Ethan	11	QSSC-CP	2:57.72
4 Kruger, Declan	11	BLMA-CP	2:58.31
5 Schäffler, James	11	ROA-ED	3:00.01
6 Van der Merwe, Ulric	11	TYGE-CP	3:00.12
7 Naude, Niel P	11	AGAQ-OB	3:02.05
8 Beukes, Ryan M	11	SAAW-CP	3:02.50
9 Van der Veen, Aiden L	11	PEAS-NM	3:03.15
10 Janse van Rensburg, Wil	11	CASC-CP	3:05.92
11 Janse van Rensburg, Huğ	10	CASC-CP	3:10.56
12 Bouffé, Hunter K	11	KNYA-ED	3:11.34
13 Eksteen, Pisces M	11	XCEL-CP	3:11.78
--- Horn, Ben	11	XCEL-CP	NS

#207 Boys 12 200 Meter Back
2016SA Age G: 2:19.53 # 2014 Luan E. Grobbelaar at

Name	Age	Team	Finals Time
Finals			
1 Schabort, Lowen	12	ESA-CE	2:39.16
2 Harder, Callum R	12	VINE-CP	2:41.53
3 Rossouw, Marais	12	QSSC-CP	2:46.70
4 Heunis, Johan C	12	BARR-CP	2:49.47

5 Bradfield, Joel-Luke	12	INFA-NM	2:50.35
6 Clark, Alexander L	12	UWCA-CP	2:52.76
7 Van der Merwe, Logan	12	TYGE-CP	2:53.92
8 Jogie, Ryan J	12	HARL-BU	2:54.00

#207 Boys 12 200 Meter Back
2016SA Age G: 2:19.53 # 2014 Luan E. Grobbelaar at

Name	Age	Team	Prelim Time
Preliminaries			
1 Schabort, Lowen	12	ESA-CE	2:41.87
2 Harder, Callum R	12	VINE-CP	2:45.24
3 Rossouw, Marais	12	QSSC-CP	2:48.59
4 Van der Merwe, Logan	12	TYGE-CP	2:50.79
5 Clark, Alexander L	12	UWCA-CP	2:50.90
6 Heunis, Johan C	12	BARR-CP	2:51.12
7 Bradfield, Joel-Luke	12	INFA-NM	2:51.28
8 Jogie, Ryan J	12	HARL-BU	2:52.94

9 Spijkerman, Stephaan	12	ESA-CE	2:53.02
10 Heiberg, Ethan	12	MANT-CP	2:53.62
11 Woodrup, Connor	12	CYBE-CP	2:53.64
12 Pieterse, Nicholas N	12	STAQ-CE	2:54.22
13 Swartz, Seth J	12	CASC-CP	2:55.34
14 Joyce, Guy	12	CASC-CP	2:56.09
15 Gerber, Luke M	12	CASC-CP	2:56.11
16 Du Plessis, Caleb	12	FSE-KC	2:58.20
17 Swanepoel, Roehan J	12	BARR-CP	2:58.75
18 Smit, Eduard W	12	CASC-CP	2:59.45
19 Askevold, Gunther J	12	BLMA-CP	3:00.11
20 van der Westhuizen, An	12	INFA-NM	3:04.28
21 Kriel, Ewan	12	QSSC-CP	3:04.32
22 Delpoort, Reynard	12	BEST-NM	3:05.21
23 Parr, Riley C	12	KNYA-ED	3:06.49
24 van der Merwe, Naude	12	PEAS-NM	3:07.23
25 Kannemeyer, Luan	12	QSSC-CP	3:08.10
26 Worley, Owen L	12	HARL-BU	3:12.31
27 Tshabalala, Jodie J	12	BLMA-CP	3:20.18

#207 Boys 13 200 Meter Back
2016SA Age G: 2:10.19 # 2009 Christopher P. Reid at

Name	Age	Team	Finals Time
Finals			
1 King, Aidan J	13	CASC-CP	2:37.89
2 Van der Merwe, Luan J	13	UWCA-CP	2:40.10
3 Newham, Christopher J	13	TYGE-CP	2:42.25
4 Petzer, Jayden S	13	USC-BU	2:45.12
5 Spangenberg, Zach A	13	XCEL-CP	2:47.88
6 Lubbe, Mikael B	13	ASAC-CP	2:48.88
7 Odendaal, Riko	13	CASC-CP	2:56.15
--- Lee, Daniel	13	TYGE-CP	DQ

#207 Boys 13 200 Meter Back
2016SA Age G: 2:10.19 # 2009 Christopher P. Reid at

Name	Age	Team	Prelim Time
Preliminaries			
1 King, Aidan J	13	CASC-CP	2:37.99
2 Van der Merwe, Luan J	13	UWCA-CP	2:41.61
3 Petzer, Jayden S	13	USC-BU	2:44.72
4 Newham, Christopher J	13	TYGE-CP	2:45.62
5 Lee, Daniel	13	TYGE-CP	2:46.84
6 Lubbe, Mikael B	13	ASAC-CP	2:48.12
7 Odendaal, Riko	13	CASC-CP	2:48.33
8 Spangenberg, Zach A	13	XCEL-CP	2:52.79
9 Arnold, Samuel D	13	HARL-BU	2:57.57

10 Wustefeld-Janssens, Har	13	STAQ-CE	3:01.66
----------------------------	----	---------	---------

#207 Boys 14 200 Meter Back
2016SA Age G: 2:08.41 # 1998 Byron Jeffers

Name	Age	Team	Finals Time
Finals			
1 Van Daalen, Lohan	14	HARL-BU	2:27.74
2 Parr, Colbyn S	14	KNYA-ED	2:29.85
3 Jooste, Ben D	14	CUHE-OB	2:35.31
4 Heunis, Le Roux	14	TYGE-CP	2:36.41
5 Gallie, Abdul-Aziz	14	MANT-CP	2:37.70
6 February, Dillon S	14	CASC-CP	2:40.25
7 Lamminga, Jack	14	CLA-WC	2:43.37
8 Ramorwesi, Oratilwe M	14	SAAW-CP	2:46.14

#207 Boys 14 200 Meter Back
2016SA Age G: 2:08.41 # 1998 Byron Jeffers

Name	Age	Team	Prelim Time
Preliminaries			
1 Parr, Colbyn S	14	KNYA-ED	2:32.39
2 Van Daalen, Lohan	14	HARL-BU	2:33.22
3 Jooste, Ben D	14	CUHE-OB	2:36.88
4 Heunis, Le Roux	14	TYGE-CP	2:37.79
5 Ramorwesi, Oratilwe M	14	SAAW-CP	2:38.98
6 Gallie, Abdul-Aziz	14	MANT-CP	2:39.38
7 February, Dillon S	14	CASC-CP	2:39.93
8 Lamminga, Jack	14	CLA-WC	2:43.22

9 Hucke, Tegan	14	CTO-CP	2:43.34
10 Shipton, Christopher J	14	QSSC-CP	2:44.46
11 Fortune, Hakeem	14	MANT-CP	2:57.69
12 Smith, Jacobus J	14	FISH-ED	3:05.81

#207 Men 15 200 Meter Back
2016SA Age G: 2:06.32 # 2011 Christopher P. Reid at

Name	Age	Team	Finals Time
Finals			
1 Wright, Jonah S	15	TYGE-CP	2:23.76
2 Wessels, Tiaan	15	USC-BU	2:24.63
3 Coetzee, Sion M	15	QSSC-CP	2:27.89
4 Lewis, Callum R	15	CASC-CP	2:31.26
5 Grobler, Chris I	15	CASC-CP	2:31.55
6 Lichthart, Nicus	15	QSSC-CP	2:32.46
7 Pieterse, Marcelle J	15	XCEL-CP	2:34.71
8 Hough, Caleb	15	CLA-WC	2:47.12

#207 Men 15 200 Meter Back
2016SA Age G: 2:06.32 # 2011 Christopher P. Reid at

Name	Age	Team	Prelim Time
Preliminaries			
1 Wright, Jonah S	15	TYGE-CP	2:25.60
2 Wessels, Tiaan	15	USC-BU	2:26.08
3 Coetzee, Sion M	15	QSSC-CP	2:26.73
4 Pieterse, Marcelle J	15	XCEL-CP	2:29.58
5 Lewis, Callum R	15	CASC-CP	2:30.82
6 Lichthart, Nicus	15	QSSC-CP	2:32.39
7 Grobler, Chris I	15	CASC-CP	2:32.66
8 Hough, Caleb	15	CLA-WC	2:41.42

#207 Men 16 200 Meter Back
2016SA Age G: 2:03.78 # 2012 Martin Binedell at Sa

Name	Age	Team	Finals Time
Finals			
1 Alvim, João M	16	CBM	2:31.15

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

Finals ... (#207 Men 16 200 Meter Back)

2 van Wyk, Tariq K	16	CASC-CP	2:36.10
3 Fortune, Yaseen	16	MANT-CP	2:36.22
4 Oosthuizen, Ethan	16	PLAY-CE	2:38.15
5 Armist, Caleb	16	HARL-BU	2:56.72

#207 Men 16 200 Meter Back**2016SA Age G: 2:03.78 # 2012 Martin Binedell at Sa**

Name	Age	Team	Prelim Time
Preliminaries			
1 Alvim, João M	16	CBM	2:32.10
2 Fortune, Yaseen	16	MANT-CP	2:35.52
3 van Wyk, Tariq K	16	CASC-CP	2:37.50
4 Oosthuizen, Ethan	16	PLAY-CE	2:40.25
5 Armist, Caleb	16	HARL-BU	2:56.70

#208 Girls 11&U 200 Meter Back

Name	Age	Team	Finals Time
Finals			
1 Scheffer, Shaylee C	11	UWCA-CP	2:50.17
2 Thompson, Mia M	11	BEST-NM	2:54.45
3 Richards, Emma E	11	SAAW-CP	2:56.21
4 Van Onselen, Annabelle	11	TYGE-CP	2:56.69
5 Schenck, Maya K	11	TYGE-CP	2:59.82
6 De Lange, Niah	11	CASC-CP	3:01.45
7 Croft, Danni	11	KNYA-ED	3:01.88
8 Louw, Milea	11	TYGE-CP	3:03.28

#208 Girls 11&U 200 Meter Back

Name	Age	Team	Prelim Time
Preliminaries			
1 Scheffer, Shaylee C	11	UWCA-CP	2:51.72
2 Thompson, Mia M	11	BEST-NM	2:57.43
3 Richards, Emma E	11	SAAW-CP	2:57.65
4 Schenck, Maya K	11	TYGE-CP	2:58.89
5 Van Onselen, Annabelle	11	TYGE-CP	3:01.09
6 Croft, Danni	11	KNYA-ED	3:01.21
7 Louw, Milea	11	TYGE-CP	3:01.92
8 De Lange, Niah	11	CASC-CP	3:03.14
9 Meiring, Scarlett J	11	INFA-NM	3:03.30
10 Glass, Gabi	11	SAAW-CP	3:03.43
11 Groenewald, Nina H	11	CASC-CP	3:06.44
12 Victor, Amy-Mae	11	PEAS-NM	3:10.19
13 Swanepoel, Anja E	11	CLA-WC	3:11.21
14 Sadi, Chrisela F	11	SAAW-CP	3:15.01
15 Harvett, Logan L	11	STAQ-CE	3:15.61

#208 Girls 12 200 Meter Back**2016SA Age G: 2:20.72 # 2011 Nathania Van Niekerk**

Name	Age	Team	Finals Time
Finals			
1 Hengst, Emily A	12	CASC-CP	2:50.87
2 Nchumali, Kwicia	12	CBM	2:51.79
3 Van Jaarsveld, Bianca I	12	TYGE-CP	2:52.37
4 Davis-Taylor, Bela S	12	INFA-NM	2:56.06
5 Benade, Aria	12	SAAW-CP	2:56.17
6 Dart, Mackenzi J	12	USC-BU	2:56.24
7 Normington, Olivia	12	XCEL-CP	2:56.34
8 Beyers, Lize M	12	AGAQ-OB	2:57.18

#208 Girls 12 200 Meter Back**2016SA Age G: 2:20.72 # 2011 Nathania Van Niekerk**

Name	Age	Team	Prelim Time
Preliminaries			
1 Van Jaarsveld, Bianca I	12	TYGE-CP	2:52.49
2 Nchumali, Kwicia	12	CBM	2:52.68
3 Hengst, Emily A	12	CASC-CP	2:52.85
4 Benade, Aria	12	SAAW-CP	2:57.66
5 Normington, Olivia	12	XCEL-CP	2:58.76
6 Davis-Taylor, Bela S	12	INFA-NM	2:59.83
7 Beyers, Lize M	12	AGAQ-OB	3:00.39
8 Dart, Mackenzi J	12	USC-BU	3:01.06
9 Mahlangu, Ndalo	12	BLMA-CP	3:01.17
10 Vermeulen, Jaime-Lynn	12	HARL-BU	3:03.03
11 Engelbrecht, Zia-Bella L	12	HTSA-CP	3:03.44
12 Palacio, Ines C	12	CBM	3:03.70
13 Smit, Dione	12	CASC-CP	3:06.39
14 Thompson, Taya R	12	CTO-CP	3:06.72
15 Sprong, Jaime M	12	ASAC-CP	3:07.13
16 DU Plessis, Lheané	12	FISH-ED	3:21.81

#208 Girls 13 200 Meter Back**2016SA Age G: 2:16.87 # 2012 Nathania Van Niekerk**

Name	Age	Team	Finals Time
Finals			
1 Roth, Elle	13	PEAS-NM	2:40.53
2 Pearson-Adams, Oshun	13	SAAW-CP	2:43.33
3 Koegelenberg, Emily	13	XCEL-CP	2:46.20
4 Haldane, Bella	13	FISH-ED	2:48.20
5 Nel, Olivia	13	CLA-WC	2:50.21
6 Barenblatt, Sienna G	13	STAQ-CE	2:51.76
7 Barthus, Alessia	13	MANT-CP	2:52.54
8 Kretzmann, Sophie F	13	USC-BU	2:55.73

#208 Girls 13 200 Meter Back**2016SA Age G: 2:16.87 # 2012 Nathania Van Niekerk**

Name	Age	Team	Prelim Time
Preliminaries			
1 Roth, Elle	13	PEAS-NM	2:40.37
2 Koegelenberg, Emily	13	XCEL-CP	2:46.93
3 Pearson-Adams, Oshun	13	SAAW-CP	2:47.18
4 Haldane, Bella	13	FISH-ED	2:47.57
5 Nel, Olivia	13	CLA-WC	2:51.72
6 Barthus, Alessia	13	MANT-CP	2:52.32
7 Barenblatt, Sienna G	13	STAQ-CE	2:52.62
8 Kretzmann, Sophie F	13	USC-BU	2:52.89
9 Stevenson, Mikayla	13	QSSC-CP	2:53.86
10 Lloyd, Jemma A	13	VINE-CP	2:57.12
11 Matthee, Zarah	13	UWCA-CP	2:57.36
12 McGluwa, Jovanah N	13	CASC-CP	2:57.44
13 Tembo, Noku L	13	KNYA-ED	3:00.74
14 Lilley, Kenna	13	TYGE-CP	3:02.16
15 Van de Vyver, Mia	13	ESA-CE	3:06.52
16 Haynes-Smart, Kaitlyn	13	VINE-CP	3:07.38
17 Adams, Ella	13	CASC-CP	3:15.26

#208 Girls 14 200 Meter Back**2016SA Age G: 2:13.00 # 2013 Nathania Van Niekerk**

Name	Age	Team	Finals Time
Finals			
1 Madeley, Amy O	14	ANAX-CP	2:40.96
2 De Beer, Isabella C	14	PLAY-CE	2:43.16

3 Nienaber, Mila J	14	ESA-CE	2:45.30
4 McLean, Daniella L	14	PEAS-NM	2:47.24
5 Wallis, Juliette	14	CASC-CP	2:47.36
6 Diessner, Ava	14	PEAS-NM	2:47.89
7 Coleman, Milan	14	FISH-ED	2:49.61
8 Groenewald, Emma A	14	CASC-CP	2:52.57

#208 Girls 14 200 Meter Back**2016SA Age G: 2:13.00 # 2013 Nathania Van Niekerk**

Name	Age	Team	Prelim Time
Preliminaries			
1 Madeley, Amy O	14	ANAX-CP	2:41.55
2 De Beer, Isabella C	14	PLAY-CE	2:45.13
3 Nienaber, Mila J	14	ESA-CE	2:46.19
4 McLean, Daniella L	14	PEAS-NM	2:47.44
5 Coleman, Milan	14	FISH-ED	2:48.13
6 Wallis, Juliette	14	CASC-CP	2:49.91
7 Diessner, Ava	14	PEAS-NM	2:49.95
8 Groenewald, Emma A	14	CASC-CP	2:50.06
9 Coetzee, Marli	14	CASC-CP	2:53.36
10 Minnaar, Amelia C	14	USC-BU	2:53.62
11 Botha, Rebecca P	14	CASC-CP	2:55.45
12 Lourens, Mia	14	CASC-CP	2:55.58

#208 Women 15 200 Meter Back**2016SA Age G: 2:14.46 # 2014 Nathania Van Niekerk**

Name	Age	Team	Finals Time
Finals			
1 Cronjé, Miané	15	FISH-ED	2:39.41
2 Engelbrecht, Giselle K	15	HTSA-CP	2:46.80
3 Robinson, Alana	15	SAAW-CP	2:47.47
4 Kröger, Sammy	15	ESA-CE	2:53.79
5 Groves, Philippa R	15	SSISA-CP	2:59.21

#208 Women 15 200 Meter Back**2016SA Age G: 2:14.46 # 2014 Nathania Van Niekerk**

Name	Age	Team	Prelim Time
Preliminaries			
1 Cronjé, Miané	15	FISH-ED	2:39.30
2 Engelbrecht, Giselle K	15	HTSA-CP	2:48.53
3 O'Carroll, Nia E	15	STAQ-CE	2:53.77
4 Kröger, Sammy	15	ESA-CE	2:54.99
5 Robinson, Alana	15	SAAW-CP	2:55.07
6 Groves, Philippa R	15	SSISA-CP	2:57.32

#208 Women 16 200 Meter Back**2016SA Age G: 2:12.92 # 2016 Mariella G Venter-Gra**

Name	Age	Team	Finals Time
Finals			
1 Rossouw, Cara	16	TYGE-CP	2:37.07
2 Pieterse, Abby L	16	INFA-NM	2:42.12
3 Holthuis, Keilah-Naomi	16	ESA-CE	2:46.59
4 Kleynhans, Sian	16	WAC-ED	2:50.69
5 Hager, Carle	16	ESA-CE	2:58.33

#208 Women 16 200 Meter Back**2016SA Age G: 2:12.92 # 2016 Mariella G Venter-Gra**

Name	Age	Team	Prelim Time
Preliminaries			
1 Rossouw, Cara	16	TYGE-CP	2:39.35
2 Pieterse, Abby L	16	INFA-NM	2:44.31
3 Kleynhans, Sian	16	WAC-ED	2:50.47
4 Holthuis, Keilah-Naomi	16	ESA-CE	2:51.27

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

Preliminaries ... (#208 Women 16 200 Meter Back)			
Name	Age	Team	Time
5 Hagglund, Emma H	16	SSISA-CP	2:51.63
6 Hager, Carle	16	ESA-CE	2:52.13

#209 Boys 14&U 50 Meter Back Multi-Class Multi C			
Name	Age	Team	Finals Time
Finals			
1 Hartwig, Connor M S6	14	HARL-BU	50.78
2 Brown, Magmoed S14	13	VINE-CP	54.92

#209 Boys 14&U 50 Meter Back Multi-Class Multi C			
Name	Age	Team	Prelim Time
Preliminaries			
1 Hartwig, Connor M S6	14	HARL-BU	51.35
2 Brown, Magmoed S14	13	VINE-CP	55.58

#210 Women 15-99 50 Meter Back Multi-Class Mul			
Name	Age	Team	Finals Time
Finals			
1 Endres, Josephine S15	15	VINE-CP	40.25

#210 Women 15-99 50 Meter Back Multi-Class Mul			
Name	Age	Team	Prelim Time
Preliminaries			
1 Endres, Josephine S15	15	VINE-CP	39.66

#211 Boys 11&U 100 Meter Fly			
Name	Age	Team	Finals Time
Finals			
1 Claassen, Cayden D	10	PEAS-NM	1:15.01
2 Schäffler, James	11	ROA-ED	1:17.92
3 Mare, Ilan	11	CASC-CP	1:20.48
4 Kruger, Declan	11	BLMA-CP	1:25.07
5 Beukes, Ryan M	11	SAAW-CP	1:25.75
6 Van der Merwe, Ulric	11	TYGE-CP	1:26.25
7 Malherbe, Roz R	11	BRAVE-CE	1:29.33
8 Pieterse, Adriaan	11	PEAS-NM	1:31.14

#211 Boys 11&U 100 Meter Fly			
Name	Age	Team	Prelim Time
Preliminaries			
1 Schäffler, James	11	ROA-ED	1:19.28
2 Claassen, Cayden D	10	PEAS-NM	1:19.79
3 Mare, Ilan	11	CASC-CP	1:21.96
4 Van der Merwe, Ulric	11	TYGE-CP	1:23.77
5 Beukes, Ryan M	11	SAAW-CP	1:25.10
6 Kruger, Declan	11	BLMA-CP	1:26.73
7 Malherbe, Roz R	11	BRAVE-CE	1:28.13
8 Pieterse, Adriaan	11	PEAS-NM	1:28.36
9 Naude, Niel P	11	AGAQ-OB	1:31.90
10 Henning, Christiaan P	11	LALE-CE	1:34.74

#211 Boys 12 100 Meter Fly			
2016SA Age G: 55.48 # 2015 Jendre Van Der Merw			
Name	Age	Team	Finals Time
Finals			
1 Schabort, Lowen	12	ESA-CE	1:12.65
2 Van der Merwe, Logan	12	TYGE-CP	1:15.35
3 Davenport, Daniel J	12	PEAS-NM	1:18.37
4 Smit, Eduard W	12	CASC-CP	1:18.78
5 Heunis, Johan C	12	BARR-CP	1:19.96
6 Sebastian, Alexander	12	MANT-CP	1:23.50
7 Clark, Alexander L	12	UWCA-CP	1:24.23

8 Worley, Owen L	12	HARL-BU	1:24.77
------------------	----	---------	---------

#211 Boys 12 100 Meter Fly			
2016SA Age G: 55.48 # 2015 Jendre Van Der Merw			
Name	Age	Team	Prelim Time

Preliminaries			
1 Schabort, Lowen	12	ESA-CE	1:13.54
2 Van der Merwe, Logan	12	TYGE-CP	1:14.96
3 Heunis, Johan C	12	BARR-CP	1:18.89
4 Davenport, Daniel J	12	PEAS-NM	1:21.47
5 Worley, Owen L	12	HARL-BU	1:22.33
6 Sebastian, Alexander	12	MANT-CP	1:22.38
7 Clark, Alexander L	12	UWCA-CP	1:22.44
8 Smit, Eduard W	12	CASC-CP	1:24.32

9 Du Plessis, Caleb	12	FSE-KC	1:25.76
10 Goldswain, Nicholas J	12	USC-BU	1:26.60
11 Coetzee, Tristan R	12	FISH-ED	1:27.01
12 Perez Castellano, Emilio	12	CASC-CP	1:27.38
13 Jogie, Ryan J	12	HARL-BU	1:28.29
14 Van Dyk, Adriaan J	12	ASAC-CP	1:28.83
15 Swartz, Seth J	12	CASC-CP	1:29.03
16 Fourie, Benjamin L	12	BLMA-CP	1:29.56
17 Gerber, Luke M	12	CASC-CP	1:29.58
18 Woodrup, Connor	12	CYBE-CP	1:29.92

#211 Boys 13 100 Meter Fly			
2016SA Age G: 58.58 # 2010 Mathys C Goosen-Telk			
Name	Age	Team	Finals Time

Finals			
1 Pioris, Whato	13	CBM	1:10.08
2 Theunissen, Jude E	13	BEST-NM	1:11.63
3 Clifford, Jack K	13	USC-BU	1:13.56
4 Nel, Charles Paul	13	QSSC-CP	1:15.43
5 Egen, Erigh E	13	BARR-CP	1:15.89
6 Stander, Christiaan L	13	ESA-CE	1:15.90
7 Lee, Daniel	13	TYGE-CP	1:16.29
8 Odendaal, Riko	13	CASC-CP	1:18.64

#211 Boys 13 100 Meter Fly			
2016SA Age G: 58.58 # 2010 Mathys C Goosen-Telk			
Name	Age	Team	Prelim Time

Preliminaries			
1 Pioris, Whato	13	CBM	1:11.15
2 Theunissen, Jude E	13	BEST-NM	1:11.63
3 Clifford, Jack K	13	USC-BU	1:16.19
4 Odendaal, Riko	13	CASC-CP	1:16.63
5 Egen, Erigh E	13	BARR-CP	1:16.64
6 Nel, Charles Paul	13	QSSC-CP	1:17.00
7 Lee, Daniel	13	TYGE-CP	1:17.31
8 Stander, Christiaan L	13	ESA-CE	1:18.62

9 Titus, Brody	13	PAQU-CE	1:18.83
10 Goliath, Cooper C	13	USC-BU	1:21.39
11 Spangenberg, Zach A	13	XCEL-CP	1:22.09
12 Newham, Christopher J	13	TYGE-CP	1:23.13
13 Lubbe, Mikael B	13	ASAC-CP	1:26.42
14 Vleggaar, Daniel	13	TYGE-CP	1:27.48
15 Fourie, Ezra	13	UWCA-CP	1:50.93

#211 Boys 14 100 Meter Fly			
2016SA Age G: 57.32 # 2012 Kyle Van Niekerk at a			
Name	Age	Team	Finals Time

Finals			
1 Heunis, Le Roux	14	TYGE-CP	1:08.07

2 Striglia, Elio	14	HARL-BU	1:09.57
3 De Jager, Eben	14	BRAVE-CE	1:10.07
4 Ramorwesi, Oratilwe M	14	SAAW-CP	1:12.11
5 February, Dillon S	14	CASC-CP	1:16.57
6 Gallie, Abdul-Aziz	14	MANT-CP	1:25.05
7 Smith, Jacobus J	14	FISH-ED	1:34.49

#211 Boys 14 100 Meter Fly			
2016SA Age G: 57.32 # 2012 Kyle Van Niekerk at a			
Name	Age	Team	Prelim Time

Preliminaries			
1 Heunis, Le Roux	14	TYGE-CP	1:08.91
2 Striglia, Elio	14	HARL-BU	1:09.19
3 De Jager, Eben	14	BRAVE-CE	1:10.90
4 Ramorwesi, Oratilwe M	14	SAAW-CP	1:11.88
5 February, Dillon S	14	CASC-CP	1:15.67
6 Gallie, Abdul-Aziz	14	MANT-CP	1:20.98
7 Smith, Jacobus J	14	FISH-ED	1:33.19

#211 Men 15 100 Meter Fly			
2016SA Age G: 55.73 # 2008 Heinrich Alberts at K			
Name	Age	Team	Finals Time

Finals			
1 Afonso, Aragon G	15	QSSC-CP	1:02.55
2 Lichthart, Nicus	15	QSSC-CP	1:04.67
3 Wessels, Tiaan	15	USC-BU	1:05.89
4 Ganger, Zeke D	15	MARL-CP	1:06.31
5 Pieterse, Marcelle J	15	XCEL-CP	1:07.93
6 Langeveldt, Christiano C	15	ALPHA-CP	1:10.35
7 Prince, Caleb T	15	BEST-NM	1:10.51
8 Vorster, Bastian S	15	FISH-ED	1:12.48

#211 Men 15 100 Meter Fly			
2016SA Age G: 55.73 # 2008 Heinrich Alberts at K			
Name	Age	Team	Prelim Time

Preliminaries			
1 Afonso, Aragon G	15	QSSC-CP	1:04.97
2 Lichthart, Nicus	15	QSSC-CP	1:05.76
3 Wessels, Tiaan	15	USC-BU	1:07.09
4 Ganger, Zeke D	15	MARL-CP	1:07.48
5 Pieterse, Marcelle J	15	XCEL-CP	1:08.04
6 Wright, Jonah S	15	TYGE-CP	1:09.04
7 Langeveldt, Christiano C	15	ALPHA-CP	1:11.77
8 Prince, Caleb T	15	BEST-NM	1:11.80
*9 Smith, Jenson C	15	ASAC-CP	1:12.19
*9 Vorster, Bastian S	15	FISH-ED	1:12.19

Swim-Off Required			
Name	Age	Team	Time
11 Samsodien, Saaligh S	15	MARL-CP	1:13.13
12 Bester, Daniël M	15	ESA-CE	1:13.33
13 Snyders, Reece	15	UWCA-CP	1:16.24
14 Grobler, Chris I	15	CASC-CP	1:16.99
--- Krause, Luke	15	CASC-CP	DQ

#211 Men 16 100 Meter Fly			
2016SA Age G: 54.45 # 2013 Joshua Steyn at NTS C			
Name	Age	Team	Finals Time

Finals			
1 Oosthuizen, Ethan	16	PLAY-CE	1:03.31
2 van Staden, Mika L	16	AQUA-BU	1:03.83
3 van Wyk, Tariq K	16	CASC-CP	1:04.18
4 Cleophas, Kyle	16	PAQU-CE	1:04.42
5 Cruickshank, Carter C	16	PEAS-NM	1:06.99
6 Armist, Caleb	16	HARL-BU	1:10.75

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

Finals ... (#211 Men 16 100 Meter Fly)				#212 Girls 12 100 Meter Fly				20 Du Plessis, Leah 13 PEAS-NM 1:29.65			
7 Brits, AJ	16	MATL-KK	1:14.75	2016SA Age G: 1:06.45 # 2008 Jessica S. Liss at Telk				21 Jurgens, Chloe-Leigh 13 VINE-CP 1:31.41			
8 Van Rooyen, Louis B	16	WAC-ED	1:19.40	Name Age Team Prelim Time				22 Tembo, Noku L 13 KNYA-ED 1:34.15			
#211 Men 16 100 Meter Fly				Preliminaries				#212 Girls 14 100 Meter Fly			
2016SA Age G: 54.45 # 2013 Joshua Steyn at NTS C				1 Douglas, Keyla 12 ROA-ED 1:15.84				2016SA Age G: 1:02.12 # 2009 VANESSA MOHR at NT			
Name Age Team Prelim Time				2 Iliiev, Emily M 12 CBM 1:19.56				Name Age Team Finals Time			
Preliminaries				3 Swanepoel, Pia Q 12 ASAC-CP 1:21.50				Finals			
1 Oosthuizen, Ethan	16	PLAY-CE	1:05.32	4 Hengst, Emily A 12 CASC-CP 1:22.02				1 Madeley, Amy O 14 ANAX-CP 1:14.56			
2 van Wyk, Tariq K	16	CASC-CP	1:05.50	5 Normington, Olivia 12 XCEL-CP 1:23.32				2 McLean, Daniella L 14 PEAS-NM 1:16.45			
3 van Staden, Mika L	16	AQUA-BU	1:06.51	6 Davis-Taylor, Bela S 12 INFA-NM 1:24.33				3 Groenewald, Emma A 14 CASC-CP 1:17.42			
4 Cleophas, Kyle	16	PAQU-CE	1:06.67	7 Makore, Bona M 12 ASAC-CP 1:24.84				4 Botha, Rebecca P 14 CASC-CP 1:20.33			
5 Cruickshank, Carter C	16	PEAS-NM	1:08.81	8 Van Jaarsveld, Bianca I 12 TYGE-CP 1:25.02				5 Sonnekus, Anya 14 CASC-CP 1:23.02			
6 Armist, Caleb	16	HARL-BU	1:10.89	9 Sprong, Jaime M 12 ASAC-CP 1:25.43				6 van der Westhuizen, Am 14 INFA-NM 1:23.19			
7 Brits, AJ J	16	MATL-KK	1:13.52	10 Joubert, Rebecca J 12 INFA-NM 1:25.53				7 Lourens, Mia 14 CASC-CP 1:24.44			
8 Van Rooyen, Louis B	16	WAC-ED	1:16.94	11 Onkruid, Gianna R 12 UWCA-CP 1:25.62				8 Longueira, Ava L 14 ASAC-CP 1:25.76			
9 Isaacs, Christiano A	16	UWCA-CP	1:18.08	12 Burden, Leila A 12 CASC-CP 1:25.81				#212 Girls 14 100 Meter Fly			
#212 Girls 11&U 100 Meter Fly				13 Loni, Yama 12 INFA-NM 1:26.81				2016SA Age G: 1:02.12 # 2009 VANESSA MOHR at NT			
Name Age Team Finals Time				14 Engelbrecht, Zia-Bella L 12 HTSA-CP 1:27.58				Name Age Team Prelim Time			
Finals				15 Du Preez, Kyra J 12 USC-BU 1:30.70				Preliminaries			
1 Kimani, Katja	11	CYBE-CP	1:17.93	16 Mahlangu, Ndalo 12 BLMA-CP 1:33.53				1 Madeley, Amy O 14 ANAX-CP 1:16.05			
2 Van Rooyen, Maggie L	11	PEAS-NM	1:24.11	17 Chong, Sophie 12 CYBE-CP 1:33.68				2 McLean, Daniella L 14 PEAS-NM 1:16.99			
3 Schenck, Maya K	11	TYGE-CP	1:25.14	18 DU Plessis, Lheané 12 FISH-ED 1:41.92				3 Groenewald, Emma A 14 CASC-CP 1:19.17			
4 Meiring, Scarlett J	11	INFA-NM	1:25.16	19 Ras, Annabelle 12 CASC-CP 1:41.93				4 Botha, Rebecca P 14 CASC-CP 1:22.44			
5 Thompson, Mia M	11	BEST-NM	1:29.00	--- Smit, Dione 12 CASC-CP DQ				5 Longueira, Ava L 14 ASAC-CP 1:23.93			
6 Pitout, Addison P	11	ASAC-CP	1:29.65	#212 Girls 13 100 Meter Fly				6 van der Westhuizen, Am 14 INFA-NM 1:24.26			
7 McMaster, Rachael A	11	HARL-BU	1:31.82	2016SA Age G: 1:03.98 # 2004 Christy L Lategan at T				7 Sonnekus, Anya 14 CASC-CP 1:25.31			
8 Saul, Astrid P	11	BLMA-CP	1:34.14	Name Age Team Finals Time				8 Lourens, Mia 14 CASC-CP 1:25.82			
#212 Girls 11&U 100 Meter Fly				Finals				#212 Women 15 100 Meter Fly			
Name Age Team Prelim Time				1 Terwin, Brooklyn 13 USC-BU 1:14.11				2016SA Age G: 59.72 # 2010 Vanessa Mohr-at the			
Preliminaries				2 De Smidt, Emma J 13 AQDO-CP 1:14.84				Name Age Team Finals Time			
1 Kimani, Katja	11	CYBE-CP	1:18.12	3 Mansour, Daniela 13 CBM 1:14.85				Finals			
2 Van Rooyen, Maggie L	11	PEAS-NM	1:26.16	4 Wilson, Samantha 13 INFA-NM 1:15.00				1 Abrahams, Amaani 15 MARL-CP 1:21.46			
3 Schenck, Maya K	11	TYGE-CP	1:28.56	*5 Koegelenberg, Emily 13 XCEL-CP 1:15.04				2 O'Carroll, Nia E 15 STAQ-CE 1:24.19			
4 McMaster, Rachael A	11	HARL-BU	1:29.07	*5 Jordaan, Mikayla E 13 CASC-CP 1:15.04				3 Lottering, Eirley 15 USC-BU 1:24.41			
5 Thompson, Mia M	11	BEST-NM	1:30.50	7 Barthus, Alessia 13 MANT-CP 1:20.57				4 Engelbrecht, Giselle K 15 HTSA-CP 1:25.43			
6 Pitout, Addison P	11	ASAC-CP	1:33.39	8 Van de Vyver, Mia 13 ESA-CE 1:20.76				5 Kröger, Sammy 15 ESA-CE 1:32.65			
7 Meiring, Scarlett J	11	INFA-NM	1:34.26	#212 Girls 13 100 Meter Fly				#212 Women 15 100 Meter Fly			
8 Saul, Astrid P	11	BLMA-CP	1:34.84	2016SA Age G: 1:03.98 # 2004 Christy L Lategan at T				2016SA Age G: 59.72 # 2010 Vanessa Mohr-at the			
9 Bowman, Bailey J	11	USC-BU	1:36.19	Name Age Team Prelim Time				Name Age Team Prelim Time			
10 Sadi, Chrisela F	11	SAAW-CP	1:40.07	Preliminaries				Preliminaries			
11 De Jager, Isabella	11	BRAVE-CE	1:40.08	1 Jordaan, Mikayla E 13 CASC-CP 1:15.20				1 Abrahams, Amaani 15 MARL-CP 1:20.56			
12 October, Jemma F	11	ALPHA-CP	1:52.29	2 Wilson, Samantha 13 INFA-NM 1:15.37				2 Lottering, Eirley 15 USC-BU 1:26.92			
#212 Girls 12 100 Meter Fly				3 Mansour, Daniela 13 CBM 1:15.60				3 O'Carroll, Nia E 15 STAQ-CE 1:27.50			
2016SA Age G: 1:06.45 # 2008 Jessica S. Liss at Telk				4 Koegelenberg, Emily 13 XCEL-CP 1:16.48				4 Engelbrecht, Giselle K 15 HTSA-CP 1:29.71			
Name Age Team Finals Time				5 Terwin, Brooklyn 13 USC-BU 1:16.49				5 Kröger, Sammy 15 ESA-CE 1:31.25			
Finals				6 De Smidt, Emma J 13 AQDO-CP 1:18.51				#212 Women 16 100 Meter Fly			
1 Douglas, Keyla	12	ROA-ED	1:15.55	7 Barthus, Alessia 13 MANT-CP 1:19.63				2016SA Age G: 58.66 # 2011 VANESSA MOHR at 14			
2 Iliiev, Emily M	12	CBM	1:18.09	8 Van de Vyver, Mia 13 ESA-CE 1:20.75				Name Age Team Finals Time			
3 Swanepoel, Pia Q	12	ASAC-CP	1:21.17	9 Kalapac, Lexi 13 SLAQ-CP 1:20.84				Finals			
4 Hengst, Emily A	12	CASC-CP	1:21.49	10 Klopper, Lene 13 QSSC-CP 1:21.49				1 Huang, Shi Han A 16 BLMA-CP 1:11.82			
5 Normington, Olivia	12	XCEL-CP	1:23.33	11 Mfabe, Zingce Z 13 USC-BU 1:22.08				2 Rossouw, Cara 16 TYGE-CP 1:12.55			
6 Makore, Bona M	12	ASAC-CP	1:23.96	12 Hendricks, Jada 13 CASC-CP 1:22.29				3 Hagglund, Emma H 16 SSISSA-CP 1:18.28			
7 Van Jaarsveld, Bianca I	12	TYGE-CP	1:25.04	13 Matthee, Zarah 13 UWCA-CP 1:22.81				4 Mauer, Kayden 16 USC-BU 1:26.92			
8 Davis-Taylor, Bela S	12	INFA-NM	1:26.21	14 Jantjies, Zara 13 MANT-CP 1:24.36							
				15 Stevenson, Mikayla 13 QSSC-CP 1:25.01							
				16 McGluwa, Jovanah N 13 CASC-CP 1:25.91							
				17 Schutzler, Amelia-Rose 13 USC-BU 1:26.11							
				18 Julies, Grace J 13 XCEL-CP 1:26.95							
				19 Anthony, Jazmin A 13 PAQU-CE 1:27.17							

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

#212 Women 16 100 Meter Fly

2016SA Age G: 58.66 # 2011 VANESSA MOHR at 14

Name	Age	Team	Prelim Time
Preliminaries			
1 Rossouw, Cara	16	TYGE-CP	1:15.74
2 Huang, Shi Han A	16	BLMA-CP	1:16.26
3 Hagglund, Emma H	16	SSISA-CP	1:22.67
4 Mauer, Kayden	16	USC-BU	1:26.32

#213 Boys 12&U 4x100 Meter Free Relay 4 X 100 F

Team	Relay	Finals Time
1 CASC-CP	A	4:40.69
Perez Castellano, Emilio 12 Gerber, Luke M 12		
Joyce, Guy 12 Smit, Eduard W 12		
2 QSSC-CP	A	4:40.72
Schutte, Ethan 11 Kriel, Ewan 12		
Rossouw, Marais 12 Kannemeyer, Luan 12		
3 ESA-CE	A	4:43.07
Schabort, Lowen 12 Pretorius, Johan M 11		
Spijkerman, Stephaan 12 Schoeman, Mateo J 12		
4 PEAS-NM	A	4:48.47
Davenport, Daniel J 12 Van der Veen, Aiden L 11		
Pieterse, Adriaan 11 Claassen, Cayden D 10		
5 BLMA-CP	A	4:58.18
Askevold, Gunther J 12 Fourie, Benjamin L 12		
Tshabalala, Jodie J 12 Kruger, Declan 11		
6 CASC-CP	B	5:05.56
Mare, Ilan 11 Janse van Rensburg, Wihan		
Kleynhans, Michael 11 Swartz, Seth J 12		

#214 Men 13-14 4x100 Meter Free Relay 4 X 100 F

Team	Relay	Finals Time
1 FISH-ED	A	4:22.79
Earle, Zack C 14 Spies, Judah J 12		
Coetzee, Tristan R 12 Spies, Pierre J 14		
2 ASAC-CP	A	4:26.73
Wilson, Kaleb 13 Lombard, Quan R 13		
Lubbe, Mikael B 13 Pitout, Zachary J 14		
3 TYGE-CP	A	4:27.28
Newham, Christopher J 13 Lee, Daniel 13		
Vlegaar, Daniel 13 Heunis, Le Roux 14		
4 HARL-BU	A	4:29.68
Van Daalen, Lohan 14 Arnold, Samuel D 13		
Worley, Owen L 12 Striglia, Elio 14		
5 USC-BU	A	4:31.02
Clifford, Jack K 13 Petzer, Jayden S 13		
Goliath, Cooper C 13 Lockyear, Devon P 14		
6 CASC-CP	A	4:31.98
King, Aidan J 13 Odendaal, Riko 13		
van Aarde, Matthew D 14 February, Dillon S 14		
7 MANT-CP	A	4:45.55
Sebastian, Alexander 12 Fortune, Hakeem 14		
Gallie, Abdul-Aziz 14 Heiberg, Ethan 12		
8 BARR-CP	A	4:47.77
Heunis, Johan C 12 Egen, Erigh E 13		
Swanepoel, Roehan J 12 Tredoux, Simon P 11		

#215 Men 15-16 4x100 Meter Free Relay 4 X 100 F

Team	Relay	Finals Time
1 QSSC-CP	A	4:04.72
Lichthart, Nicus 15 Shipton, Christopher J 14		
Afonso, Aragon G 15 Coetzee, Sion M 15		
2 CASC-CP	A	4:05.17
Krause, Luke 15 Lewis, Callum R 15		
Grobler, Chris I 15 van Wyk, Tariq K 16		

3 USC-BU	A	4:28.32
Wessels, Tiaan 15 Goldswain, Nicholas J 12		
Wessels, Jeandre 12 Kretzmann, Kaleb B 15		
4 CLA-WC	A	4:28.80
Smith, Zian 13 Lammaing, Jack 14		
Hough, Caleb 15 Snyders, Dylan 13		

#216 Women 12&U 4x100 Meter Free Relay 4 X 100 F

Team	Relay	Finals Time
1 USC-BU	A	4:47.37
Abrams, Sophia E 11 Dart, Mackenzi J 12		
Du Preez, Kyra J 12 Greyvenstein, Hayley 12		
2 INFA-NM	A	4:48.95
Stearn, Hannah 12 Meiring, Scarlett J 11		
Serdyn, Jana 12 Joubert, Rebecca J 12		
3 ASAC-CP	A	4:53.66
Sprong, Jaime M 12 Swanepoel, Pia Q 12		
Makore, Bona M 12 Pitout, Addison P 11		
4 TYGE-CP	A	4:58.49
Van Onselen, Annabelle 11 Louw, Milea 11		
Schenck, Maya K 11 Van Jaarsveld, Bianca I 12		
5 CASC-CP	A	5:02.54
Smit, Dione 12 Ras, Annabelle 12		
Hengst, Emily A 12 De Lange, Niah 11		
6 HARL-BU	A	5:04.46
Muller, Skyler M 12 Schemel, Leah I 12		
Oliphant, Isabelle 11 Vermeulen, Jaime-Lynn 12		
7 SAAW-CP	A	5:10.34
Richards, Emma E 11 Glass, Gabi 11		
Benade, Aria 12 Sadi, Chrisela F 11		

#217 Women 13-14 4x100 Meter Free Relay 4 X 100 F

Team	Relay	Finals Time
1 CASC-CP	A	4:31.16
Botha, Rebecca P 14 Sonnekus, Anya 14		
Wallis, Juliette 14 Coetzee, Marli 14		
2 PEAS-NM	A	4:34.06
Pieterse, Nina 13 Roth, Elle 13		
McLean, Daniella L 14 Diessner, Ava 14		
3 USC-BU	A	4:36.27
Minnaar, Amelia C 14 Smith, Ava-Sophia H 14		
Mfabe, Zingce Z 13 Terwin, Brooklyn 13		
4 CASC-CP	B	4:46.70
McGluwa, Jovanah N 13 Lourens, Mia 14		
Jordaan, Mikayla E 13 Groenewald, Emma A 14		
5 CBM	A	4:50.71
Iliev, Emily M 12 Nchumali, Kwicia 12		
Palacio, Ines C 12 Mansour, Daniela 13		
6 MANT-CP	A	4:59.51
Sebastian, Catherine 12 Arendse, Emma 12		
Barthus, Alessia 13 Jantjies, Zara 13		

#218 Women 15-16 4x100 Meter Free Relay 4 X 100 F

Team	Relay	Finals Time
1 ESA-CE	A	4:31.55
Hager, Carle 16 Barnard, Adelmari D 16		
Holthuis, Keilah-Naomi 16 Nienaber, Mila J 14		
2 VINE-CP	A	4:48.21
Adams, Sydny M 16 Lloyd, Jemma A 13		
Endres, Josephine 15 Haynes-Smart, Kaitlyn 13		
3 CASC-CP	A	4:50.27
Burger, Juanè 16 Adams, Ella 13		
Burden, Leila A 12 Hendricks, Jada 13		

#301 Boys 11&U 200 Meter Free

Name	Age	Team	Finals Time
Finals			
1 Kruger, Declan	11	BLMA-CP	2:28.06
2 Van der Veen, Aiden L	11	PEAS-NM	2:32.13
3 Fischer, Blake D	11	INFA-NM	2:32.49
4 Pieterse, Adriaan	11	PEAS-NM	2:32.85
5 Beukes, Ryan M	11	SAAW-CP	2:35.71
6 Versfeld, Ben I	11	BRAVE-CE	2:37.04
7 Van der Merwe, Ulric	11	TYGE-CP	2:37.76
8 Poultney, Daniel	10	CASC-CP	2:39.14

#301 Boys 11&U 200 Meter Free

Name	Age	Team	Prelim Time
Preliminaries			
1 Kruger, Declan	11	BLMA-CP	2:34.78
2 Pieterse, Adriaan	11	PEAS-NM	2:37.58
3 Beukes, Ryan M	11	SAAW-CP	2:39.30
4 Van der Merwe, Ulric	11	TYGE-CP	2:39.31
5 Fischer, Blake D	11	INFA-NM	2:39.34
6 Van der Veen, Aiden L	11	PEAS-NM	2:40.37
7 Versfeld, Ben I	11	BRAVE-CE	2:40.44
8 Poultney, Daniel	10	CASC-CP	2:41.61
9 Mare, Ilan	11	CASC-CP	2:42.19
10 De Nooy, Wyatt J	10	LALE-CE	2:42.84
11 Schutte, Ethan	11	QSSC-CP	2:45.88
12 Edwards, Bryce	11	CTO-CP	2:46.79
13 Henning, Christiaan P	11	LALE-CE	2:49.99
14 Kleynhans, Michael	11	CASC-CP	2:51.96
15 Bouffé, Hunter K	11	KNYA-ED	2:53.66
16 Olivier, Simeon	11	PAQU-CE	2:54.00
17 Whitehouse, Bramwell /	11	CUHE-OB	2:54.62
18 Eksteen, Pisces M	11	XCEL-CP	2:55.00
19 Freislich, Reid A	11	KNYA-ED	2:57.14
20 Janse van Rensburg, Wil	11	CASC-CP	2:58.18
21 Joubert, Daniel J	11	PLAY-CE	2:58.19
22 Janse van Rensburg, Huç	10	CASC-CP	3:00.01

#301 Boys 12 200 Meter Free

2016SA Age G: 2:04.32 # 2015 Luan E. Grobbelaar at

Name	Age	Team	Finals Time
Finals			
1 Coetzee, Tristan R	12	FISH-ED	2:25.26
2 Kriel, Ewan	12	QSSC-CP	2:27.02
3 Schabort, Lowen	12	ESA-CE	2:27.27
4 Van Wyngaard, Daniël C	12	ROA-ED	2:30.06
5 Perez Castellano, Emilio	12	CASC-CP	2:30.19
6 Bradfield, Joel-Luke	12	INFA-NM	2:30.93
7 Clark, Alexander L	12	UWCA-CP	2:33.00
8 Van Heerden, Emile L	12	WAC-ED	2:38.12

#301 Boys 12 200 Meter Free

2016SA Age G: 2:04.32 # 2015 Luan E. Grobbelaar at

Name	Age	Team	Prelim Time
Preliminaries			
1 Coetzee, Tristan R	12	FISH-ED	2:24.03
2 Kriel, Ewan	12	QSSC-CP	2:29.58
3 Van Wyngaard, Daniël C	12	ROA-ED	2:30.88
4 Schabort, Lowen	12	ESA-CE	2:31.38
5 Perez Castellano, Emilio	12	CASC-CP	2:31.96
6 Van Heerden, Emile L	12	WAC-ED	2:32.84
7 Bradfield, Joel-Luke	12	INFA-NM	2:33.29

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

Preliminaries ... (#301 Boys 12 200 Meter Free)				11 King, Aidan J				13 CASC-CP				2:34.16				6 Krause, Luke				15 CASC-CP				2:22.11			
8 Clark, Alexander L	12	UWCA-CP	2:33.96	12 Vleggaar, Daniel	13	TYGE-CP	2:35.55	13 Smith, Zian	13	CLA-WC	2:35.76	7 Gomez, Alex W	15	MARL-CP	2:22.90	10 Heunis, Johan C	12	BARR-CP	2:34.00	14 Egen, Erigh E	13	BARR-CP	2:36.79	8 Grobler, Chris I	15	CASC-CP	2:23.38
9 Pieterse, Nicholas N	12	STAQ-CE	2:33.99	15 Petzer, Jayden S	13	USC-BU	2:37.09	16 Nel, Charles Paul	13	QSSC-CP	2:38.11	#301 Men 15 200 Meter Free				2016SA Age G: 1:51.91 # 2015 Jarryd L. Baxter at SA											
11 Davenport, Daniel J	12	PEAS-NM	2:35.64	16 Spangenberg, Zach A	13	XCEL-CP	2:38.59	17 Goliath, Cooper C	13	USC-BU	2:38.83	Name	Age	Team	Prelim Time	Preliminaries											
12 Van der Merwe, Logan	12	TYGE-CP	2:36.09	18 Hauser, Paul	13	ASAC-CP	2:41.23	19 Arnold, Samuel D	13	HARL-BU	2:45.48	1 Wright, Jonah S	15	TYGE-CP	2:09.69	2016SA Age G: 1:55.06 # 2012 Kyle Van Niekerk at a											
13 Goldswain, Nicholas J	12	USC-BU	2:36.32	20 Odendaal, Riko	13	CASC-CP	2:45.83	21 Wustefeld-Janssens, Har	13	STAQ-CE	2:47.91	2 Afonso, Aragon G	15	QSSC-CP	2:10.44	Name	Age	Team	Finals Time								
14 Spies, Judah J	12	FISH-ED	2:36.33	22 Nothnagel, Henk K	13	CASC-CP	2:50.16	#301 Boys 14 200 Meter Free				3 Hough, Caleb	15	CLA-WC	2:14.90	Preliminaries											
15 Sebastian, Alexander	12	MANT-CP	2:36.42	2016SA Age G: 1:55.06 # 2012 Kyle Van Niekerk at a				Name	Age	Team	Finals Time	4 Lichthart, Nicus	15	QSSC-CP	2:15.16	2016SA Age G: 1:51.71 # 2013 Joshua Steyn at NTS C											
16 van der Westhuizen, An	12	INFA-NM	2:36.54	Finals				1 Laufs, Connor R	14	CTO-CP	2:16.34	5 Lewis, Callum R	15	CASC-CP	2:16.15	Name											
17 Delpont, Reynard	12	BEST-NM	2:36.89	2 van Aarde, Matthew D	14	CASC-CP	2:18.10	2 van Aarde, Matthew D	14	CASC-CP	2:18.10	6 Wessels, Tiaan	15	USC-BU	2:16.35	Age											
18 Joyce, Guy	12	CASC-CP	2:37.05	3 Spies, Pierre J	14	FISH-ED	2:19.34	3 Spies, Pierre J	14	FISH-ED	2:19.34	7 Langeveldt, Christiano C	15	ALPHA-CP	2:21.06	Team											
19 Gerber, Luke M	12	CASC-CP	2:37.12	4 VerLoren Van Themaat, 14	14	LALE-CE	2:19.84	4 VerLoren Van Themaat, 14	14	LALE-CE	2:19.84	8 Gomez, Alex W	15	MARL-CP	2:21.18	Prelim Time											
20 Askevold, Gunther J	12	BLMA-CP	2:37.37	5 Hucke, Tegan	14	CTO-CP	2:25.38	5 Hucke, Tegan	14	CTO-CP	2:25.38	9 Grobler, Chris I	15	CASC-CP	2:21.65	Finals											
21 Swanepoel, Roehan J	12	BARR-CP	2:38.04	6 Lockyear, Devon P	14	USC-BU	2:25.69	6 Lockyear, Devon P	14	USC-BU	2:25.69	10 Smith, Jenson C	15	ASAC-CP	2:21.86	Name											
22 Harder, Callum R	12	VINE-CP	2:39.38	7 Coates, Caleb	14	BEST-NM	2:29.97	7 Coates, Caleb	14	BEST-NM	2:29.97	11 Krause, Luke	15	CASC-CP	2:22.29	Age											
23 Smit, Eduard W	12	CASC-CP	2:40.00	8 Heunis, Le Roux	14	TYGE-CP	2:40.78	8 Heunis, Le Roux	14	TYGE-CP	2:40.78	12 Snyders, Reece	15	UWCA-CP	2:24.51	Team											
24 Kannemeyer, Luan	12	QSSC-CP	2:40.38	#301 Boys 14 200 Meter Free				2016SA Age G: 1:55.06 # 2012 Kyle Van Niekerk at a				13 Bester, Daniël M	15	ESA-CE	2:24.62	Finals Time											
25 Heiberg, Ethan	12	MANT-CP	2:40.49	Preliminaries				Name	Age	Team	Prelim Time	14 Prince, Caleb T	15	BEST-NM	2:25.12	Finals											
26 Spijkerman, Stephaan	12	ESA-CE	2:41.47	1 Laufs, Connor R	14	CTO-CP	2:19.41	1 Laufs, Connor R	14	CTO-CP	2:19.41	15 Samsodien, Saaligh S	15	MARL-CP	2:26.53	Name											
27 Rossouw, Marais	12	QSSC-CP	2:41.90	2 van Aarde, Matthew D	14	CASC-CP	2:20.17	2 van Aarde, Matthew D	14	CASC-CP	2:20.17	16 Kretzmann, Kaleb B	15	USC-BU	2:26.67	Age											
28 Woodrup, Connor	12	CYBE-CP	2:42.22	3 Spies, Pierre J	14	FISH-ED	2:20.62	3 Spies, Pierre J	14	FISH-ED	2:20.62	2016SA Age G: 1:51.71 # 2013 Joshua Steyn at NTS C															
29 Parr, Riley C	12	KNYA-ED	2:43.40	4 VerLoren Van Themaat, 14	14	LALE-CE	2:21.43	4 VerLoren Van Themaat, 14	14	LALE-CE	2:21.43	Name															
30 Du Plessis, Caleb	12	FSE-KC	2:44.36	5 Hucke, Tegan	14	CTO-CP	2:22.03	5 Hucke, Tegan	14	CTO-CP	2:22.03	Age															
31 Worley, Owen L	12	HARL-BU	2:45.19	6 Parr, Colbyn S	14	KNYA-ED	2:23.63	6 Parr, Colbyn S	14	KNYA-ED	2:23.63	Team															
32 Jogie, Ryan J	12	HARL-BU	2:45.77	7 Van Daalen, Lohan	14	HARL-BU	2:23.64	7 Van Daalen, Lohan	14	HARL-BU	2:23.64	Prelim Time															
33 Wessels, Jeandre	12	USC-BU	2:45.92	8 Coates, Caleb	14	BEST-NM	2:23.66	8 Coates, Caleb	14	BEST-NM	2:23.66	Finals															
34 Swartz, Seth J	12	CASC-CP	2:47.06	9 Lockyear, Devon P	14	USC-BU	2:24.98	9 Lockyear, Devon P	14	USC-BU	2:24.98	1 Cruickshank, Carter C	16	PEAS-NM	2:10.88	Name											
35 Malherbe, Max M	12	BRAVE-CE	2:49.23	10 Heunis, Le Roux	14	TYGE-CP	2:25.09	10 Heunis, Le Roux	14	TYGE-CP	2:25.09	2 Mansfield, Luke T	16	STAQ-CE	2:12.90	Age											
36 Fourie, Benjamin L	12	BLMA-CP	2:49.48	11 Ramorwesi, Oratilwe M	14	SAAW-CP	2:26.26	11 Ramorwesi, Oratilwe M	14	SAAW-CP	2:26.26	3 van Wyk, Tariq K	16	CASC-CP	2:14.86	Team											
37 Jewell, Stefan E	12	PEAS-NM	2:49.73	12 Earle, Zack C	14	FISH-ED	2:27.34	12 Earle, Zack C	14	FISH-ED	2:27.34	4 van Staden, Mika L	16	AQUA-BU	2:14.90	Finals Time											
38 van der Merwe, Naude	12	PEAS-NM	2:51.33	13 February, Dillon S	14	CASC-CP	2:28.07	13 February, Dillon S	14	CASC-CP	2:28.07	5 Cleophas, Kyle	16	PAQU-CE	2:18.82	Name											
39 Tshabalala, Jodie J	12	BLMA-CP	2:53.97	14 Pitout, Zachary J	14	ASAC-CP	2:30.86	14 Pitout, Zachary J	14	ASAC-CP	2:30.86	6 Brits, AJ J	16	MATL-KK	2:28.09	Age											
40 Meets, Daniel	12	ASAC-CP	2:59.35	15 Gallie, Abdul-Aziz	14	MANT-CP	2:31.23	15 Gallie, Abdul-Aziz	14	MANT-CP	2:31.23	7 Van Rooyen, Louis B	16	WAC-ED	2:30.94	Team											
#301 Boys 13 200 Meter Free				16 Shipton, Christopher J	14	QSSC-CP	2:32.34	16 Shipton, Christopher J	14	QSSC-CP	2:32.34	8 Fortune, Yaseen	16	MANT-CP	2:43.23	Prelim Time											
2016SA Age G: 1:58.34 # 2013 Jarryd L. Baxter at SA				17 Smith, Jacobus J	14	FISH-ED	2:34.68	17 Smith, Jacobus J	14	FISH-ED	2:34.68	#301 Men 16 200 Meter Free															
Name	Age	Team	Finals Time	18 Lammings, Jack	14	CLA-WC	2:38.56	18 Lammings, Jack	14	CLA-WC	2:38.56	2016SA Age G: 1:51.71 # 2013 Joshua Steyn at NTS C															
Finals				19 Baadjies, Cruden H	14	PAQU-CE	2:41.23	19 Baadjies, Cruden H	14	PAQU-CE	2:41.23	Name	Age	Team	Prelim Time	Finals Time											
1 Van der Merwe, Luan J	13	UWCA-CP	2:19.08	20 Fortune, Hakeem	14	MANT-CP	2:46.05	20 Fortune, Hakeem	14	MANT-CP	2:46.05	1 Levi, Zara	11	CTO-CP	2:30.26	Name											
2 Stander, Christiaan L	13	ESA-CE	2:20.00	21 Munnik, Connor C	14	PAQU-CE	2:47.26	21 Munnik, Connor C	14	PAQU-CE	2:47.26	2 Abrams, Sophia E	11	USC-BU	2:35.17	Age											
3 Snyders, Dylan	13	CLA-WC	2:21.22	--- Jonas, Leonardo	14	PLAY-CE	NS	--- Jonas, Leonardo	14	PLAY-CE	NS	3 Scheffer, Shaylee C	11	UWCA-CP	2:36.18	Team											
4 Clifford, Jack K	13	USC-BU	2:24.59	#301 Men 15 200 Meter Free				2016SA Age G: 1:51.91 # 2015 Jarryd L. Baxter at SA				4 Swanepoel, Emma	11	CLA-WC	2:37.06	Finals Time											
5 Lee, Daniel	13	TYGE-CP	2:24.78	Preliminaries				Name	Age	Team	Finals Time	5 Thompson, Mia M	11	BEST-NM	2:39.77	Name											
6 Theunissen, Jude E	13	BEST-NM	2:25.63	1 Laufs, Connor R	14	CTO-CP	2:19.41	1 Laufs, Connor R	14	CTO-CP	2:19.41	6 Glass, Gabi	11	SAAW-CP	2:39.98	Age											
7 Newham, Christopher J	13	TYGE-CP	2:26.88	2 van Aarde, Matthew D	14	CASC-CP	2:20.17	2 van Aarde, Matthew D	14	CASC-CP	2:20.17	7 Richards, Emma E	11	SAAW-CP	2:41.74	Team											
8 Lombard, Quan R	13	ASAC-CP	2:31.01	3 Spies, Pierre J	14	FISH-ED	2:20.62	3 Spies, Pierre J	14	FISH-ED	2:20.62	8 Maritz, Ava C	10	CTO-CP	2:43.46	Prelim Time											
#301 Boys 13 200 Meter Free				4 VerLoren Van Themaat, 14	14	LALE-CE	2:21.43	4 VerLoren Van Themaat, 14	14	LALE-CE	2:21.43	#302 Girls 11&U 200 Meter Free															
2016SA Age G: 1:58.34 # 2013 Jarryd L. Baxter at SA				5 Hucke, Tegan	14	CTO-CP	2:22.03	5 Hucke, Tegan	14	CTO-CP	2:22.03	Name	Age	Team	Finals Time	Finals											
Name	Age	Team	Prelim Time	6 Parr, Colbyn S	14	KNYA-ED	2:23.63	6 Parr, Colbyn S	14	KNYA-ED	2:23.63	1 Levi, Zara	11	CTO-CP	2:30.26	Name											
Preliminaries				7 Van Daalen, Lohan	14	HARL-BU	2:23.64	7 Van Daalen, Lohan	14	HARL-BU	2:23.64	2 Abrams, Sophia E	11	USC-BU	2:35.17	Age											
1 Van der Merwe, Luan J	13	UWCA-CP	2:18.73	8 Coates, Caleb	14	BEST-NM	2:23.66	8 Coates, Caleb	14	BEST-NM	2:23.66	3 Scheffer, Shaylee C	11	UWCA-CP	2:36.18	Team											
2 Stander, Christiaan L	13	ESA-CE	2:22.34	9 Lockyear, Devon P	14	USC-BU	2:24.98	9 Lockyear, Devon P	14	USC-BU	2:24.98	4 Swanepoel, Emma	11	CLA-WC	2:37.06	Finals Time											
3 Snyders, Dylan	13	CLA-WC	2:22.49	10 Heunis, Le Roux	14	TYGE-CP	2:25.09	10 Heunis, Le Roux	14	TYGE-CP	2:25.09	5 Thompson, Mia M	11	BEST-NM	2:39.77	Name											
4 Theunissen, Jude E	13	BEST-NM	2:23.64	11 Ramorwesi, Oratilwe M	14	SAAW-CP	2:26.26	11 Ramorwesi, Oratilwe M	14	SAAW-CP	2:26.26	6 Glass, Gabi	11	SAAW-CP	2:39.98	Age											
5 Clifford, Jack K	13	USC-BU	2:27.50	12 Earle, Zack C	14	FISH-ED	2:27.34	12 Earle, Zack C	14	FISH-ED	2:27.34	7 Richards, Emma E	11	SAAW-CP	2:41.74	Team											
6 Newham, Christopher J	13	TYGE-CP	2:27.68	13 February, Dillon S	14	CASC-CP	2:28.07	13 February, Dillon S	14	CASC-CP	2:28.07	8 Maritz, Ava C	10	CTO-CP	2:43.46	Prelim Time											
7 Lee, Daniel	13	TYGE-CP	2:29.61	14 Pitout, Zachary J	14	ASAC-CP	2:30.86	14 Pitout, Zachary J	14	ASAC-CP	2:30.86	#302 Girls 11&U 200 Meter Free															
8 Lombard, Quan R	13	ASAC-CP	2:29.77	15 Gallie, Abdul-Aziz	14	MANT-CP	2:31.23	15 Gallie, Abdul-Aziz	14	MANT-CP	2:31.23	Name	Age	Team	Finals Time	Finals											
9 Pioris, Whato	13	CBM	2:33.46	16 Shipton, Christopher J	14	QSSC-CP	2:32.34	16 Shipton, Christopher J	14	QSSC-CP	2:32.34	1 Levi, Zara	11	CTO-CP	2:30.26	Name											
10 Lubbe, Mikael B	13	ASAC-CP	2:33.50	17 Smith, Jacobus J	14	FISH-ED	2:34.68	17 Smith, Jacobus J	14	FISH-ED	2:34.68	2 Abrams, Sophia E	11	USC-BU	2:35.17	Age											
#301 Boys 13 200 Meter Free				18 Lammings, Jack	14	CLA-WC	2:38.56	18 Lammings, Jack	14	CLA-WC	2:38.56	3 Scheffer, Shaylee C	11	UWCA-CP	2:36.18	Team											
2016SA Age G: 1:58.34 # 2013 Jarryd L. Baxter at SA				19 Baadjies, Cruden H	14	PAQU-CE	2:41.23	19 Baadjies, Cruden H	14	PAQU-CE	2:41.23	4 Swanepoel, Emma	11	CLA-WC	2:37.06	Finals Time											
Name	Age	Team	Finals Time	20 Fortune, Hakeem	14	MANT-CP	2:46.05	20 Fortune, Hakeem	14	MANT-CP	2:46.05	5 Thompson, Mia M	11	BEST-NM	2:39.77	Name											
Preliminaries				21 Munnik, Connor C	14	PAQU-CE	2:47.26	21 Munnik, Connor C	14	PAQU-CE	2:47.26	6 Glass, Gabi	11	SAAW-CP	2:39.98	Age											
1 Van der Merwe, Luan J	13	UWCA-CP	2:18.73	--- Jonas, Leonardo	14	PLAY-CE	NS	--- Jonas, Leonardo	14	PLAY-CE	NS	7 Richards, Emma E	11	SAAW-CP	2:41.74	Team											
2 Stander, Christiaan L	13	ESA-CE	2:22.34	#301 Men 15 200 Meter Free				2016SA Age G: 1:51.91 # 2015 Jarryd L. Baxter at SA				8 Maritz, Ava C	10	CTO-CP	2:43.46	Prelim Time											
3 Snyders, Dylan	13	CLA-WC	2:22.49	Preliminaries				Name	Age	Team	Finals Time	Finals															
4 Theunissen, Jude E	13	BEST-NM	2:23.64	1 Laufs, Connor R	14	CTO-CP	2:19.41	1 Laufs, Connor R	14	CTO-CP	2:19.41	1 Levi, Zara	11	CTO-CP	2:30.26	Name											
5 Clifford, Jack K	13	USC-BU	2:27.50	2 van Aarde, Matthew D	14	CASC-CP	2:20.17	2 van Aarde, Matthew D	14	CASC-CP	2:20.17	2 Abrams, Sophia E	11	USC-BU	2:35.17	Age											
6 Newham, Christopher J	13	TYGE-CP	2:27.68	3 Spies, Pierre J	14	FISH-ED	2:20.62	3 Spies, Pierre J	14	FISH-ED	2:20.62																

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

#302 Girls 11&U 200 Meter Free				17 Muller, Skyler M 12 HARL-BU 2:41.77				28 Adams, Ella 13 CASC-CP 2:45.16			
Name	Age	Team	Prelim Time	18 Vermeulen, Jaime-Lynn 12 HARL-BU 2:41.81				29 Anthony, Jazmin A 13 PAQU-CE 2:47.84			
Preliminaries				19 Brissos, Filipa 12 CMD 2:42.13				30 Haynes-Smart, Kaitlyn 13 VINE-CP 2:49.13			
1 Levi, Zara	11	CTO-CP	2:31.52	20 Dart, Mackenzi J 12 USC-BU 2:42.30				31 Klopper, Lene 13 QSSC-CP 2:52.49			
2 Abrams, Sophia E	11	USC-BU	2:34.35	21 Davis-Taylor, Bela S 12 INFA-NM 2:43.48				32 Barthus, Alessia 13 MANT-CP 2:58.15			
3 Swanepoel, Emma	11	CLA-WC	2:36.16	22 Engelbrecht, Zia-Bella L 12 HTSA-CP 2:44.18				#302 Girls 14 200 Meter Free			
4 Scheffer, Shaylee C	11	UWCA-CP	2:36.68	23 Du Preez, Kyra J 12 USC-BU 2:44.52				2016SA Age G: 2:03.67 # 2011 Michelle Weber-Telko			
5 Thompson, Mia M	11	BEST-NM	2:39.29	24 Chong, Sophie 12 CYBE-CP 2:46.90				Name Age Team Finals Time			
6 Maritz, Ava C	10	CTO-CP	2:40.30	25 Loni, Yama 12 INFA-NM 2:47.24				Finals			
7 Glass, Gabi	11	SAAW-CP	2:41.11	26 Mahlangu, Ndalo 12 BLMA-CP 2:47.84				1 Wallis, Juliette 14 CASC-CP 2:23.84			
8 Richards, Emma E	11	SAAW-CP	2:41.39	27 Smith, Isabel H 12 USC-BU 2:47.87				2 McLean, Daniella L 14 PEAS-NM 2:24.36			
9 Schenck, Maya K	11	TYGE-CP	2:41.81	28 Arendse, Emma 12 MANT-CP 2:48.38				3 De Beer, Isabella C 14 PLAY-CE 2:26.48			
10 Swanepoel, Anja E	11	CLA-WC	2:42.87	29 Sprong, Jaime M 12 ASAC-CP 2:48.69				4 Nienaber, Mila J 14 ESA-CE 2:27.62			
11 Van Onselen, Annabelle	11	TYGE-CP	2:44.52	30 Burden, Leila A 12 CASC-CP 2:49.53				5 Strydom, Mia 14 INFA-NM 2:28.00			
12 Kimani, Katja	11	CYBE-CP	2:45.86	31 Makore, Bona M 12 ASAC-CP 2:50.16				6 Coleman, Milan 14 FISH-ED 2:28.33			
13 De Lange, Niah	11	CASC-CP	2:48.73	32 Berry, Olivia D 12 BEST-NM 2:50.93				7 Retief, Jane 14 LALE-CE 2:29.38			
14 Pitout, Addison P	11	ASAC-CP	2:49.05	33 Benade, Aria 12 SAAW-CP 2:52.53				8 Diessner, Ava 14 PEAS-NM 2:31.47			
15 McMaster, Rachael A	11	HARL-BU	2:50.26	34 van Staden, Stella 12 AQUA-BU 3:04.62				#302 Girls 14 200 Meter Free			
16 Abrahamse, Lexi	11	VINE-CP	2:52.47	#302 Girls 13 200 Meter Free				2016SA Age G: 2:03.67 # 2011 Michelle Weber-Telko			
17 Groenewald, Nina H	11	CASC-CP	2:52.56	2016SA Age G: 2:07.08 # 2015 Rebecca A. Meder at S				Name Age Team Prelim Time			
18 Louw, Milea	11	TYGE-CP	2:53.51	Name Age Team Finals Time				Preliminaries			
19 Sadi, Chrisela F	11	SAAW-CP	2:54.47	Finals				1 McLean, Daniella L 14 PEAS-NM 2:25.81			
20 Harvett, Logan L	11	STAQ-CE	2:55.20	1 De Smidt, Emma J 13 AQDO-CP 2:25.52				2 De Beer, Isabella C 14 PLAY-CE 2:27.38			
21 Van Rooyen, Maggie L	11	PEAS-NM	2:55.37	2 Koegelenberg, Emily 13 XCEL-CP 2:25.64				3 Wallis, Juliette 14 CASC-CP 2:28.51			
22 Bowman, Bailey J	11	USC-BU	2:55.93	3 Terwin, Brooklyn 13 USC-BU 2:28.56				4 Strydom, Mia 14 INFA-NM 2:28.82			
23 Saul, Astrid P	11	BLMA-CP	2:55.97	4 Wilson, Samantha 13 INFA-NM 2:29.32				5 Coleman, Milan 14 FISH-ED 2:29.84			
24 October, Jemma F	11	ALPHA-CP	2:57.16	5 Kleynhans, Kayla 13 ROA-ED 2:29.55				6 Nienaber, Mila J 14 ESA-CE 2:29.89			
#302 Girls 12 200 Meter Free				6 Pieterse, Nina 13 PEAS-NM 2:29.65				7 Retief, Jane 14 LALE-CE 2:30.25			
2016SA Age G: 2:09.59 # 2015 Rebecca A. Meder at S				7 Jordaan, Mikayla E 13 CASC-CP 2:29.81				8 Diessner, Ava 14 PEAS-NM 2:30.53			
Name Age Team Finals Time				8 Grebe, Ava 13 CUHE-OB 2:32.15				9 Coetzee, Marli 14 CASC-CP 2:30.66			
Finals				#302 Girls 13 200 Meter Free				10 Madeley, Amy O 14 ANAX-CP 2:31.55			
1 Douglas, Keyla 12 ROA-ED 2:29.25				2016SA Age G: 2:07.08 # 2015 Rebecca A. Meder at S				11 Botha, Rebecca P 14 CASC-CP 2:31.86			
2 DU Plessis, Lheané 12 FISH-ED 2:30.70				Name Age Team Prelim Time				12 Sonnekus, Anya 14 CASC-CP 2:32.23			
3 Normington, Olivia 12 XCEL-CP 2:32.18				Preliminaries				13 van der Westhuizen, Am 14 INFA-NM 2:32.99			
4 Swanepoel, Pia Q 12 ASAC-CP 2:32.80				1 Terwin, Brooklyn 13 USC-BU 2:25.57				14 Longueira, Ava L 14 ASAC-CP 2:33.31			
5 Van Jaarsveld, Bianca I 12 TYGE-CP 2:33.49				2 Koegelenberg, Emily 13 XCEL-CP 2:27.95				15 Minnaar, Amelia C 14 USC-BU 2:35.39			
6 Joubert, Rebecca J 12 INFA-NM 2:34.43				3 Grebe, Ava 13 CUHE-OB 2:28.74				16 Groenewald, Emma A 14 CASC-CP 2:36.03			
7 Pieterse, Kate J 12 PEAS-NM 2:37.01				4 Kleynhans, Kayla 13 ROA-ED 2:29.30				17 Smith, Ava-Sophia H 14 USC-BU 2:39.62			
8 Greyvenstein, Hayley 12 USC-BU 2:37.87				5 Jordaan, Mikayla E 13 CASC-CP 2:29.39				#302 Women 15 200 Meter Free			
#302 Girls 12 200 Meter Free				6 De Smidt, Emma J 13 AQDO-CP 2:29.80				2016SA Age G: 2:03.55 # 2013 MARLIES ROSS at SPE			
2016SA Age G: 2:09.59 # 2015 Rebecca A. Meder at S				7 Pieterse, Nina 13 PEAS-NM 2:30.17				Name Age Team Finals Time			
Name Age Team Prelim Time				8 Wilson, Samantha 13 INFA-NM 2:31.80				Finals			
Preliminaries				9 Nel, Olivia 13 CLA-WC 2:33.16				1 Van Tromp, Seruby 15 LALE-CE 2:25.35			
1 Douglas, Keyla 12 ROA-ED 2:33.03				10 Matthee, Zarah 13 UWCA-CP 2:34.20				2 Robinson, Alana 15 SAAW-CP 2:26.36			
2 Greyvenstein, Hayley 12 USC-BU 2:34.20				11 Julies, Grace J 13 XCEL-CP 2:34.33				3 O'Carroll, Nia E 15 STAQ-CE 2:28.78			
3 Normington, Olivia 12 XCEL-CP 2:34.27				12 Barenblatt, Sienna G 13 STAQ-CE 2:35.31				4 Groves, Philippa R 15 SSISA-CP 2:29.14			
4 Van Jaarsveld, Bianca I 12 TYGE-CP 2:34.28				13 Tembo, Noku L 13 KNYA-ED 2:35.73				5 Engelbrecht, Giselle K 15 HTSA-CP 2:35.63			
5 Swanepoel, Pia Q 12 ASAC-CP 2:34.83				14 Lloyd, Jemma A 13 VINE-CP 2:36.08				6 Lottering, Eirley 15 USC-BU 2:43.08			
6 DU Plessis, Lheané 12 FISH-ED 2:35.49				15 Mansour, Daniela 13 CBM 2:36.36				#302 Women 15 200 Meter Free			
7 Joubert, Rebecca J 12 INFA-NM 2:37.07				16 McGluwa, Jovanah N 13 CASC-CP 2:37.43				2016SA Age G: 2:03.55 # 2013 MARLIES ROSS at SPE			
8 Pieterse, Kate J 12 PEAS-NM 2:37.60				17 Du Plessis, Leah 13 PEAS-NM 2:38.50				Name Age Team Prelim Time			
9 Serdyn, Jana 12 INFA-NM 2:37.63				*18 Van de Vyver, Mia 13 ESA-CE 2:39.37				Preliminaries			
10 Palacio, Ines C 12 CBM 2:37.94				*18 Mfabe, Zingce Z 13 USC-BU 2:39.37				1 Van Tromp, Seruby 15 LALE-CE 2:27.41			
11 Olivier, Gianna G 12 PAQU-CE 2:38.09				20 Voysey, Ella N 13 ASAC-CP 2:39.77				2 Robinson, Alana 15 SAAW-CP 2:29.60			
12 Hengst, Emily A 12 CASC-CP 2:39.08				21 Haldane, Bella 13 FISH-ED 2:40.38				3 Groves, Philippa R 15 SSISA-CP 2:33.28			
13 Ranger, Emma L 12 USC-BU 2:40.29				22 Hendricks, Jada 13 CASC-CP 2:41.20				4 O'Carroll, Nia E 15 STAQ-CE 2:35.52			
14 Iliev, Emily M 12 CBM 2:40.58				23 Lilley, Kenna 13 TYGE-CP 2:42.29				5 Engelbrecht, Giselle K 15 HTSA-CP 2:37.81			
15 Lubbe, Esther A 12 BEST-NM 2:40.91				24 Kretzmann, Sophie F 13 USC-BU 2:43.56				6 Lottering, Eirley 15 USC-BU 2:42.47			
16 Sebastian, Catherine 12 MANT-CP 2:40.95				25 Stevenson, Mikayla 13 QSSC-CP 2:44.02							
				26 Jurgens, Chloe-Leigh 13 VINE-CP 2:44.14							
				27 Jantjies, Zara 13 MANT-CP 2:44.19							

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

#302 Women 16 200 Meter Free				#305 Boys 11&U 50 Meter Breast				18 Van Dyk, Adriaan J	12	ASAC-CP	45.66			
2016SA Age G: 2:02.06 # 2014 MARLIES ROSS at Sa N				Name Age Team Prelim Time				19 Tshabalala, Jodie J	12	BLMA-CP	45.68			
Name	Age	Team	Finals Time	Preliminaries				20 Wessels, Jeandre	12	USC-BU	46.44			
Finals				1 Van Der Westhuizen, Ew				11	LALE-CE	41.01	21 Fourie, Benjamin L	12	BLMA-CP	46.86
1 Huang, Shi Han A	16	BLMA-CP	2:20.43	2 Van der Veen, Aiden L				11	PEAS-NM	41.27	22 Delpport, Reynard	12	BEST-NM	47.04
2 Pieterse, Abby L	16	INFA-NM	2:23.64	3 Claassen, Cayden D				10	PEAS-NM	41.44	23 Beard, Elijah	12	HARL-BU	48.93
3 Holthuis, Keilah-Naomi	16	ESA-CE	2:25.64	4 Horn, Ben				11	XCEL-CP	41.81	#305 Boys 13 50 Meter Breast			
4 Hagglund, Emma H	16	SSISA-CP	2:34.53	5 Kleynhans, Michael				11	CASC-CP	42.10	2016SA Age G: 31.58 # 2013 Gareth R. Kemp at SA			
5 Burger, Juanè	16	CASC-CP	2:35.10	6 Tredoux, Simon P				11	BARR-CP	42.35	Name	Age	Team	Finals Time
6 Albino, Nemzi L	16	SAAW-CP	2:36.97	7 Beukes, Ryan M				11	SAAW-CP	42.75	Finals			
7 Hager, Carle	16	ESA-CE	2:39.05	8 Schäffler, James				11	ROA-ED	43.17	1 Wilson, Kaleb	13	ASAC-CP	37.09
8 Kleynhans, Sian	16	WAC-ED	2:39.33	9 Olivier, Simeon				11	PAQU-CE	43.31	2 Snyders, Dylan	13	CLA-WC	37.19
#302 Women 16 200 Meter Free				10 Mare, Ilan				11	CASC-CP	43.41	3 Nel, Charles Paul	13	QSSC-CP	38.75
2016SA Age G: 2:02.06 # 2014 MARLIES ROSS at Sa N				11 Poultney, Daniel				10	CASC-CP	43.49	4 Stander, Christiaan L	13	ESA-CE	38.92
Name	Age	Team	Prelim Time	12 Pretorius, Johan M				11	ESA-CE	43.53	5 Hauser, Paul	13	ASAC-CP	39.61
Preliminaries				13 Basson, Zaryd D				11	PEAS-NM	43.98	6 Botha, Andre	13	TYGE-CP	39.78
1 Huang, Shi Han A	16	BLMA-CP	2:21.69	14 Fischer, Blake D				11	INFA-NM	44.08	7 Fourie, Ezra	13	UWCA-CP	40.28
2 Pieterse, Abby L	16	INFA-NM	2:23.81	15 Freislich, Reid A				11	KNYA-ED	44.55	8 Lombard, Quan R	13	ASAC-CP	40.58
3 Holthuis, Keilah-Naomi	16	ESA-CE	2:27.09	16 Joubert, Daniel J				11	PLAY-CE	45.35	#305 Boys 13 50 Meter Breast			
4 Hagglund, Emma H	16	SSISA-CP	2:32.61	17 Malherbe, Roz R				11	BRAVE-CE	46.08	2016SA Age G: 31.58 # 2013 Gareth R. Kemp at SA			
5 Burger, Juanè	16	CASC-CP	2:32.93	18 Versfeld, Ben I				11	BRAVE-CE	46.14	Name	Age	Team	Prelim Time
6 Hager, Carle	16	ESA-CE	2:33.55	19 Kruger, Declan				11	BLMA-CP	46.37	Preliminaries			
7 Kleynhans, Sian	16	WAC-ED	2:36.74	20 Janse van Rensburg, Wil				11	CASC-CP	46.42	1 Wilson, Kaleb	13	ASAC-CP	36.75
8 Albino, Nemzi L	16	SAAW-CP	2:39.59	21 Whitehouse, Bramwell /				11	CUHE-OB	47.57	2 Snyders, Dylan	13	CLA-WC	37.89
9 Mauer, Kayden	16	USC-BU	2:40.78	22 Eksteen, Pisces M				11	XCEL-CP	48.50	3 Stander, Christiaan L	13	ESA-CE	39.73
#303 Boys 14&U 100 Meter Free Multi-Class Multi (23 Henning, Christiaan P				11	LALE-CE	48.94	4 Hauser, Paul	13	ASAC-CP	39.93
Name	Age	Team	Finals Time	#305 Boys 12 50 Meter Breast				2016SA Age G: 32.75 # 2015 Luan E. Grobbelaar at						
Finals				Name				Age	Team	Finals Time	Name			
1 Brown, Magmoed S14	13	VINE-CP	1:32.64	1 Perez Castellano, Emilio				12	CASC-CP	38.84	1 Wilson, Kaleb			
2 Hartwig, Connor M S6	14	HARL-BU	1:42.03	2 Van Heerden, Emile L				12	WAC-ED	38.95	2 Snyders, Dylan			
#303 Boys 14&U 100 Meter Free Multi-Class Multi (3 Malherbe, Max M				12	BRAVE-CE	39.12	3 Stander, Christiaan L			
Name	Age	Team	Prelim Time	4 Heiberg, Ethan				12	MANT-CP	39.32	4 Hauser, Paul			
Preliminaries				5 Schoeman, Mateo J				12	ESA-CE	39.53	5 Nel, Charles Paul			
1 Brown, Magmoed S14	13	VINE-CP	1:33.95	6 Kannemeyer, Luan				12	QSSC-CP	39.93	6 Botha, Andre			
2 Hartwig, Connor M S6	14	HARL-BU	1:41.86	7 Sebastian, Alexander				12	MANT-CP	40.24	7 Lombard, Quan R			
#304 Women 15-99 100 Meter Free Multi-Class Mu				8 Davenport, Daniel J				12	PEAS-NM	40.27	8 Fourie, Ezra			
Name	Age	Team	Finals Time	#305 Boys 12 50 Meter Breast				2016SA Age G: 32.75 # 2015 Luan E. Grobbelaar at						
Finals				Name				Age	Team	Prelim Time	Name			
1 Endres, Josephine S15	15	VINE-CP	1:14.56	1 Clark, Alexander L				12	UWCA-CP	38.60	1 Lockyear, Devon P			
#304 Women 15-99 100 Meter Free Multi-Class Mu				2 Van Heerden, Emile L				12	WAC-ED	38.73	2 van Aarde, Matthew D			
Name	Age	Team	Prelim Time	3 Perez Castellano, Emilio				12	CASC-CP	38.74	3 De Jager, Eben			
Preliminaries				4 Malherbe, Max M				12	BRAVE-CE	39.36	4 Nikolic, Sebastian N			
1 Endres, Josephine S15	15	VINE-CP	1:14.35	5 Schoeman, Mateo J				12	ESA-CE	39.54	5 Abrie, Ryn J			
#305 Boys 11&U 50 Meter Breast				6 Sebastian, Alexander				12	MANT-CP	39.95	6 Pitout, Zachary J			
Name	Age	Team	Finals Time	7 Heiberg, Ethan				12	MANT-CP	40.04	7 Laufs, Connor R			
Finals				8 Kannemeyer, Luan				12	QSSC-CP	40.50	8 Coates, Caleb			
1 Van der Veen, Aiden L	11	PEAS-NM	39.85	9 Davenport, Daniel J				12	PEAS-NM	40.85	9 Theunissen, Jude E			
2 Claassen, Cayden D	10	PEAS-NM	40.89	10 Coetzee, Tristan R				12	FISH-ED	41.36	10 Titus, Brody			
3 Van Der Westhuizen, Ew	11	LALE-CE	41.17	11 Jewell, Stefan E				12	PEAS-NM	42.55	11 Vleggaar, Daniel			
4 Kleynhans, Michael	11	CASC-CP	41.55	12 Swanepoel, Roehan J				12	BARR-CP	42.63	12 Clifford, Jack K			
5 Tredoux, Simon P	11	BARR-CP	42.13	13 Wiltshire, James				12	USC-BU	42.73	13 Egen, Erigh E			
6 Schäffler, James	11	ROA-ED	42.20	14 Askevold, Gunther J				12	BLMA-CP	42.80	14 Nothnagel, Henk K			
7 Beukes, Ryan M	11	SAAW-CP	42.82	15 Van Wyngaard, Daniël C				12	ROA-ED	42.82	15 Spangenberg, Zach A			
8 Horn, Ben	11	XCEL-CP	43.05	16 Parr, Riley C				12	KNYA-ED	44.80	16 Lubbe, Mikael B			
#305 Boys 11&U 50 Meter Breast				17 Meets, Daniel				12	ASAC-CP	45.53	17 Arnold, Samuel D			
Name	Age	Team	Finals Time	#305 Boys 14 50 Meter Breast				2016SA Age G: 30.57 # 2015 Luke Ashton at Vita-tl						
Finals				Name				Age	Team	Prelim Time	Name			
Preliminaries				1 Clark, Alexander L				12	UWCA-CP	38.60	1 Lockyear, Devon P			
1 Van der Veen, Aiden L	11	PEAS-NM	39.85	2 Van Heerden, Emile L				12	WAC-ED	38.73	2 van Aarde, Matthew D			
2 Claassen, Cayden D	10	PEAS-NM	40.89	3 Perez Castellano, Emilio				12	CASC-CP	38.74	3 De Jager, Eben			
3 Van Der Westhuizen, Ew	11	LALE-CE	41.17	4 Malherbe, Max M				12	BRAVE-CE	39.36	4 Nikolic, Sebastian N			
4 Kleynhans, Michael	11	CASC-CP	41.55	5 Schoeman, Mateo J				12	ESA-CE	39.54	5 Abrie, Ryn J			
5 Tredoux, Simon P	11	BARR-CP	42.13	6 Sebastian, Alexander				12	MANT-CP	39.95	6 Pitout, Zachary J			
6 Schäffler, James	11	ROA-ED	42.20	7 Heiberg, Ethan				12	MANT-CP	40.04	7 Laufs, Connor R			
7 Beukes, Ryan M	11	SAAW-CP	42.82	8 Kannemeyer, Luan				12	QSSC-CP	40.50	8 Coates, Caleb			
8 Horn, Ben	11	XCEL-CP	43.05	9 Davenport, Daniel J				12	PEAS-NM	40.85	9 Theunissen, Jude E			
#305 Boys 14 50 Meter Breast				10 Coetzee, Tristan R				12	FISH-ED	41.36	10 Titus, Brody			
2016SA Age G: 30.57 # 2015 Luke Ashton at Vita-tl				11 Jewell, Stefan E				12	PEAS-NM	42.55	11 Vleggaar, Daniel			
Name	Age	Team	Prelim Time	12 Swanepoel, Roehan J				12	BARR-CP	42.63	12 Clifford, Jack K			
Preliminaries				13 Wiltshire, James				12	USC-BU	42.73	13 Egen, Erigh E			
1 Nikolic, Sebastian N	14	INFA-NM	34.97	14 Askevold, Gunther J				12	BLMA-CP	42.80	14 Nothnagel, Henk K			
2 Lockyear, Devon P	14	USC-BU	35.18	15 Van Wyngaard, Daniël C				12	ROA-ED	42.82	15 Spangenberg, Zach A			
3 De Jager, Eben	14	BRAVE-CE	35.85	16 Parr, Riley C				12	KNYA-ED	44.80	16 Lubbe, Mikael B			
4 van Aarde, Matthew D	14	CASC-CP	35.89	17 Meets, Daniel				12	ASAC-CP	45.53	17 Arnold, Samuel D			

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

Preliminaries ... (#305 Boys 14 50 Meter Breast)				5 van Staden, Mika L 16 AQUA-BU 35.82				10 Schemel, Leah I 12 HARL-BU 42.43								
5	Abrie, Ryn J	14	CUHE-OB	37.31	6	Alvim, João M	16	CBM	35.94	11	Olivier, Gianna G	12	PAQU-CE	42.83		
6	Coates, Caleb	14	BEST-NM	37.96	7	Fortune, Yaseen	16	MANT-CP	41.54	12	Smith, Isabel H	12	USC-BU	43.78		
7	Laufs, Connor R	14	CTO-CP	38.35	#306 Girls 11&U 50 Meter Breast				13	Du Preez, Kyra J	12	USC-BU	43.89			
8	Pitout, Zachary J	14	ASAC-CP	38.59	Name Age Team Finals Time				14	Swanepoel, Pia Q	12	ASAC-CP	44.16			
9	Baadjies, Cruden H	14	PAQU-CE	39.97	Finals				15	Ranger, Emma L	12	USC-BU	44.39			
10	Gallie, Abdul-Aziz	14	MANT-CP	40.34	1	Levi, Zara	11	CTO-CP	39.97	16	Brisso, Filipa	12	CMD	45.10		
11	Fortune, Hakeem	14	MANT-CP	40.74	2	Abrahamse, Lexi	11	VINE-CP	40.30	17	Stevens, Ava	12	USC-BU	45.26		
12	Munnik, Connor C	14	PAQU-CE	42.20	3	Harvett, Logan L	11	STAQ-CE	41.21	18	Beyers, Lize M	12	AGAQ-OB	45.30		
13	Jooste, Ben D	14	CUHE-OB	42.35	4	Kimani, Katja	11	CYBE-CP	41.67	19	Sebastian, Catherine	12	MANT-CP	45.43		
14	Smith, Jacobus J	14	FISH-ED	42.43	5	Oliphant, Isabelle	11	HARL-BU	42.83	20	Engelbrecht, Zia-Bella L	12	HTSA-CP	45.66		
---	Striglia, Elio	14	HARL-BU	DQ	6	De Jager, Isabella	11	BRAVE-CE	44.76	21	Lubbe, Esther A	12	BEST-NM	45.70		
#305 Men 15 50 Meter Breast				#306 Girls 11&U 50 Meter Breast				#306 Girls 13 50 Meter Breast								
2016SA Age G: 28.65 # 2016 Michael J Houlie-Grar				Name Age Team Prelim Time				2016SA Age G: 33.30 # 2015 Hanim Abrahams at A								
Name Age Team Finals Time				Preliminaries				Name Age Team Finals Time								
Finals				1 Levi, Zara 11 CTO-CP 39.78				Finals								
1	Basson, Zethan L	15	PEAS-NM	33.78	2	Abrahamse, Lexi	11	VINE-CP	40.74	1	Kalapac, Lexi	13	SLAQ-CP	38.94		
2	Coetzee, Sion M	15	QSSC-CP	34.97	3	Harvett, Logan L	11	STAQ-CE	42.67	2	Grebe, Ava	13	CUHE-OB	39.00		
3	Krause, Luke	15	CASC-CP	35.96	4	Kimani, Katja	11	CYBE-CP	43.52	3	Christensen, Milla M	13	WELL-CE	39.04		
4	Samsodien, Saaligh S	15	MARL-CP	36.43	5	Fakier, Ayesha i	11	CTO-CP	44.16	4	Voysey, Ella N	13	ASAC-CP	40.06		
5	Kretzmann, Kaleb B	15	USC-BU	36.47	6	Oliphant, Isabelle	11	HARL-BU	44.27	5	Pieterse, Nina	13	PEAS-NM	40.40		
6	Snyders, Reece	15	UWCA-CP	36.66	7	Victor, Amy-Mae	11	PEAS-NM	44.28	6	Jurgens, Chloe-Leigh	13	VINE-CP	40.67		
7	Vorster, Bastian S	15	FISH-ED	37.64	8	Thompson, Mia M	11	BEST-NM	44.62	7	Julies, Grace J	13	XCEL-CP	41.14		
8	Ganger, Zeke D	15	MARL-CP	37.67	9	De Jager, Isabella	11	BRAVE-CE	45.20	8	Schutzler, Amelia-Rose	13	USC-BU	42.35		
#305 Men 15 50 Meter Breast				#306 Girls 12 50 Meter Breast				#306 Girls 13 50 Meter Breast								
2016SA Age G: 28.65 # 2016 Michael J Houlie-Grar				2016SA Age G: 34.03 # 2014 Hanim Abrahams at V				2016SA Age G: 33.30 # 2015 Hanim Abrahams at A								
Name Age Team Prelim Time				Name Age Team Finals Time				Name Age Team Prelim Time								
Preliminaries				Finals				Preliminaries								
1	Basson, Zethan L	15	PEAS-NM	33.38	1	Benade, Aria	12	SAAW-CP	39.14	1	Kalapac, Lexi	13	SLAQ-CP	38.94		
2	Coetzee, Sion M	15	QSSC-CP	35.00	2	Stearn, Hannah	12	INFA-NM	39.61	2	Voysey, Ella N	13	ASAC-CP	39.80		
3	Krause, Luke	15	CASC-CP	35.42	3	DU Plessis, Lheané	12	FISH-ED	40.55	3	Grebe, Ava	13	CUHE-OB	39.81		
4	Ganger, Zeke D	15	MARL-CP	36.47	4	Serdyn, Jana	12	INFA-NM	41.21	4	Christensen, Milla M	13	WELL-CE	39.97		
5	Samsodien, Saaligh S	15	MARL-CP	36.62	5	Onkruid, Gianna R	12	UWCA-CP	41.33	5	Pieterse, Nina	13	PEAS-NM	40.29		
6	Snyders, Reece	15	UWCA-CP	36.66	6	Nchumali, Kwicia	12	CBM	41.44	6	Julies, Grace J	13	XCEL-CP	40.65		
7	Kretzmann, Kaleb B	15	USC-BU	36.73	7	Greyvenstein, Hayley	12	USC-BU	41.55	7	Jurgens, Chloe-Leigh	13	VINE-CP	40.87		
8	Vorster, Bastian S	15	FISH-ED	37.72	8	Normington, Olivia	12	XCEL-CP	42.36	8	Schutzler, Amelia-Rose	13	USC-BU	42.52		
9	Bester, Daniël M	15	ESA-CE	37.94	#306 Girls 12 50 Meter Breast				#306 Girls 13 50 Meter Breast							
10	Gomez, Alex W	15	MARL-CP	38.94	2016SA Age G: 34.03 # 2014 Hanim Abrahams at V				2016SA Age G: 33.30 # 2015 Hanim Abrahams at A							
11	Langeveldt, Christiano C	15	ALPHA-CP	39.00	Name Age Team Finals Time				Name Age Team Prelim Time							
#305 Men 16 50 Meter Breast				Preliminaries				Preliminaries								
2016SA Age G: 29.12 # 2013 Jarred C. Crous at SA I				1 Benade, Aria 12 SAAW-CP 39.96				1				Kalapac, Lexi	13	SLAQ-CP	38.94	
Name Age Team Finals Time				2 DU Plessis, Lheané 12 FISH-ED 40.03				2				Voysey, Ella N	13	ASAC-CP	39.80	
Finals				3 Stearn, Hannah 12 INFA-NM 40.61				3				Grebe, Ava	13	CUHE-OB	39.81	
1	Mansfield, Luke T	16	STAQ-CE	33.59	4 Onkruid, Gianna R 12 UWCA-CP 40.75				4				Christensen, Milla M	13	WELL-CE	39.97
2	Isaacs, Christiano A	16	UWCA-CP	33.83	5 Normington, Olivia 12 XCEL-CP 41.44				5				Pieterse, Nina	13	PEAS-NM	40.29
3	Oosthuizen, Ethan	16	PLAY-CE	35.14	6 Greyvenstein, Hayley 12 USC-BU 41.54				6				Julies, Grace J	13	XCEL-CP	40.65
4	van Staden, Mika L	16	AQUA-BU	35.27	7 Nchumali, Kwicia 12 CBM 42.07				7				Jurgens, Chloe-Leigh	13	VINE-CP	40.87
5	Chetty, Liam	16	AQUA-BU	35.59	8 Serdyn, Jana 12 INFA-NM 42.19				8				Schutzler, Amelia-Rose	13	USC-BU	42.52
6	Alvim, João M	16	CBM	35.99	9 Ras, Annabelle 12 CASC-CP 42.26				9				Lloyd, Jemma A	13	VINE-CP	42.84
7	Fortune, Yaseen	16	MANT-CP	43.15	#306 Girls 14 50 Meter Breast				#306 Girls 13 50 Meter Breast							
#305 Men 16 50 Meter Breast				2016SA Age G: 29.12 # 2013 Jarred C. Crous at SA I				2016SA Age G: 33.30 # 2015 Hanim Abrahams at A								
Name Age Team Prelim Time				Name Age Team Finals Time				Name Age Team Prelim Time								
Preliminaries				Finals				Finals								
1	Mansfield, Luke T	16	STAQ-CE	33.27	1	Longueira, Ava L	14	ASAC-CP	37.97	1	Hendricks, Jada	13	CASC-CP	43.46		
2	Isaacs, Christiano A	16	UWCA-CP	33.48	2	Smith, Ava-Sophia H	14	USC-BU	39.70	2	Haldane, Bella	13	FISH-ED	43.58		
3	Oosthuizen, Ethan	16	PLAY-CE	35.60	3	Retief, Jane	14	LALE-CE	39.78	3	Jantjies, Zara	13	MANT-CP	45.43		
4	Chetty, Liam	16	AQUA-BU	35.74	4	van der Westhuizen, Am	14	INFA-NM	42.35	4	Matthee, Zarah	13	UWCA-CP	45.52		
								15				Du Plessis, Leah	13	PEAS-NM	45.77	
								16				Haynes-Smart, Kaitlyn	13	VINE-CP	46.55	

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

#306 Girls 14 50 Meter Breast 2016SA Age G: 33.28 # 2007 Tasmynne S Roe-Telko <table border="1"> <thead> <tr> <th>Name</th> <th>Age</th> <th>Team</th> <th>Prelim Time</th> </tr> </thead> <tbody> <tr> <td colspan="4">Preliminaries</td> </tr> <tr> <td>1 Longueira, Ava L</td> <td>14</td> <td>ASAC-CP</td> <td>39.33</td> </tr> <tr> <td>2 Retief, Jane</td> <td>14</td> <td>LALE-CE</td> <td>39.52</td> </tr> <tr> <td>3 Smith, Ava-Sophia H</td> <td>14</td> <td>USC-BU</td> <td>39.94</td> </tr> <tr> <td>4 van der Westhuizen, Am</td> <td>14</td> <td>INFA-NM</td> <td>44.09</td> </tr> <tr> <td>5 Sonnekus, Anya</td> <td>14</td> <td>CASC-CP</td> <td>44.11</td> </tr> </tbody> </table>	Name	Age	Team	Prelim Time	Preliminaries				1 Longueira, Ava L	14	ASAC-CP	39.33	2 Retief, Jane	14	LALE-CE	39.52	3 Smith, Ava-Sophia H	14	USC-BU	39.94	4 van der Westhuizen, Am	14	INFA-NM	44.09	5 Sonnekus, Anya	14	CASC-CP	44.11	#307 Boys 14&U 50 Meter Breast Multi-Class Multi <table border="1"> <thead> <tr> <th>Name</th> <th>Age</th> <th>Team</th> <th>Prelim Time</th> </tr> </thead> <tbody> <tr> <td colspan="4">Preliminaries</td> </tr> <tr> <td>1 Brown, Magmoed SB14</td> <td>13</td> <td>VINE-CP</td> <td>51.67</td> </tr> </tbody> </table>	Name	Age	Team	Prelim Time	Preliminaries				1 Brown, Magmoed SB14	13	VINE-CP	51.67	#309 Boys 12 100 Meter Back 2016SA Age G: 1:03.18 # 2015 Luan E. Grobbelaar at <table border="1"> <thead> <tr> <th>Name</th> <th>Age</th> <th>Team</th> <th>Prelim Time</th> </tr> </thead> <tbody> <tr> <td colspan="4">Preliminaries</td> </tr> <tr> <td>1 Schabort, Lowen</td> <td>12</td> <td>ESA-CE</td> <td>1:13.30</td> </tr> <tr> <td>2 Harder, Callum R</td> <td>12</td> <td>VINE-CP</td> <td>1:15.08</td> </tr> <tr> <td>3 Rossouw, Marais</td> <td>12</td> <td>QSSC-CP</td> <td>1:15.49</td> </tr> <tr> <td>4 Van der Merwe, Logan</td> <td>12</td> <td>TYGE-CP</td> <td>1:18.87</td> </tr> <tr> <td>5 Du Plessis, Caleb</td> <td>12</td> <td>FSE-KC</td> <td>1:19.08</td> </tr> <tr> <td>6 Bradfield, Joel-Luke</td> <td>12</td> <td>INFA-NM</td> <td>1:19.66</td> </tr> <tr> <td>7 Clark, Alexander L</td> <td>12</td> <td>UWCA-CP</td> <td>1:19.85</td> </tr> <tr> <td>8 Sebastian, Alexander</td> <td>12</td> <td>MANT-CP</td> <td>1:20.20</td> </tr> <tr> <td>9 Heunis, Johan C</td> <td>12</td> <td>BARR-CP</td> <td>1:20.44</td> </tr> <tr> <td>10 Spijkerman, Stephaan</td> <td>12</td> <td>ESA-CE</td> <td>1:20.81</td> </tr> </tbody> </table>	Name	Age	Team	Prelim Time	Preliminaries				1 Schabort, Lowen	12	ESA-CE	1:13.30	2 Harder, Callum R	12	VINE-CP	1:15.08	3 Rossouw, Marais	12	QSSC-CP	1:15.49	4 Van der Merwe, Logan	12	TYGE-CP	1:18.87	5 Du Plessis, Caleb	12	FSE-KC	1:19.08	6 Bradfield, Joel-Luke	12	INFA-NM	1:19.66	7 Clark, Alexander L	12	UWCA-CP	1:19.85	8 Sebastian, Alexander	12	MANT-CP	1:20.20	9 Heunis, Johan C	12	BARR-CP	1:20.44	10 Spijkerman, Stephaan	12	ESA-CE	1:20.81																																																
Name	Age	Team	Prelim Time																																																																																																																																							
Preliminaries																																																																																																																																										
1 Longueira, Ava L	14	ASAC-CP	39.33																																																																																																																																							
2 Retief, Jane	14	LALE-CE	39.52																																																																																																																																							
3 Smith, Ava-Sophia H	14	USC-BU	39.94																																																																																																																																							
4 van der Westhuizen, Am	14	INFA-NM	44.09																																																																																																																																							
5 Sonnekus, Anya	14	CASC-CP	44.11																																																																																																																																							
Name	Age	Team	Prelim Time																																																																																																																																							
Preliminaries																																																																																																																																										
1 Brown, Magmoed SB14	13	VINE-CP	51.67																																																																																																																																							
Name	Age	Team	Prelim Time																																																																																																																																							
Preliminaries																																																																																																																																										
1 Schabort, Lowen	12	ESA-CE	1:13.30																																																																																																																																							
2 Harder, Callum R	12	VINE-CP	1:15.08																																																																																																																																							
3 Rossouw, Marais	12	QSSC-CP	1:15.49																																																																																																																																							
4 Van der Merwe, Logan	12	TYGE-CP	1:18.87																																																																																																																																							
5 Du Plessis, Caleb	12	FSE-KC	1:19.08																																																																																																																																							
6 Bradfield, Joel-Luke	12	INFA-NM	1:19.66																																																																																																																																							
7 Clark, Alexander L	12	UWCA-CP	1:19.85																																																																																																																																							
8 Sebastian, Alexander	12	MANT-CP	1:20.20																																																																																																																																							
9 Heunis, Johan C	12	BARR-CP	1:20.44																																																																																																																																							
10 Spijkerman, Stephaan	12	ESA-CE	1:20.81																																																																																																																																							
#306 Women 15 50 Meter Breast 2016SA Age G: 32.59 # 2011 Tara Nicholas at Telko <table border="1"> <thead> <tr> <th>Name</th> <th>Age</th> <th>Team</th> <th>Finals Time</th> </tr> </thead> <tbody> <tr> <td colspan="4">Finals</td> </tr> <tr> <td>1 Cronjé, Miané</td> <td>15</td> <td>FISH-ED</td> <td>38.55</td> </tr> <tr> <td>2 Lindsay, Edith J</td> <td>15</td> <td>FISH-ED</td> <td>38.73</td> </tr> <tr> <td>3 Wener, Sophia</td> <td>15</td> <td>ASAC-CP</td> <td>38.78</td> </tr> <tr> <td>4 Hawley, Nicola</td> <td>15</td> <td>PLAY-CE</td> <td>38.94</td> </tr> <tr> <td>5 Weimann, Erin J</td> <td>15</td> <td>USC-BU</td> <td>39.93</td> </tr> <tr> <td>6 Abrahams, Amaani</td> <td>15</td> <td>MARL-CP</td> <td>41.40</td> </tr> <tr> <td>7 Lottering, Eirley</td> <td>15</td> <td>USC-BU</td> <td>42.27</td> </tr> <tr> <td>8 Kröger, Sammy</td> <td>15</td> <td>ESA-CE</td> <td>44.36</td> </tr> </tbody> </table>	Name	Age	Team	Finals Time	Finals				1 Cronjé, Miané	15	FISH-ED	38.55	2 Lindsay, Edith J	15	FISH-ED	38.73	3 Wener, Sophia	15	ASAC-CP	38.78	4 Hawley, Nicola	15	PLAY-CE	38.94	5 Weimann, Erin J	15	USC-BU	39.93	6 Abrahams, Amaani	15	MARL-CP	41.40	7 Lottering, Eirley	15	USC-BU	42.27	8 Kröger, Sammy	15	ESA-CE	44.36	#308 Women 15-99 50 Meter Breast Multi-Class Multi <table border="1"> <thead> <tr> <th>Name</th> <th>Age</th> <th>Team</th> <th>Prelim Time</th> </tr> </thead> <tbody> <tr> <td colspan="4">Preliminaries</td> </tr> <tr> <td>1 Endres, Josephine SB15</td> <td>15</td> <td>VINE-CP</td> <td>43.98</td> </tr> </tbody> </table>	Name	Age	Team	Prelim Time	Preliminaries				1 Endres, Josephine SB15	15	VINE-CP	43.98	<table border="1"> <tbody> <tr> <td>11 Pieterse, Nicholas N</td> <td>12</td> <td>STAQ-CE</td> <td>1:21.00</td> </tr> <tr> <td>12 Joyce, Guy</td> <td>12</td> <td>CASC-CP</td> <td>1:21.27</td> </tr> <tr> <td>13 Woodrup, Connor</td> <td>12</td> <td>CYBE-CP</td> <td>1:21.32</td> </tr> <tr> <td>14 Jogie, Ryan J</td> <td>12</td> <td>HARL-BU</td> <td>1:21.68</td> </tr> <tr> <td>15 Swanepoel, Roehan J</td> <td>12</td> <td>BARR-CP</td> <td>1:22.27</td> </tr> <tr> <td>16 Swartz, Seth J</td> <td>12</td> <td>CASC-CP</td> <td>1:22.57</td> </tr> <tr> <td>17 Heiberg, Ethan</td> <td>12</td> <td>MANT-CP</td> <td>1:22.98</td> </tr> <tr> <td>18 Smit, Eduard W</td> <td>12</td> <td>CASC-CP</td> <td>1:23.33</td> </tr> <tr> <td>19 Gerber, Luke M</td> <td>12</td> <td>CASC-CP</td> <td>1:23.99</td> </tr> <tr> <td>20 Kannemeyer, Luan</td> <td>12</td> <td>QSSC-CP</td> <td>1:24.75</td> </tr> <tr> <td>21 Askevold, Gunther J</td> <td>12</td> <td>BLMA-CP</td> <td>1:24.90</td> </tr> <tr> <td>22 van der Merwe, Naude</td> <td>12</td> <td>PEAS-NM</td> <td>1:25.99</td> </tr> <tr> <td>23 van der Westhuizen, An</td> <td>12</td> <td>INFA-NM</td> <td>1:26.20</td> </tr> <tr> <td>24 Parr, Riley C</td> <td>12</td> <td>KNYA-ED</td> <td>1:26.74</td> </tr> <tr> <td>25 Spies, Judah J</td> <td>12</td> <td>FISH-ED</td> <td>1:26.98</td> </tr> <tr> <td>26 Kriel, Ewan</td> <td>12</td> <td>QSSC-CP</td> <td>1:27.29</td> </tr> <tr> <td>27 Worley, Owen L</td> <td>12</td> <td>HARL-BU</td> <td>1:30.77</td> </tr> <tr> <td>28 Meets, Daniel</td> <td>12</td> <td>ASAC-CP</td> <td>1:30.84</td> </tr> <tr> <td>29 Van Dyk, Adriaan J</td> <td>12</td> <td>ASAC-CP</td> <td>1:32.04</td> </tr> <tr> <td>30 Fourie, Benjamin L</td> <td>12</td> <td>BLMA-CP</td> <td>1:34.86</td> </tr> <tr> <td>31 Tshabalala, Jodie J</td> <td>12</td> <td>BLMA-CP</td> <td>1:37.55</td> </tr> </tbody> </table>	11 Pieterse, Nicholas N	12	STAQ-CE	1:21.00	12 Joyce, Guy	12	CASC-CP	1:21.27	13 Woodrup, Connor	12	CYBE-CP	1:21.32	14 Jogie, Ryan J	12	HARL-BU	1:21.68	15 Swanepoel, Roehan J	12	BARR-CP	1:22.27	16 Swartz, Seth J	12	CASC-CP	1:22.57	17 Heiberg, Ethan	12	MANT-CP	1:22.98	18 Smit, Eduard W	12	CASC-CP	1:23.33	19 Gerber, Luke M	12	CASC-CP	1:23.99	20 Kannemeyer, Luan	12	QSSC-CP	1:24.75	21 Askevold, Gunther J	12	BLMA-CP	1:24.90	22 van der Merwe, Naude	12	PEAS-NM	1:25.99	23 van der Westhuizen, An	12	INFA-NM	1:26.20	24 Parr, Riley C	12	KNYA-ED	1:26.74	25 Spies, Judah J	12	FISH-ED	1:26.98	26 Kriel, Ewan	12	QSSC-CP	1:27.29	27 Worley, Owen L	12	HARL-BU	1:30.77	28 Meets, Daniel	12	ASAC-CP	1:30.84	29 Van Dyk, Adriaan J	12	ASAC-CP	1:32.04	30 Fourie, Benjamin L	12	BLMA-CP	1:34.86	31 Tshabalala, Jodie J	12	BLMA-CP	1:37.55
Name	Age	Team	Finals Time																																																																																																																																							
Finals																																																																																																																																										
1 Cronjé, Miané	15	FISH-ED	38.55																																																																																																																																							
2 Lindsay, Edith J	15	FISH-ED	38.73																																																																																																																																							
3 Wener, Sophia	15	ASAC-CP	38.78																																																																																																																																							
4 Hawley, Nicola	15	PLAY-CE	38.94																																																																																																																																							
5 Weimann, Erin J	15	USC-BU	39.93																																																																																																																																							
6 Abrahams, Amaani	15	MARL-CP	41.40																																																																																																																																							
7 Lottering, Eirley	15	USC-BU	42.27																																																																																																																																							
8 Kröger, Sammy	15	ESA-CE	44.36																																																																																																																																							
Name	Age	Team	Prelim Time																																																																																																																																							
Preliminaries																																																																																																																																										
1 Endres, Josephine SB15	15	VINE-CP	43.98																																																																																																																																							
11 Pieterse, Nicholas N	12	STAQ-CE	1:21.00																																																																																																																																							
12 Joyce, Guy	12	CASC-CP	1:21.27																																																																																																																																							
13 Woodrup, Connor	12	CYBE-CP	1:21.32																																																																																																																																							
14 Jogie, Ryan J	12	HARL-BU	1:21.68																																																																																																																																							
15 Swanepoel, Roehan J	12	BARR-CP	1:22.27																																																																																																																																							
16 Swartz, Seth J	12	CASC-CP	1:22.57																																																																																																																																							
17 Heiberg, Ethan	12	MANT-CP	1:22.98																																																																																																																																							
18 Smit, Eduard W	12	CASC-CP	1:23.33																																																																																																																																							
19 Gerber, Luke M	12	CASC-CP	1:23.99																																																																																																																																							
20 Kannemeyer, Luan	12	QSSC-CP	1:24.75																																																																																																																																							
21 Askevold, Gunther J	12	BLMA-CP	1:24.90																																																																																																																																							
22 van der Merwe, Naude	12	PEAS-NM	1:25.99																																																																																																																																							
23 van der Westhuizen, An	12	INFA-NM	1:26.20																																																																																																																																							
24 Parr, Riley C	12	KNYA-ED	1:26.74																																																																																																																																							
25 Spies, Judah J	12	FISH-ED	1:26.98																																																																																																																																							
26 Kriel, Ewan	12	QSSC-CP	1:27.29																																																																																																																																							
27 Worley, Owen L	12	HARL-BU	1:30.77																																																																																																																																							
28 Meets, Daniel	12	ASAC-CP	1:30.84																																																																																																																																							
29 Van Dyk, Adriaan J	12	ASAC-CP	1:32.04																																																																																																																																							
30 Fourie, Benjamin L	12	BLMA-CP	1:34.86																																																																																																																																							
31 Tshabalala, Jodie J	12	BLMA-CP	1:37.55																																																																																																																																							
#306 Women 15 50 Meter Breast 2016SA Age G: 32.59 # 2011 Tara Nicholas at Telko <table border="1"> <thead> <tr> <th>Name</th> <th>Age</th> <th>Team</th> <th>Prelim Time</th> </tr> </thead> <tbody> <tr> <td colspan="4">Preliminaries</td> </tr> <tr> <td>1 Lindsay, Edith J</td> <td>15</td> <td>FISH-ED</td> <td>38.49</td> </tr> <tr> <td>2 Cronjé, Miané</td> <td>15</td> <td>FISH-ED</td> <td>38.67</td> </tr> <tr> <td>3 Wener, Sophia</td> <td>15</td> <td>ASAC-CP</td> <td>38.81</td> </tr> <tr> <td>4 Hawley, Nicola</td> <td>15</td> <td>PLAY-CE</td> <td>39.36</td> </tr> <tr> <td>*5 Lottering, Eirley</td> <td>15</td> <td>USC-BU</td> <td>40.43</td> </tr> <tr> <td>*5 Weimann, Erin J</td> <td>15</td> <td>USC-BU</td> <td>40.43</td> </tr> <tr> <td>7 Abrahams, Amaani</td> <td>15</td> <td>MARL-CP</td> <td>40.74</td> </tr> <tr> <td>8 Kröger, Sammy</td> <td>15</td> <td>ESA-CE</td> <td>43.95</td> </tr> </tbody> </table>	Name	Age	Team	Prelim Time	Preliminaries				1 Lindsay, Edith J	15	FISH-ED	38.49	2 Cronjé, Miané	15	FISH-ED	38.67	3 Wener, Sophia	15	ASAC-CP	38.81	4 Hawley, Nicola	15	PLAY-CE	39.36	*5 Lottering, Eirley	15	USC-BU	40.43	*5 Weimann, Erin J	15	USC-BU	40.43	7 Abrahams, Amaani	15	MARL-CP	40.74	8 Kröger, Sammy	15	ESA-CE	43.95	#309 Boys 11&U 100 Meter Back <table border="1"> <thead> <tr> <th>Name</th> <th>Age</th> <th>Team</th> <th>Prelim Time</th> </tr> </thead> <tbody> <tr> <td colspan="4">Finals</td> </tr> <tr> <td>1 Kruger, Declan</td> <td>11</td> <td>BLMA-CP</td> <td>1:16.98</td> </tr> <tr> <td>2 Edwards, Bryce</td> <td>11</td> <td>CTO-CP</td> <td>1:18.43</td> </tr> <tr> <td>3 Schutte, Ethan</td> <td>11</td> <td>QSSC-CP</td> <td>1:19.81</td> </tr> <tr> <td>4 Pieterse, Adriaan</td> <td>11</td> <td>PEAS-NM</td> <td>1:21.66</td> </tr> <tr> <td>5 Horn, Ben</td> <td>11</td> <td>XCEL-CP</td> <td>1:24.41</td> </tr> <tr> <td>6 Van der Merwe, Ulric</td> <td>11</td> <td>TYGE-CP</td> <td>1:24.78</td> </tr> <tr> <td>7 Schäffler, James</td> <td>11</td> <td>ROA-ED</td> <td>1:25.15</td> </tr> <tr> <td>8 Naude, Niel P</td> <td>11</td> <td>AGA-Q-OB</td> <td>1:25.67</td> </tr> </tbody> </table>	Name	Age	Team	Prelim Time	Finals				1 Kruger, Declan	11	BLMA-CP	1:16.98	2 Edwards, Bryce	11	CTO-CP	1:18.43	3 Schutte, Ethan	11	QSSC-CP	1:19.81	4 Pieterse, Adriaan	11	PEAS-NM	1:21.66	5 Horn, Ben	11	XCEL-CP	1:24.41	6 Van der Merwe, Ulric	11	TYGE-CP	1:24.78	7 Schäffler, James	11	ROA-ED	1:25.15	8 Naude, Niel P	11	AGA-Q-OB	1:25.67	<table border="1"> <tbody> <tr> <td>24 Parr, Riley C</td> <td>12</td> <td>KNYA-ED</td> <td>1:26.74</td> </tr> <tr> <td>25 Spies, Judah J</td> <td>12</td> <td>FISH-ED</td> <td>1:26.98</td> </tr> <tr> <td>26 Kriel, Ewan</td> <td>12</td> <td>QSSC-CP</td> <td>1:27.29</td> </tr> <tr> <td>27 Worley, Owen L</td> <td>12</td> <td>HARL-BU</td> <td>1:30.77</td> </tr> <tr> <td>28 Meets, Daniel</td> <td>12</td> <td>ASAC-CP</td> <td>1:30.84</td> </tr> <tr> <td>29 Van Dyk, Adriaan J</td> <td>12</td> <td>ASAC-CP</td> <td>1:32.04</td> </tr> <tr> <td>30 Fourie, Benjamin L</td> <td>12</td> <td>BLMA-CP</td> <td>1:34.86</td> </tr> <tr> <td>31 Tshabalala, Jodie J</td> <td>12</td> <td>BLMA-CP</td> <td>1:37.55</td> </tr> </tbody> </table>	24 Parr, Riley C	12	KNYA-ED	1:26.74	25 Spies, Judah J	12	FISH-ED	1:26.98	26 Kriel, Ewan	12	QSSC-CP	1:27.29	27 Worley, Owen L	12	HARL-BU	1:30.77	28 Meets, Daniel	12	ASAC-CP	1:30.84	29 Van Dyk, Adriaan J	12	ASAC-CP	1:32.04	30 Fourie, Benjamin L	12	BLMA-CP	1:34.86	31 Tshabalala, Jodie J	12	BLMA-CP	1:37.55																								
Name	Age	Team	Prelim Time																																																																																																																																							
Preliminaries																																																																																																																																										
1 Lindsay, Edith J	15	FISH-ED	38.49																																																																																																																																							
2 Cronjé, Miané	15	FISH-ED	38.67																																																																																																																																							
3 Wener, Sophia	15	ASAC-CP	38.81																																																																																																																																							
4 Hawley, Nicola	15	PLAY-CE	39.36																																																																																																																																							
*5 Lottering, Eirley	15	USC-BU	40.43																																																																																																																																							
*5 Weimann, Erin J	15	USC-BU	40.43																																																																																																																																							
7 Abrahams, Amaani	15	MARL-CP	40.74																																																																																																																																							
8 Kröger, Sammy	15	ESA-CE	43.95																																																																																																																																							
Name	Age	Team	Prelim Time																																																																																																																																							
Finals																																																																																																																																										
1 Kruger, Declan	11	BLMA-CP	1:16.98																																																																																																																																							
2 Edwards, Bryce	11	CTO-CP	1:18.43																																																																																																																																							
3 Schutte, Ethan	11	QSSC-CP	1:19.81																																																																																																																																							
4 Pieterse, Adriaan	11	PEAS-NM	1:21.66																																																																																																																																							
5 Horn, Ben	11	XCEL-CP	1:24.41																																																																																																																																							
6 Van der Merwe, Ulric	11	TYGE-CP	1:24.78																																																																																																																																							
7 Schäffler, James	11	ROA-ED	1:25.15																																																																																																																																							
8 Naude, Niel P	11	AGA-Q-OB	1:25.67																																																																																																																																							
24 Parr, Riley C	12	KNYA-ED	1:26.74																																																																																																																																							
25 Spies, Judah J	12	FISH-ED	1:26.98																																																																																																																																							
26 Kriel, Ewan	12	QSSC-CP	1:27.29																																																																																																																																							
27 Worley, Owen L	12	HARL-BU	1:30.77																																																																																																																																							
28 Meets, Daniel	12	ASAC-CP	1:30.84																																																																																																																																							
29 Van Dyk, Adriaan J	12	ASAC-CP	1:32.04																																																																																																																																							
30 Fourie, Benjamin L	12	BLMA-CP	1:34.86																																																																																																																																							
31 Tshabalala, Jodie J	12	BLMA-CP	1:37.55																																																																																																																																							
#306 Women 16 50 Meter Breast 2016SA Age G: 32.39 # 2015 Kaylene Corbett at Fi <table border="1"> <thead> <tr> <th>Name</th> <th>Age</th> <th>Team</th> <th>Finals Time</th> </tr> </thead> <tbody> <tr> <td colspan="4">Finals</td> </tr> <tr> <td>1 Adams, Sydney M</td> <td>16</td> <td>VINE-CP</td> <td>38.83</td> </tr> <tr> <td>2 Albino, Nemzi L</td> <td>16</td> <td>SAAW-CP</td> <td>38.91</td> </tr> <tr> <td>3 Rossouw, Cara</td> <td>16</td> <td>TYGE-CP</td> <td>39.25</td> </tr> <tr> <td>4 Barnard, Adelmari D</td> <td>16</td> <td>ESA-CE</td> <td>39.81</td> </tr> <tr> <td>5 Mauer, Kayden</td> <td>16</td> <td>USC-BU</td> <td>42.51</td> </tr> </tbody> </table>	Name	Age	Team	Finals Time	Finals				1 Adams, Sydney M	16	VINE-CP	38.83	2 Albino, Nemzi L	16	SAAW-CP	38.91	3 Rossouw, Cara	16	TYGE-CP	39.25	4 Barnard, Adelmari D	16	ESA-CE	39.81	5 Mauer, Kayden	16	USC-BU	42.51	#309 Boys 11&U 100 Meter Back <table border="1"> <thead> <tr> <th>Name</th> <th>Age</th> <th>Team</th> <th>Prelim Time</th> </tr> </thead> <tbody> <tr> <td colspan="4">Preliminaries</td> </tr> <tr> <td>1 Edwards, Bryce</td> <td>11</td> <td>CTO-CP</td> <td>1:21.26</td> </tr> <tr> <td>2 Schutte, Ethan</td> <td>11</td> <td>QSSC-CP</td> <td>1:21.79</td> </tr> <tr> <td>3 Pieterse, Adriaan</td> <td>11</td> <td>PEAS-NM</td> <td>1:22.28</td> </tr> <tr> <td>4 Horn, Ben</td> <td>11</td> <td>XCEL-CP</td> <td>1:22.33</td> </tr> <tr> <td>5 Kruger, Declan</td> <td>11</td> <td>BLMA-CP</td> <td>1:22.87</td> </tr> <tr> <td>6 Naude, Niel P</td> <td>11</td> <td>AGA-Q-OB</td> <td>1:23.67</td> </tr> <tr> <td>7 Van der Merwe, Ulric</td> <td>11</td> <td>TYGE-CP</td> <td>1:25.07</td> </tr> <tr> <td>8 Schäffler, James</td> <td>11</td> <td>ROA-ED</td> <td>1:25.17</td> </tr> <tr> <td>9 Beukes, Ryan M</td> <td>11</td> <td>SAAW-CP</td> <td>1:28.43</td> </tr> <tr> <td>10 Eksteen, Pisces M</td> <td>11</td> <td>XCEL-CP</td> <td>1:28.59</td> </tr> </tbody> </table>	Name	Age	Team	Prelim Time	Preliminaries				1 Edwards, Bryce	11	CTO-CP	1:21.26	2 Schutte, Ethan	11	QSSC-CP	1:21.79	3 Pieterse, Adriaan	11	PEAS-NM	1:22.28	4 Horn, Ben	11	XCEL-CP	1:22.33	5 Kruger, Declan	11	BLMA-CP	1:22.87	6 Naude, Niel P	11	AGA-Q-OB	1:23.67	7 Van der Merwe, Ulric	11	TYGE-CP	1:25.07	8 Schäffler, James	11	ROA-ED	1:25.17	9 Beukes, Ryan M	11	SAAW-CP	1:28.43	10 Eksteen, Pisces M	11	XCEL-CP	1:28.59	#309 Boys 13 100 Meter Back 2016SA Age G: 1:01.51 # 2015 Luan E. Grobbelaar at <table border="1"> <thead> <tr> <th>Name</th> <th>Age</th> <th>Team</th> <th>Finals Time</th> </tr> </thead> <tbody> <tr> <td colspan="4">Finals</td> </tr> <tr> <td>1 King, Aidan J</td> <td>13</td> <td>CASC-CP</td> <td>1:13.39</td> </tr> <tr> <td>2 Van der Merwe, Luan J</td> <td>13</td> <td>UWCA-CP</td> <td>1:14.09</td> </tr> <tr> <td>3 Lubbe, Mikael B</td> <td>13</td> <td>ASAC-CP</td> <td>1:15.39</td> </tr> <tr> <td>4 Petzer, Jayden S</td> <td>13</td> <td>USC-BU</td> <td>1:16.21</td> </tr> <tr> <td>5 Lee, Daniel</td> <td>13</td> <td>TYGE-CP</td> <td>1:16.24</td> </tr> <tr> <td>6 Newham, Christopher J</td> <td>13</td> <td>TYGE-CP</td> <td>1:17.32</td> </tr> <tr> <td>7 Odendaal, Riko</td> <td>13</td> <td>CASC-CP</td> <td>1:17.49</td> </tr> <tr> <td>8 Lombard, Quan R</td> <td>13</td> <td>ASAC-CP</td> <td>1:18.79</td> </tr> </tbody> </table>	Name	Age	Team	Finals Time	Finals				1 King, Aidan J	13	CASC-CP	1:13.39	2 Van der Merwe, Luan J	13	UWCA-CP	1:14.09	3 Lubbe, Mikael B	13	ASAC-CP	1:15.39	4 Petzer, Jayden S	13	USC-BU	1:16.21	5 Lee, Daniel	13	TYGE-CP	1:16.24	6 Newham, Christopher J	13	TYGE-CP	1:17.32	7 Odendaal, Riko	13	CASC-CP	1:17.49	8 Lombard, Quan R	13	ASAC-CP	1:18.79																				
Name	Age	Team	Finals Time																																																																																																																																							
Finals																																																																																																																																										
1 Adams, Sydney M	16	VINE-CP	38.83																																																																																																																																							
2 Albino, Nemzi L	16	SAAW-CP	38.91																																																																																																																																							
3 Rossouw, Cara	16	TYGE-CP	39.25																																																																																																																																							
4 Barnard, Adelmari D	16	ESA-CE	39.81																																																																																																																																							
5 Mauer, Kayden	16	USC-BU	42.51																																																																																																																																							
Name	Age	Team	Prelim Time																																																																																																																																							
Preliminaries																																																																																																																																										
1 Edwards, Bryce	11	CTO-CP	1:21.26																																																																																																																																							
2 Schutte, Ethan	11	QSSC-CP	1:21.79																																																																																																																																							
3 Pieterse, Adriaan	11	PEAS-NM	1:22.28																																																																																																																																							
4 Horn, Ben	11	XCEL-CP	1:22.33																																																																																																																																							
5 Kruger, Declan	11	BLMA-CP	1:22.87																																																																																																																																							
6 Naude, Niel P	11	AGA-Q-OB	1:23.67																																																																																																																																							
7 Van der Merwe, Ulric	11	TYGE-CP	1:25.07																																																																																																																																							
8 Schäffler, James	11	ROA-ED	1:25.17																																																																																																																																							
9 Beukes, Ryan M	11	SAAW-CP	1:28.43																																																																																																																																							
10 Eksteen, Pisces M	11	XCEL-CP	1:28.59																																																																																																																																							
Name	Age	Team	Finals Time																																																																																																																																							
Finals																																																																																																																																										
1 King, Aidan J	13	CASC-CP	1:13.39																																																																																																																																							
2 Van der Merwe, Luan J	13	UWCA-CP	1:14.09																																																																																																																																							
3 Lubbe, Mikael B	13	ASAC-CP	1:15.39																																																																																																																																							
4 Petzer, Jayden S	13	USC-BU	1:16.21																																																																																																																																							
5 Lee, Daniel	13	TYGE-CP	1:16.24																																																																																																																																							
6 Newham, Christopher J	13	TYGE-CP	1:17.32																																																																																																																																							
7 Odendaal, Riko	13	CASC-CP	1:17.49																																																																																																																																							
8 Lombard, Quan R	13	ASAC-CP	1:18.79																																																																																																																																							
#306 Women 16 50 Meter Breast 2016SA Age G: 32.39 # 2015 Kaylene Corbett at Fi <table border="1"> <thead> <tr> <th>Name</th> <th>Age</th> <th>Team</th> <th>Prelim Time</th> </tr> </thead> <tbody> <tr> <td colspan="4">Preliminaries</td> </tr> <tr> <td>1 Albino, Nemzi L</td> <td>16</td> <td>SAAW-CP</td> <td>38.07</td> </tr> <tr> <td>2 Adams, Sydney M</td> <td>16</td> <td>VINE-CP</td> <td>38.23</td> </tr> <tr> <td>3 Rossouw, Cara</td> <td>16</td> <td>TYGE-CP</td> <td>39.79</td> </tr> <tr> <td>4 Barnard, Adelmari D</td> <td>16</td> <td>ESA-CE</td> <td>40.74</td> </tr> <tr> <td>5 Mauer, Kayden</td> <td>16</td> <td>USC-BU</td> <td>42.18</td> </tr> </tbody> </table>	Name	Age	Team	Prelim Time	Preliminaries				1 Albino, Nemzi L	16	SAAW-CP	38.07	2 Adams, Sydney M	16	VINE-CP	38.23	3 Rossouw, Cara	16	TYGE-CP	39.79	4 Barnard, Adelmari D	16	ESA-CE	40.74	5 Mauer, Kayden	16	USC-BU	42.18	#309 Boys 12 100 Meter Back 2016SA Age G: 1:03.18 # 2015 Luan E. Grobbelaar at <table border="1"> <thead> <tr> <th>Name</th> <th>Age</th> <th>Team</th> <th>Finals Time</th> </tr> </thead> <tbody> <tr> <td colspan="4">Finals</td> </tr> <tr> <td>1 Schabort, Lowen</td> <td>12</td> <td>ESA-CE</td> <td>1:14.40</td> </tr> <tr> <td>2 Harder, Callum R</td> <td>12</td> <td>VINE-CP</td> <td>1:15.53</td> </tr> <tr> <td>3 Rossouw, Marais</td> <td>12</td> <td>QSSC-CP</td> <td>1:15.95</td> </tr> <tr> <td>4 Bradfield, Joel-Luke</td> <td>12</td> <td>INFA-NM</td> <td>1:18.44</td> </tr> <tr> <td>5 Van der Merwe, Logan</td> <td>12</td> <td>TYGE-CP</td> <td>1:19.55</td> </tr> <tr> <td>6 Clark, Alexander L</td> <td>12</td> <td>UWCA-CP</td> <td>1:19.72</td> </tr> <tr> <td>7 Sebastian, Alexander</td> <td>12</td> <td>MANT-CP</td> <td>1:20.66</td> </tr> <tr> <td>8 Du Plessis, Caleb</td> <td>12</td> <td>FSE-KC</td> <td>1:21.26</td> </tr> </tbody> </table>	Name	Age	Team	Finals Time	Finals				1 Schabort, Lowen	12	ESA-CE	1:14.40	2 Harder, Callum R	12	VINE-CP	1:15.53	3 Rossouw, Marais	12	QSSC-CP	1:15.95	4 Bradfield, Joel-Luke	12	INFA-NM	1:18.44	5 Van der Merwe, Logan	12	TYGE-CP	1:19.55	6 Clark, Alexander L	12	UWCA-CP	1:19.72	7 Sebastian, Alexander	12	MANT-CP	1:20.66	8 Du Plessis, Caleb	12	FSE-KC	1:21.26	<table border="1"> <tbody> <tr> <td>24 Parr, Riley C</td> <td>12</td> <td>KNYA-ED</td> <td>1:26.74</td> </tr> <tr> <td>25 Spies, Judah J</td> <td>12</td> <td>FISH-ED</td> <td>1:26.98</td> </tr> <tr> <td>26 Kriel, Ewan</td> <td>12</td> <td>QSSC-CP</td> <td>1:27.29</td> </tr> <tr> <td>27 Worley, Owen L</td> <td>12</td> <td>HARL-BU</td> <td>1:30.77</td> </tr> <tr> <td>28 Meets, Daniel</td> <td>12</td> <td>ASAC-CP</td> <td>1:30.84</td> </tr> <tr> <td>29 Van Dyk, Adriaan J</td> <td>12</td> <td>ASAC-CP</td> <td>1:32.04</td> </tr> <tr> <td>30 Fourie, Benjamin L</td> <td>12</td> <td>BLMA-CP</td> <td>1:34.86</td> </tr> <tr> <td>31 Tshabalala, Jodie J</td> <td>12</td> <td>BLMA-CP</td> <td>1:37.55</td> </tr> </tbody> </table>	24 Parr, Riley C	12	KNYA-ED	1:26.74	25 Spies, Judah J	12	FISH-ED	1:26.98	26 Kriel, Ewan	12	QSSC-CP	1:27.29	27 Worley, Owen L	12	HARL-BU	1:30.77	28 Meets, Daniel	12	ASAC-CP	1:30.84	29 Van Dyk, Adriaan J	12	ASAC-CP	1:32.04	30 Fourie, Benjamin L	12	BLMA-CP	1:34.86	31 Tshabalala, Jodie J	12	BLMA-CP	1:37.55																																				
Name	Age	Team	Prelim Time																																																																																																																																							
Preliminaries																																																																																																																																										
1 Albino, Nemzi L	16	SAAW-CP	38.07																																																																																																																																							
2 Adams, Sydney M	16	VINE-CP	38.23																																																																																																																																							
3 Rossouw, Cara	16	TYGE-CP	39.79																																																																																																																																							
4 Barnard, Adelmari D	16	ESA-CE	40.74																																																																																																																																							
5 Mauer, Kayden	16	USC-BU	42.18																																																																																																																																							
Name	Age	Team	Finals Time																																																																																																																																							
Finals																																																																																																																																										
1 Schabort, Lowen	12	ESA-CE	1:14.40																																																																																																																																							
2 Harder, Callum R	12	VINE-CP	1:15.53																																																																																																																																							
3 Rossouw, Marais	12	QSSC-CP	1:15.95																																																																																																																																							
4 Bradfield, Joel-Luke	12	INFA-NM	1:18.44																																																																																																																																							
5 Van der Merwe, Logan	12	TYGE-CP	1:19.55																																																																																																																																							
6 Clark, Alexander L	12	UWCA-CP	1:19.72																																																																																																																																							
7 Sebastian, Alexander	12	MANT-CP	1:20.66																																																																																																																																							
8 Du Plessis, Caleb	12	FSE-KC	1:21.26																																																																																																																																							
24 Parr, Riley C	12	KNYA-ED	1:26.74																																																																																																																																							
25 Spies, Judah J	12	FISH-ED	1:26.98																																																																																																																																							
26 Kriel, Ewan	12	QSSC-CP	1:27.29																																																																																																																																							
27 Worley, Owen L	12	HARL-BU	1:30.77																																																																																																																																							
28 Meets, Daniel	12	ASAC-CP	1:30.84																																																																																																																																							
29 Van Dyk, Adriaan J	12	ASAC-CP	1:32.04																																																																																																																																							
30 Fourie, Benjamin L	12	BLMA-CP	1:34.86																																																																																																																																							
31 Tshabalala, Jodie J	12	BLMA-CP	1:37.55																																																																																																																																							
#307 Boys 14&U 50 Meter Breast Multi-Class Multi <table border="1"> <thead> <tr> <th>Name</th> <th>Age</th> <th>Team</th> <th>Finals Time</th> </tr> </thead> <tbody> <tr> <td colspan="4">Finals</td> </tr> <tr> <td>1 Brown, Magmoed SB14</td> <td>13</td> <td>VINE-CP</td> <td>50.33</td> </tr> </tbody> </table>	Name	Age	Team	Finals Time	Finals				1 Brown, Magmoed SB14	13	VINE-CP	50.33	<table border="1"> <tbody> <tr> <td>11 Janse van Rensburg, Wil</td> <td>11</td> <td>CASC-CP</td> <td>1:28.88</td> </tr> <tr> <td>12 Malherbe, Roz R</td> <td>11</td> <td>BRAVE-CE</td> <td>1:29.89</td> </tr> <tr> <td>13 Poultney, Daniel</td> <td>10</td> <td>CASC-CP</td> <td>1:30.04</td> </tr> <tr> <td>14 Bouffé, Hunter K</td> <td>11</td> <td>KNYA-ED</td> <td>1:30.08</td> </tr> <tr> <td>15 Janse van Rensburg, Hu</td> <td>10</td> <td>CASC-CP</td> <td>1:30.33</td> </tr> <tr> <td>16 Van der Veen, Aiden L</td> <td>11</td> <td>PEAS-NM</td> <td>1:30.81</td> </tr> <tr> <td>17 Basson, Zaryd D</td> <td>11</td> <td>PEAS-NM</td> <td>1:32.57</td> </tr> <tr> <td>18 Henning, Christiaan P</td> <td>11</td> <td>LALE-CE</td> <td>1:40.50</td> </tr> </tbody> </table>	11 Janse van Rensburg, Wil	11	CASC-CP	1:28.88	12 Malherbe, Roz R	11	BRAVE-CE	1:29.89	13 Poultney, Daniel	10	CASC-CP	1:30.04	14 Bouffé, Hunter K	11	KNYA-ED	1:30.08	15 Janse van Rensburg, Hu	10	CASC-CP	1:30.33	16 Van der Veen, Aiden L	11	PEAS-NM	1:30.81	17 Basson, Zaryd D	11	PEAS-NM	1:32.57	18 Henning, Christiaan P	11	LALE-CE	1:40.50	#309 Boys 13 100 Meter Back 2016SA Age G: 1:01.51 # 2015 Luan E. Grobbelaar at <table border="1"> <thead> <tr> <th>Name</th> <th>Age</th> <th>Team</th> <th>Prelim Time</th> </tr> </thead> <tbody> <tr> <td colspan="4">Preliminaries</td> </tr> <tr> <td>1 Van der Merwe, Luan J</td> <td>13</td> <td>UWCA-CP</td> <td>1:14.40</td> </tr> <tr> <td>2 King, Aidan J</td> <td>13</td> <td>CASC-CP</td> <td>1:14.90</td> </tr> <tr> <td>3 Lubbe, Mikael B</td> <td>13</td> <td>ASAC-CP</td> <td>1:15.66</td> </tr> <tr> <td>4 Lombard, Quan R</td> <td>13</td> <td>ASAC-CP</td> <td>1:16.66</td> </tr> <tr> <td>5 Petzer, Jayden S</td> <td>13</td> <td>USC-BU</td> <td>1:17.03</td> </tr> <tr> <td>6 Odendaal, Riko</td> <td>13</td> <td>CASC-CP</td> <td>1:17.60</td> </tr> <tr> <td>7 Newham, Christopher J</td> <td>13</td> <td>TYGE-CP</td> <td>1:17.90</td> </tr> <tr> <td>8 Lee, Daniel</td> <td>13</td> <td>TYGE-CP</td> <td>1:18.45</td> </tr> <tr> <td>9 Wilson, Kaleb</td> <td>13</td> <td>ASAC-CP</td> <td>1:19.54</td> </tr> </tbody> </table>	Name	Age	Team	Prelim Time	Preliminaries				1 Van der Merwe, Luan J	13	UWCA-CP	1:14.40	2 King, Aidan J	13	CASC-CP	1:14.90	3 Lubbe, Mikael B	13	ASAC-CP	1:15.66	4 Lombard, Quan R	13	ASAC-CP	1:16.66	5 Petzer, Jayden S	13	USC-BU	1:17.03	6 Odendaal, Riko	13	CASC-CP	1:17.60	7 Newham, Christopher J	13	TYGE-CP	1:17.90	8 Lee, Daniel	13	TYGE-CP	1:18.45	9 Wilson, Kaleb	13	ASAC-CP	1:19.54																																																
Name	Age	Team	Finals Time																																																																																																																																							
Finals																																																																																																																																										
1 Brown, Magmoed SB14	13	VINE-CP	50.33																																																																																																																																							
11 Janse van Rensburg, Wil	11	CASC-CP	1:28.88																																																																																																																																							
12 Malherbe, Roz R	11	BRAVE-CE	1:29.89																																																																																																																																							
13 Poultney, Daniel	10	CASC-CP	1:30.04																																																																																																																																							
14 Bouffé, Hunter K	11	KNYA-ED	1:30.08																																																																																																																																							
15 Janse van Rensburg, Hu	10	CASC-CP	1:30.33																																																																																																																																							
16 Van der Veen, Aiden L	11	PEAS-NM	1:30.81																																																																																																																																							
17 Basson, Zaryd D	11	PEAS-NM	1:32.57																																																																																																																																							
18 Henning, Christiaan P	11	LALE-CE	1:40.50																																																																																																																																							
Name	Age	Team	Prelim Time																																																																																																																																							
Preliminaries																																																																																																																																										
1 Van der Merwe, Luan J	13	UWCA-CP	1:14.40																																																																																																																																							
2 King, Aidan J	13	CASC-CP	1:14.90																																																																																																																																							
3 Lubbe, Mikael B	13	ASAC-CP	1:15.66																																																																																																																																							
4 Lombard, Quan R	13	ASAC-CP	1:16.66																																																																																																																																							
5 Petzer, Jayden S	13	USC-BU	1:17.03																																																																																																																																							
6 Odendaal, Riko	13	CASC-CP	1:17.60																																																																																																																																							
7 Newham, Christopher J	13	TYGE-CP	1:17.90																																																																																																																																							
8 Lee, Daniel	13	TYGE-CP	1:18.45																																																																																																																																							
9 Wilson, Kaleb	13	ASAC-CP	1:19.54																																																																																																																																							

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

Preliminaries ... (#309 Boys 13 100 Meter Back)											
10 Spangenberg, Zach A	13	XCEL-CP	1:20.92	2 Coetzee, Sion M	15	QSSC-CP	1:07.16	15 Groenewald, Nina H	11	CASC-CP	1:31.60
11 Theunissen, Jude E	13	BEST-NM	1:21.03	3 Grobler, Chris I	15	CASC-CP	1:08.35	16 Harvett, Logan L	11	STAQ-CE	1:32.19
12 Arnold, Samuel D	13	HARL-BU	1:21.77	4 Lewis, Callum R	15	CASC-CP	1:08.82	17 Swanepoel, Emma	11	CLA-WC	1:32.21
13 Wustefeld-Janssens, Har	13	STAQ-CE	1:22.75	5 Wright, Jonah S	15	TYGE-CP	1:09.43	18 Thyse, Morgan K	11	USC-BU	1:32.89
14 Smith, Zian	13	CLA-WC	1:25.28	6 Lichthart, Nicus	15	QSSC-CP	1:09.68	19 McMaster, Rachael A	11	HARL-BU	1:33.15
15 Vlegaar, Daniel	13	TYGE-CP	1:28.98	7 Hough, Caleb	15	CLA-WC	1:11.31	20 De Jager, Isabella	11	BRAVE-CE	1:35.38
				8 Ganger, Zeke D	15	MARL-CP	1:12.21	21 Saul, Astrid P	11	BLMA-CP	1:39.44
				9 Vorster, Bastian S	15	FISH-ED	1:12.75				
				10 Prince, Caleb T	15	BEST-NM	1:16.37				
#309 Boys 14 100 Meter Back				#309 Men 16 100 Meter Back				#310 Girls 12 100 Meter Back			
2016SA Age G: 59.21 # 2013 ZANE WADDELL at SA				2016SA Age G: 56.67 # 2010 Murray McDougall-Yo				2016SA Age G: 1:06.09 # 2011 Nathania Van Niekerk			
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time	Name	Age	Team	Finals Time
Finals				Finals				Finals			
1 Van Daalen, Lohan	14	HARL-BU	1:09.09	1 Alvim, João M	16	CBM	1:09.77	1 Davis-Taylor, Bela S	12	INFA-NM	1:18.61
2 Parr, Colbyn S	14	KNYA-ED	1:10.41	2 van Wyk, Tariq K	16	CASC-CP	1:11.38	2 Nchumali, Kwicia	12	CBM	1:19.06
3 VerLoren Van Themaat,	14	LALE-CE	1:11.51	3 Cleophas, Kyle	16	PAQU-CE	1:11.83	3 Beyers, Lize M	12	AGAQ-OB	1:19.27
4 Heunis, Le Roux	14	TYGE-CP	1:11.94	4 Oosthuizen, Ethan	16	PLAY-CE	1:12.26	4 Hengst, Emily A	12	CASC-CP	1:19.96
5 Jooste, Ben D	14	CUHE-OB	1:12.59	5 Brits, AJ J	16	MATL-KK	1:12.63	5 Douglas, Keyla	12	ROA-ED	1:21.29
6 February, Dillon S	14	CASC-CP	1:13.11	6 Fortune, Yaseen	16	MANT-CP	1:14.81	6 Dart, Mackenzi J	12	USC-BU	1:21.57
7 Gallie, Abdul-Aziz	14	MANT-CP	1:13.47	7 Armist, Caleb	16	HARL-BU	1:17.22	7 Van Jaarsveld, Bianca I	12	TYGE-CP	1:22.24
8 Ramorwesi, Oratilwe M	14	SAAW-CP	1:14.33					8 Sprong, Jaime M	12	ASAC-CP	1:22.86
#309 Boys 14 100 Meter Back				#309 Men 16 100 Meter Back				#310 Girls 12 100 Meter Back			
2016SA Age G: 59.21 # 2013 ZANE WADDELL at SA				2016SA Age G: 56.67 # 2010 Murray McDougall-Yo				2016SA Age G: 1:06.09 # 2011 Nathania Van Niekerk			
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time
Preliminaries				Preliminaries				Preliminaries			
1 Parr, Colbyn S	14	KNYA-ED	1:07.97	1 Alvim, João M	16	CBM	1:10.20	1 Davis-Taylor, Bela S	12	INFA-NM	1:19.36
2 Van Daalen, Lohan	14	HARL-BU	1:09.23	2 Oosthuizen, Ethan	16	PLAY-CE	1:12.72	2 Nchumali, Kwicia	12	CBM	1:20.08
3 VerLoren Van Themaat,	14	LALE-CE	1:11.33	3 Fortune, Yaseen	16	MANT-CP	1:12.94	3 Hengst, Emily A	12	CASC-CP	1:20.43
4 Heunis, Le Roux	14	TYGE-CP	1:12.40	4 Cleophas, Kyle	16	PAQU-CE	1:13.15	4 Douglas, Keyla	12	ROA-ED	1:20.99
5 February, Dillon S	14	CASC-CP	1:12.78	5 van Wyk, Tariq K	16	CASC-CP	1:13.33	5 Dart, Mackenzi J	12	USC-BU	1:21.04
6 Jooste, Ben D	14	CUHE-OB	1:13.42	6 Brits, AJ J	16	MATL-KK	1:16.38	6 Beyers, Lize M	12	AGAQ-OB	1:21.10
7 Gallie, Abdul-Aziz	14	MANT-CP	1:13.44	7 Armist, Caleb	16	HARL-BU	1:18.22	7 Van Jaarsveld, Bianca I	12	TYGE-CP	1:22.61
8 Ramorwesi, Oratilwe M	14	SAAW-CP	1:14.85					8 Sprong, Jaime M	12	ASAC-CP	1:24.48
9 Hucke, Tegan	14	CTO-CP	1:15.43	#310 Girls 11&U 100 Meter Back				9 Engelbrecht, Zia-Bella L	12	HTSA-CP	1:25.05
10 Troskie, Roean	14	QSSC-CP	1:15.62	Finals				10 Greyvenstein, Hayley	12	USC-BU	1:25.35
11 Spies, Pierre J	14	FISH-ED	1:16.22	1 Scheffer, Shaylee C	11	UWCA-CP	1:20.61	11 Smit, Dione	12	CASC-CP	1:26.19
12 Shipton, Christopher J	14	QSSC-CP	1:17.78	2 Van Onselen, Annabelle	11	TYGE-CP	1:22.47	12 Thompson, Taya R	12	CTO-CP	1:26.71
13 De Jager, Eben	14	BRAVE-CE	1:18.24	3 Meiring, Scarlett J	11	INFA-NM	1:23.12	13 Sebastian, Catherine	12	MANT-CP	1:26.95
14 Lammaing, Jack	14	CLA-WC	1:18.38	4 Thompson, Mia M	11	BEST-NM	1:23.91	14 Vermeulen, Jaime-Lynn	12	HARL-BU	1:27.30
15 Pitout, Zachary J	14	ASAC-CP	1:21.72	5 Richards, Emma E	11	SAAW-CP	1:24.15	15 Mahlangu, Ndalo	12	BLMA-CP	1:27.95
16 Earle, Zack C	14	FISH-ED	1:23.53	6 Schenck, Maya K	11	TYGE-CP	1:25.10	16 Ras, Annabelle	12	CASC-CP	1:28.64
17 Fortune, Hakeem	14	MANT-CP	1:23.74	7 Glass, Gabi	11	SAAW-CP	1:25.35	17 Burden, Leila A	12	CASC-CP	1:29.54
18 Smith, Jacobus J	14	FISH-ED	1:27.25	8 Van Rooyen, Maggie L	11	PEAS-NM	1:26.84	18 Arendse, Emma	12	MANT-CP	1:30.89
#309 Men 15 100 Meter Back				#310 Girls 11&U 100 Meter Back				#310 Girls 12 100 Meter Back			
2016SA Age G: 57.83 # 2005 Garth V Tune at RSA 1				2016SA Age G: 56.67 # 2010 Murray McDougall-Yo				2016SA Age G: 1:06.09 # 2011 Nathania Van Niekerk			
Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time
Finals				Preliminaries				Preliminaries			
1 Wessels, Tiaan	15	USC-BU	1:05.84	1 Scheffer, Shaylee C	11	UWCA-CP	1:19.77	1 Davis-Taylor, Bela S	12	INFA-NM	1:19.36
2 Coetzee, Sion M	15	QSSC-CP	1:06.08	2 Meiring, Scarlett J	11	INFA-NM	1:22.73	2 Nchumali, Kwicia	12	CBM	1:20.08
3 Grobler, Chris I	15	CASC-CP	1:08.24	3 Van Onselen, Annabelle	11	TYGE-CP	1:24.00	3 Hengst, Emily A	12	CASC-CP	1:20.43
4 Lewis, Callum R	15	CASC-CP	1:08.76	4 Thompson, Mia M	11	BEST-NM	1:24.03	4 Douglas, Keyla	12	ROA-ED	1:20.99
5 Lichthart, Nicus	15	QSSC-CP	1:10.08	5 Richards, Emma E	11	SAAW-CP	1:24.43	5 Dart, Mackenzi J	12	USC-BU	1:21.04
6 Hough, Caleb	15	CLA-WC	1:12.34	6 Schenck, Maya K	11	TYGE-CP	1:24.55	6 Beyers, Lize M	12	AGAQ-OB	1:21.10
7 Ganger, Zeke D	15	MARL-CP	1:13.71	7 Glass, Gabi	11	SAAW-CP	1:25.04	7 Van Jaarsveld, Bianca I	12	TYGE-CP	1:22.61
8 Vorster, Bastian S	15	FISH-ED	1:13.96	8 Van Rooyen, Maggie L	11	PEAS-NM	1:25.45	8 Sprong, Jaime M	12	ASAC-CP	1:24.48
				9 Victor, Amy-Mae	11	PEAS-NM	1:25.89	9 Engelbrecht, Zia-Bella L	12	HTSA-CP	1:25.05
#309 Men 15 100 Meter Back				10 Croft, Danni	11	KNYA-ED	1:26.43	10 Greyvenstein, Hayley	12	USC-BU	1:25.35
2016SA Age G: 57.83 # 2005 Garth V Tune at RSA 1				11 Louw, Milea	11	TYGE-CP	1:27.94	11 Smit, Dione	12	CASC-CP	1:26.19
Name	Age	Team	Prelim Time	12 Swanepoel, Anja E	11	CLA-WC	1:29.79	12 Thompson, Taya R	12	CTO-CP	1:26.71
Preliminaries				13 De Lange, Niah	11	CASC-CP	1:29.97	13 Sebastian, Catherine	12	MANT-CP	1:26.95
1 Wessels, Tiaan	15	USC-BU	1:06.06	14 Sadi, Chrisela F	11	SAAW-CP	1:31.58	14 Vermeulen, Jaime-Lynn	12	HARL-BU	1:27.30
								15 Mahlangu, Ndalo	12	BLMA-CP	1:27.95
								16 Ras, Annabelle	12	CASC-CP	1:28.64
								17 Burden, Leila A	12	CASC-CP	1:29.54
								18 Arendse, Emma	12	MANT-CP	1:30.89
								19 DU Plessis, Lheané	12	FISH-ED	1:32.01
								20 Stearn, Hannah	12	INFA-NM	1:32.27
								21 Berry, Olivia D	12	BEST-NM	1:32.75
								22 Stevens, Ava	12	USC-BU	1:39.11
								#310 Girls 13 100 Meter Back			
								2016SA Age G: 1:03.28 # 2013 Nathania Van Niekerk			
Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time	Name	Age	Team	Finals Time
Finals				Finals				Finals			
1 Pearson-Adams, Oshun	13	SAAW-CP	1:14.44	1 Pearson-Adams, Oshun	13	SAAW-CP	1:14.44	1 Pearson-Adams, Oshun	13	SAAW-CP	1:14.44
2 Roth, Elle	13	PEAS-NM	1:15.57	2 Roth, Elle	13	PEAS-NM	1:15.57	2 Roth, Elle	13	PEAS-NM	1:15.57
3 Wilson, Samantha	13	INFA-NM	1:17.17	3 Wilson, Samantha	13	INFA-NM	1:17.17	3 Wilson, Samantha	13	INFA-NM	1:17.17
4 Haldane, Bella	13	FISH-ED	1:17.51	4 Haldane, Bella	13	FISH-ED	1:17.51	4 Haldane, Bella	13	FISH-ED	1:17.51
5 Koegelenberg, Emily	13	XCEL-CP	1:18.86	5 Koegelenberg, Emily	13	XCEL-CP	1:18.86	5 Koegelenberg, Emily	13	XCEL-CP	1:18.86
6 Stevenson, Mikayla	13	QSSC-CP	1:18.87	6 Stevenson, Mikayla	13	QSSC-CP	1:18.87	6 Stevenson, Mikayla	13	QSSC-CP	1:18.87
7 Barthus, Alessia	13	MANT-CP	1:19.61	7 Barthus, Alessia	13	MANT-CP	1:19.61	7 Barthus, Alessia	13	MANT-CP	1:19.61
8 Nel, Olivia	13	CLA-WC	1:19.72	8 Nel, Olivia	13	CLA-WC	1:19.72	8 Nel, Olivia	13	CLA-WC	1:19.72

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

#310 Girls 13 100 Meter Back				#310 Women 15 100 Meter Back				#312 Women 15-99 100 Meter Back Multi-Class Mu			
2016SA Age G: 1:03.28 # 2013 Nathania Van Niekerk				2016SA Age G: 1:01.86 # 2015 Mariella G. Venter Am				Name Age Team Finals Time			
Name	Age	Team	Prelim Time	Name	Age	Team	Finals Time	Name	Age	Team	Finals Time
Preliminaries				Finals				Finals			
1 Pearson-Adams, Oshun	13	SAAW-CP	1:14.06	1 Cronjé, Miané	15	FISH-ED	1:14.34	1 Endres, Josephine S15	15	VINE-CP	1:29.76
2 Roth, Elle	13	PEAS-NM	1:14.70	2 Engelbrecht, Giselle K	15	HTSA-CP	1:17.32	#312 Women 15-99 100 Meter Back Multi-Class Mu			
3 Wilson, Samantha	13	INFA-NM	1:16.90	3 Robinson, Alana	15	SAAW-CP	1:19.24	Name	Age	Team	Prelim Time
4 Haldane, Bella	13	FISH-ED	1:17.73	4 Groves, Philippa R	15	SSISA-CP	1:21.13	Preliminaries			
5 Stevenson, Mikayla	13	QSSC-CP	1:20.02	5 Kröger, Sammy	15	ESA-CE	1:23.23	1 Endres, Josephine S15	15	VINE-CP	1:29.25
6 Barthus, Alessia	13	MANT-CP	1:20.15	6 Abrahams, Amaani	15	MARL-CP	1:25.39	#313 Boys 11&U 200 Meter IM			
7 Koegelenberg, Emily	13	XCEL-CP	1:20.28	#310 Women 15 100 Meter Back				Name	Age	Team	Finals Time
8 Nel, Olivia	13	CLA-WC	1:20.98	2016SA Age G: 1:01.86 # 2015 Mariella G. Venter Am				Finals			
9 Terwin, Brooklyn	13	USC-BU	1:21.12	Name	Age	Team	Prelim Time	1 Claassen, Cayden D	10	PEAS-NM	2:49.48
10 Kretzmann, Sophie F	13	USC-BU	1:21.36	Preliminaries				2 Mare, Ilan	11	CASC-CP	2:49.64
11 Tembo, Noku L	13	KNYA-ED	1:21.59	1 Cronjé, Miané	15	FISH-ED	1:14.31	3 Kruger, Declan	11	BLMA-CP	2:50.87
12 Klopper, Lene	13	QSSC-CP	1:21.93	2 Engelbrecht, Giselle K	15	HTSA-CP	1:18.69	4 Fischer, Blake D	11	INFA-NM	2:54.61
13 McGluwa, Jovanah N	13	CASC-CP	1:22.20	3 Robinson, Alana	15	SAAW-CP	1:19.56	5 Schäffler, James	11	ROA-ED	2:55.98
14 Barenblatt, Sienna G	13	STAQ-CE	1:22.63	4 Groves, Philippa R	15	SSISA-CP	1:20.54	6 Pieterse, Adriaan	11	PEAS-NM	2:56.04
15 Matthee, Zarah	13	UWCA-CP	1:22.74	5 O'Carroll, Nia E	15	STAQ-CE	1:22.47	7 Van der Veen, Aiden L	11	PEAS-NM	2:57.04
16 De Smidt, Emma J	13	AQDO-CP	1:23.67	6 Kröger, Sammy	15	ESA-CE	1:22.64	8 Van der Merwe, Ulric	11	TYGE-CP	2:58.83
17 Lilley, Kenna	13	TYGE-CP	1:23.72	7 Abrahams, Amaani	15	MARL-CP	1:24.13	#313 Boys 11&U 200 Meter IM			
18 Jordaan, Mikayla E	13	CASC-CP	1:24.61	#310 Women 16 100 Meter Back				Name	Age	Team	Prelim Time
19 Lloyd, Jemma A	13	VINE-CP	1:24.73	2016SA Age G: 1:02.13 # 2016 Mariella G Venter-Gra				Preliminaries			
20 Jantjies, Zara	13	MANT-CP	1:25.55	Name	Age	Team	Finals Time	1 Claassen, Cayden D	10	PEAS-NM	2:53.68
21 Jurgens, Chloe-Leigh	13	VINE-CP	1:26.19	Finals				2 Pieterse, Adriaan	11	PEAS-NM	2:53.93
22 Haynes-Smart, Kaitlyn	13	VINE-CP	1:28.00	1 Pieterse, Abby L	16	INFA-NM	1:14.24	3 Kruger, Declan	11	BLMA-CP	2:56.27
23 Adams, Ella	13	CASC-CP	1:30.33	2 Rossouw, Cara	16	TYGE-CP	1:15.44	4 Fischer, Blake D	11	INFA-NM	2:56.62
#310 Girls 14 100 Meter Back				3 Huang, Shi Han A	16	BLMA-CP	1:15.70	5 Van der Merwe, Ulric	11	TYGE-CP	2:57.18
2016SA Age G: 1:03.21 # 2013 Nathania Van Niekerk				4 Holthuis, Keilah-Naomi	16	ESA-CE	1:19.48	6 Van der Veen, Aiden L	11	PEAS-NM	2:57.48
Name	Age	Team	Finals Time	5 Burger, Juanè	16	CASC-CP	1:22.64	7 Schäffler, James	11	ROA-ED	2:57.75
Finals				6 Hager, Carle	16	ESA-CE	1:24.19	8 Mare, Ilan	11	CASC-CP	2:58.62
1 De Beer, Isabella C	14	PLAY-CE	1:14.55	7 Albino, Nemzi L	16	SAAW-CP	1:24.38	9 Horn, Ben	11	XCEL-CP	3:00.66
2 Madeley, Amy O	14	ANAX-CP	1:16.43	8 Kleynhans, Sian	16	WAC-ED	1:24.39	10 Kleynhans, Michael	11	CASC-CP	3:02.34
3 Coleman, Milan	14	FISH-ED	1:16.46	#310 Women 16 100 Meter Back				11 Naude, Niel P	11	AGA-Q-OB	3:06.26
4 McLean, Daniella L	14	PEAS-NM	1:17.25	2016SA Age G: 1:02.13 # 2016 Mariella G Venter-Gra				12 Poultney, Daniel	10	CASC-CP	3:06.75
5 Botha, Rebecca P	14	CASC-CP	1:17.98	Name	Age	Team	Prelim Time	13 Edwards, Bryce	11	CTO-CP	3:07.07
6 Nienaber, Mila J	14	ESA-CE	1:18.20	Preliminaries				14 Malherbe, Roz R	11	BRAVE-CE	3:09.53
7 Coetzee, Marli	14	CASC-CP	1:19.40	1 Pieterse, Abby L	16	INFA-NM	1:13.49	15 Tredoux, Simon P	11	BARR-CP	3:11.24
8 Diessner, Ava	14	PEAS-NM	1:20.00	2 Huang, Shi Han A	16	BLMA-CP	1:15.09	16 Pretorius, Johan M	11	ESA-CE	3:14.68
#310 Girls 14 100 Meter Back				3 Rossouw, Cara	16	TYGE-CP	1:16.34	17 Whitehouse, Bramwell /	11	CUHE-OB	3:16.50
2016SA Age G: 1:03.21 # 2013 Nathania Van Niekerk				4 Albino, Nemzi L	16	SAAW-CP	1:19.46	18 Henning, Christiaan P	11	LALE-CE	3:17.10
Name	Age	Team	Prelim Time	5 Hager, Carle	16	ESA-CE	1:19.72	19 Eksteen, Pisces M	11	XCEL-CP	3:22.13
Preliminaries				6 Holthuis, Keilah-Naomi	16	ESA-CE	1:19.88	20 De Nooy, Wyatt J	10	LALE-CE	3:23.52
1 De Beer, Isabella C	14	PLAY-CE	1:14.46	7 Burger, Juanè	16	CASC-CP	1:20.94	21 Van Der Westhuizen, Ew	11	LALE-CE	3:38.41
2 Madeley, Amy O	14	ANAX-CP	1:15.25	8 Hagglund, Emma H	16	SSISA-CP	1:21.99	--- Schutte, Ethan	11	QSSC-CP	DQ
3 McLean, Daniella L	14	PEAS-NM	1:16.72	9 Kleynhans, Sian	16	WAC-ED	1:22.43	--- Beukes, Ryan M	11	SAAW-CP	DQ
4 Coleman, Milan	14	FISH-ED	1:17.73	#311 Boys 14&U 100 Meter Back Multi-Class Multi				Name	Age	Team	Finals Time
5 Botha, Rebecca P	14	CASC-CP	1:18.42	2016SA Age G: 2:16.43 # 2015 Luan E. Grobbelaar at				Finals			
6 Nienaber, Mila J	14	ESA-CE	1:18.48	Name	Age	Team	Finals Time	1 Schoeman, Mateo J	12	ESA-CE	2:45.33
7 Diessner, Ava	14	PEAS-NM	1:18.84	Finals				2 Davenport, Daniel J	12	PEAS-NM	2:47.10
8 Coetzee, Marli	14	CASC-CP	1:19.17	1 Hartwig, Connor M S6	14	HARL-BU	1:51.66	3 Van der Merwe, Logan	12	TYGE-CP	2:48.77
9 Wallis, Juliette	14	CASC-CP	1:19.71	#311 Boys 14&U 100 Meter Back Multi-Class Multi				4 Perez Castellano, Emilio	12	CASC-CP	2:49.46
10 Minnaar, Amelia C	14	USC-BU	1:20.21	2016SA Age G: 2:16.43 # 2015 Luan E. Grobbelaar at				5 Clark, Alexander L	12	UWCA-CP	2:49.87
11 Lourens, Mia	14	CASC-CP	1:21.23	Name	Age	Team	Prelim Time	6 Schabort, Lowen	12	ESA-CE	2:49.92
12 Groenewald, Emma A	14	CASC-CP	1:21.82	Preliminaries				7 Sebastian, Alexander	12	MANT-CP	2:52.49
				1 Hartwig, Connor M S6	14	HARL-BU	1:54.18	8 Heunis, Johan C	12	BARR-CP	2:52.87

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

#313 Boys 12 200 Meter IM				#313 Men 15 200 Meter IM			
2016SA Age G: 2:16.43 # 2015 Luan E. Grobbelaar at				2016SA Age G: 2:05.89 # 2015 Jarryd L. Baxter at SA			
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time
Preliminaries				Preliminaries			
1 Davenport, Daniel J	12	PEAS-NM	2:46.69	1 Wessels, Tiaan	15	USC-BU	2:31.49
2 Schoeman, Mateo J	12	ESA-CE	2:46.84	2 Coetzee, Sion M	15	QSSC-CP	2:32.08
3 Schabort, Lowen	12	ESA-CE	2:48.11	3 Afonso, Aragon G	15	QSSC-CP	2:32.27
4 Van der Merwe, Logan	12	TYGE-CP	2:48.27	4 Lichthart, Nicus	15	QSSC-CP	2:32.47
5 Clark, Alexander L	12	UWCA-CP	2:49.06	5 Ganger, Zeke D	15	MARL-CP	2:35.68
6 Sebastian, Alexander	12	MANT-CP	2:50.84	6 Lewis, Callum R	15	CASC-CP	2:37.79
7 Perez Castellano, Emilio	12	CASC-CP	2:51.52	7 Wright, Jonah S	15	TYGE-CP	2:38.42
8 Heunis, Johan C	12	BARR-CP	2:54.60	8 Krause, Luke	15	CASC-CP	2:40.01
9 Van Wynngaard, Daniël C	12	ROA-ED	2:54.84	9 Langeveldt, Christiano C	15	ALPHA-CP	2:40.02
10 Coetzee, Tristan R	12	FISH-ED	2:54.90	10 Snyders, Reece	15	UWCA-CP	2:41.60
11 Heiberg, Ethan	12	MANT-CP	2:55.55	11 Kretzmann, Kaleb B	15	USC-BU	2:41.69
12 Askevold, Gunther J	12	BLMA-CP	2:56.16	12 Grobler, Chris I	15	CASC-CP	2:42.11
13 Kannemeyer, Luan	12	QSSC-CP	2:56.98	13 Bester, Daniël M	15	ESA-CE	2:42.25
14 Joyce, Guy	12	CASC-CP	2:57.00	14 Vorster, Bastian S	15	FISH-ED	2:43.59
15 Du Plessis, Caleb	12	FSE-KC	2:58.23	15 Samsodien, Saaligh S	15	MARL-CP	2:46.15
16 Van Heerden, Emile L	12	WAC-ED	2:58.50	16 Smith, Jenson C	15	ASAC-CP	2:47.79
17 Harder, Callum R	12	VINE-CP	2:58.58	17 Gomez, Alex W	15	MARL-CP	2:47.87
18 Spijkerman, Stephaan	12	ESA-CE	2:59.30	#313 Men 16 200 Meter IM			
19 Goldswain, Nicholas J	12	USC-BU	3:01.06	2016SA Age G: 2:04.09 # 2008 Joshua Steyn at JNR C			
20 Jogie, Ryan J	12	HARL-BU	3:02.36	Name Age Team Finals Time			
21 Wiltshire, James	12	USC-BU	3:02.50	Finals			
22 Swartz, Seth J	12	CASC-CP	3:02.84	1 Oosthuizen, Ethan	16	PLAY-CE	2:29.97
23 Gerber, Luke M	12	CASC-CP	3:03.51	2 Mansfield, Luke T	16	STAQ-CE	2:30.50
24 Worley, Owen L	12	HARL-BU	3:03.60	3 van Wyk, Tariq K	16	CASC-CP	2:32.22
25 Jewell, Stefan E	12	PEAS-NM	3:04.51	4 Brits, AJ J	16	MATL-KK	2:38.10
26 Delpont, Reynard	12	BEST-NM	3:04.94	5 Van Rooyen, Louis B	16	WAC-ED	2:47.01
27 Spies, Judah J	12	FISH-ED	3:05.00	6 Armist, Caleb	16	HARL-BU	2:47.48
28 Kriel, Ewan	12	QSSC-CP	3:05.70	7 Isaacs, Christiano A	16	UWCA-CP	2:56.66
29 Parr, Riley C	12	KNYA-ED	3:06.68	8 Fortune, Yaseen	16	MANT-CP	3:01.99
30 Fourie, Benjamin L	12	BLMA-CP	3:09.47	#313 Men 16 200 Meter IM			
31 Wessels, Jeandre	12	USC-BU	3:09.88	2016SA Age G: 2:04.09 # 2008 Joshua Steyn at JNR C			
32 Van Dyk, Adriaan J	12	ASAC-CP	3:13.58	Name Age Team Prelim Time			
33 Tshabalala, Jodie J	12	BLMA-CP	3:15.94	Preliminaries			
--- Woodrup, Connor	12	CYBE-CP	DQ	1 Mansfield, Luke T	16	STAQ-CE	2:33.49
#313 Boys 13 200 Meter IM				2 Oosthuizen, Ethan	16	PLAY-CE	2:35.17
2016SA Age G: 2:10.49 # 2015 Luan E. Grobbelaar at				3 van Wyk, Tariq K	16	CASC-CP	2:35.85
Name	Age	Team	Finals Time	4 Brits, AJ J	16	MATL-KK	2:39.48
Finals				5 Armist, Caleb	16	HARL-BU	2:45.43
1 Theunissen, Jude E	13	BEST-NM	2:38.85	6 Van Rooyen, Louis B	16	WAC-ED	2:45.78
2 Van der Merwe, Luan J	13	UWCA-CP	2:39.34	7 Isaacs, Christiano A	16	UWCA-CP	2:52.08
3 Clifford, Jack K	13	USC-BU	2:43.58	8 Fortune, Yaseen	16	MANT-CP	2:55.94
4 Lee, Daniel	13	TYGE-CP	2:44.22	#314 Girls 11&U 200 Meter IM			
5 Snyders, Dylan	13	CLA-WC	2:45.41	2016SA Age G: 2:05.89 # 2015 Jarryd L. Baxter at SA			
6 Wilson, Kaleb	13	ASAC-CP	2:46.84	Name Age Team Finals Time			
7 Nel, Charles Paul	13	QSSC-CP	2:49.36	Finals			
8 Petzer, Jayden S	13	USC-BU	2:56.42	1 Afonso, Aragon G	15	QSSC-CP	2:26.20
#313 Boys 13 200 Meter IM				2 Lichthart, Nicus	15	QSSC-CP	2:31.23
2016SA Age G: 2:10.49 # 2015 Luan E. Grobbelaar at				3 Wessels, Tiaan	15	USC-BU	2:32.44
Name	Age	Team	Prelim Time	4 Coetzee, Sion M	15	QSSC-CP	2:36.10
Preliminaries				5 Ganger, Zeke D	15	MARL-CP	2:39.08
1 Van der Merwe, Luan J	13	UWCA-CP	2:41.43	6 Snyders, Reece	15	UWCA-CP	2:39.42
2 Theunissen, Jude E	13	BEST-NM	2:41.47	7 Lewis, Callum R	15	CASC-CP	2:40.11
3 Lee, Daniel	13	TYGE-CP	2:44.51	8 Krause, Luke	15	CASC-CP	2:40.44
4 Clifford, Jack K	13	USC-BU	2:46.69				
5 Snyders, Dylan	13	CLA-WC	2:48.16				
6 Wilson, Kaleb	13	ASAC-CP	2:48.90				

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

#314 Women 16 200 Meter IM				#317 Men 15-16 4x50 Meter Free Relay 4 x 50 Free				#320 Women 15-16 4x50 Meter Free Relay 4 x 50 F					
2016SA Age G: 2:15.17 # 2014 MARLIES ROSS at Con				Team Relay Finals Time				Team Relay Finals Time					
Name	Age	Team	Finals Time	Team	Relay	Finals Time	Team	Relay	Finals Time	Team	Relay	Finals Time	
Finals				1 QSSC-CP A 1:49.85				1 ESA-CE A 2:02.63					
1	Rossouw, Cara	16	TYGE-CP	2:39.48	Lichthart, Nicus 15	Troskie, Roean 14	Holthuis, Keilah-Naomi 16	Barnard, Adelmari D 16	2:02.63	2	Hager, Carle 16	Nienaber, Mila J 14	2:03.32
2	Huang, Shi Han A	16	BLMA-CP	2:43.58	Afonso, Aragon G 15	Coetzee, Sion M 15	Hager, Carle 16	Nienaber, Mila J 14	2:03.32	2	FISH-ED	A	2:03.32
3	Hagglund, Emma H	16	SSISA-CP	2:53.13	2 CASC-CP A 1:50.52	Krause, Luke 15	van Wyk, Tariq K 16	DU Plessis, Lheané 12	Cronjé, Miané 15	3	CASC-CP	A	2:07.48
4	Holthuis, Keilah-Naomi	16	ESA-CE	2:53.63	Grobler, Chris I 15	Lewis, Callum R 15	Lindsay, Edith J 15	Coleman, Milan 14	2:07.48	3	CASC-CP	A	2:07.48
5	Barnard, Adelmari D	16	ESA-CE	2:53.96	3 ASAC-CP A 2:06.99	Hausser, Paul 13	Meets, Daniel 12	Burger, Juanè 16	Burden, Leila A 12	4	USC-BU	A	2:09.83
6	Adams, Sydney M	16	VINE-CP	2:54.66	Hauser, Paul 13	Meets, Daniel 12	Sonnekus, Anya 14	Adams, Ella 13	2:09.83	4	USC-BU	A	2:09.83
7	Kleynhans, Sian	16	WAC-ED	2:59.23	Van Dyk, Adriaan J 12	Smith, Jenson C 15	Weimann, Erin J 15	Schutzler, Amelia-Rose 13	2:09.83	4	USC-BU	A	2:09.83
8	Hager, Carle	16	ESA-CE	2:59.46	--- CLA-WC A NS	Smith, Zian 13	Lammings, Jack 14	Mauer, Kayden 16	2:09.83	4	USC-BU	A	2:09.83
				Hough, Caleb 15				Snyders, Dylan 13					
#314 Women 16 200 Meter IM				#318 Women 12&U 4x50 Meter Free Relay 4 x 50 F				#321 Mixed 12&U 4x50 Meter Medley Relay 4 x 50					
2016SA Age G: 2:15.17 # 2014 MARLIES ROSS at Con				Team Relay Finals Time				Team Relay Finals Time					
Name	Age	Team	Prelim Time	Team	Relay	Finals Time	Team	Relay	Finals Time	Team	Relay	Finals Time	
Preliminaries				1 USC-BU A 2:07.95				1 CASC-CP A 2:24.90					
1	Rossouw, Cara	16	TYGE-CP	2:42.94	Abrams, Sophia E 11	Du Preez, Kyra J 12	Hengst, Emily A W12	Perez Castellano, Emilio M	2:24.90	2	USC-BU	A	2:25.15
2	Huang, Shi Han A	16	BLMA-CP	2:46.43	Ranger, Emma L 12	Greyvenstein, Hayley 12	Smit, Dione W12	Joyce, Guy M12	2:25.15	2	USC-BU	A	2:25.15
3	Hagglund, Emma H	16	SSISA-CP	2:51.57	2 ASAC-CP A 2:09.10	Pitout, Addison P 11	Makore, Bona M 12	Dart, Mackenzi J W12	Greyvenstein, Hayley W12	2	USC-BU	A	2:25.15
4	Adams, Sydney M	16	VINE-CP	2:53.53	Pitout, Addison P 11	Makore, Bona M 12	Wessels, Jeandre M12	Goldswain, Nicholas J M12	2:25.15	2	USC-BU	A	2:25.15
5	Holthuis, Keilah-Naomi	16	ESA-CE	2:54.19	Swanepoel, Pia Q 12	Sprong, Jaime M 12	3 INFA-NM A 2:10.10	3 INFA-NM A 2:26.47	3	INFA-NM	A	2:26.47	
6	Hager, Carle	16	ESA-CE	2:54.73	3 INFA-NM A 2:10.10	Stearn, Hannah 12	Meiring, Scarlett J 11	Bradfield, Joel-Luke M12	Stearn, Hannah W12	3	INFA-NM	A	2:26.47
7	Barnard, Adelmari D	16	ESA-CE	2:56.53	Loni, Yama 12	Serdyn, Jana 12	Serdyn, Jana W12	Fischer, Blake D M11	2:26.47	3	INFA-NM	A	2:26.47
8	Kleynhans, Sian	16	WAC-ED	2:56.77	4 TYGE-CP A 2:12.92	Van Jaarsveld, Bianca I 12	Van Onselen, Annabelle 11	Kruger, Declan M11	Askeveld, Gunther J M12	4	BLMA-CP	A	2:28.19
9	Albino, Nemzi L	16	SAAW-CP	3:01.09	Van Jaarsveld, Bianca I 12	Van Onselen, Annabelle 11	Schenck, Maya K 11	Saul, Astrid P W11	Mahlangu, Ndalo W12	4	BLMA-CP	A	2:28.19
				5 HARL-BU A 2:13.30				5 PEAS-NM A 2:30.00					
				Muller, Skyler M 12				Schemel, Leah I 12					
				Oliphant, Isabelle 11				Vermeulen, Jaime-Lynn 12					
#315 Men 12&U 4x50 Meter Free Relay 4 x 50 Free				6 CTO-CP A 2:13.96				6 TYGE-CP A 2:30.26					
Team	Relay	Finals Time	Team	Relay	Finals Time	Team	Relay	Finals Time	Team	Relay	Finals Time		
1	CASC-CP	A	2:05.61	Maritz, Ava C 10	Thompson, Taya R 12	7 CASC-CP A 2:14.74	7 CASC-CP A 2:30.33	7 CASC-CP A 2:30.33	7 CASC-CP A 2:30.33	7 CASC-CP A 2:30.33	7 CASC-CP A 2:30.33		
Joyce, Guy 12	Smit, Eduard W 12	Gerber, Luke M 12	Perez Castellano, Emilio 12	Fakier, Ayesha I 11	Levi, Zara 11	Hengst, Emily A 12	Smit, Dione 12	Swartz, Seth J M12	Ras, Annabelle W12	Burden, Leila A W12	Gerber, Luke M M12		
2	ESA-CE	A	2:07.46	7 CASC-CP A 2:14.74	Hengst, Emily A 12	Smit, Dione 12	De Lange, Niah 11	Burden, Leila A W12	Gerber, Luke M M12	8	ASAC-CP	A	2:32.26
Schoeman, Mateo J 12	Pretorius, Johan M 11	Spijkerman, Stephaan 12	Schabert, Lowen 12	8 SAAW-CP A 2:19.66	Glass, Gabi 11	Richards, Emma E 11	Richards, Emma E 11	Meets, Daniel M12	Swanepoel, Pia Q W12	9	HARL-BU	A	2:34.17
3	BLMA-CP	A	2:11.05	8 SAAW-CP A 2:19.66	Benade, Aria 12	Sadi, Chrisela F 11	Sadi, Chrisela F 11	Van Dyk, Adriaan J M12	Sprong, Jaime M W12	9	HARL-BU	A	2:34.17
Askeveld, Gunther J 12	Fourie, Benjamin L 12	Tshabalala, Jodie J 12	Kruger, Declan 11	6 CTO-CP A 2:13.96	Maritz, Ava C 10	Thompson, Taya R 12	Thompson, Taya R 12	Van der Merwe, Logan M12	Van der Merwe, Ulric M11	9	HARL-BU	A	2:34.17
4	PEAS-NM	A	2:12.02	7 CASC-CP A 2:14.74	Hengst, Emily A 12	Smit, Dione 12	Smit, Dione 12	Van der Merwe, Logan M12	Van der Merwe, Ulric M11	9	HARL-BU	A	2:34.17
Van der Veen, Aiden L 11	Claassen, Cayden D 10	Pieterse, Adriaan 11	Davenport, Daniel J 12	8 SAAW-CP A 2:19.66	Glass, Gabi 11	Richards, Emma E 11	Richards, Emma E 11	Van der Merwe, Logan M12	Van der Merwe, Ulric M11	9	HARL-BU	A	2:34.17
5	CASC-CP	B	2:17.24	8 SAAW-CP A 2:19.66	Benade, Aria 12	Sadi, Chrisela F 11	Sadi, Chrisela F 11	Van der Merwe, Logan M12	Van der Merwe, Ulric M11	9	HARL-BU	A	2:34.17
Swartz, Seth J 12	Mare, Ilan 11	Kleynhans, Michael 11	Janse van Rensburg, Wihan	6 CTO-CP A 2:13.96	Maritz, Ava C 10	Thompson, Taya R 12	Thompson, Taya R 12	Van der Merwe, Logan M12	Van der Merwe, Ulric M11	9	HARL-BU	A	2:34.17
				7 CASC-CP A 2:14.74				7 CASC-CP A 2:30.33					
				Hengst, Emily A 12				Smit, Dione 12					
				Ras, Annabelle 12				De Lange, Niah 11					
#316 Men 13-14 4x50 Meter Free Relay 4 x 50 Free				#319 Women 13-14 4x50 Meter Free Relay 4 x 50 F				#322 Mixed 13-14 4x50 Meter Medley Relay 4 x 50					
Team	Relay	Finals Time	Team	Relay	Finals Time	Team	Relay	Finals Time	Team	Relay	Finals Time		
1	HARL-BU	A	1:55.96	1 CASC-CP A 2:03.20	Botha, Rebecca P 14	Wallis, Juliette 14	1 CASC-CP A 2:12.66	1 CASC-CP A 2:12.66	1	CASC-CP	A	2:12.66	
Van Daalen, Lohan 14	Arnold, Samuel D 13	Schemel, Brody L 13	Striglia, Elio 14	Botha, Rebecca P 14	Wallis, Juliette 14	Wallis, Juliette 14	Botha, Rebecca P W14	Botha, Rebecca P W14	2	USC-BU	A	2:15.66	
2	ASAC-CP	A	1:58.72	2 PEAS-NM A 2:04.57	McGluwa, Jovanah N 13	Coetzee, Marli 14	2 USC-BU A 2:15.66	2 USC-BU A 2:15.66	2	USC-BU	A	2:15.66	
Pitout, Zachary J 14	Wilson, Kaleb 13	Lubbe, Mikael B 13	Lombard, Quan R 13	2 PEAS-NM A 2:04.57	McGluwa, Jovanah N 13	Coetzee, Marli 14	2 USC-BU A 2:15.66	2 USC-BU A 2:15.66	2	USC-BU	A	2:15.66	
3	FISH-ED	A	1:58.94	3 INFA-NM A 2:06.74	Wilson, Samantha 13	Joubert, Rebecca J 12	3 INFA-NM A 2:06.74	3 INFA-NM A 2:06.74	2	USC-BU	A	2:15.66	
Earle, Zack C 14	Spies, Judah J 12	Coetzee, Tristan R 12	Spies, Pierre J 14	3 INFA-NM A 2:06.74	Wilson, Samantha 13	Joubert, Rebecca J 12	3 INFA-NM A 2:06.74	3 INFA-NM A 2:06.74	2	USC-BU	A	2:15.66	
4	CASC-CP	A	1:59.07	3 INFA-NM A 2:06.74	Wilson, Samantha 13	Joubert, Rebecca J 12	3 INFA-NM A 2:06.74	3 INFA-NM A 2:06.74	2	USC-BU	A	2:15.66	
van Aarde, Matthew D 14	King, Aidan J 13	February, Dillon S 14	Odendaal, Riko 13	3 INFA-NM A 2:06.74	Wilson, Samantha 13	Joubert, Rebecca J 12	3 INFA-NM A 2:06.74	3 INFA-NM A 2:06.74	2	USC-BU	A	2:15.66	
5	TYGE-CP	A	2:01.99	3 INFA-NM A 2:06.74	Wilson, Samantha 13	Joubert, Rebecca J 12	3 INFA-NM A 2:06.74	3 INFA-NM A 2:06.74	2	USC-BU	A	2:15.66	
Lee, Daniel 13	Newham, Christopher J 13	Botha, Andre 13	Heunis, Le Roux 14	3 INFA-NM A 2:06.74	Wilson, Samantha 13	Joubert, Rebecca J 12	3 INFA-NM A 2:06.74	3 INFA-NM A 2:06.74	2	USC-BU	A	2:15.66	
				Strydom, Mia 14				van der Westhuizen, Amalia					

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

#322 Mixed 13-14 4x50 Meter Medley Relay 4 x 50 Mixed		
Team	Relay	Finals Time
3 ASAC-CP	B	2:17.93
Lubbe, Mikael B M13	Voysey, Ella N W13	
Longueira, Ava L W14	Wilson, Kaleb M13	
4 QSSC-CP	A	2:19.73
Troskie, Roean M14	Nel, Charles Paul M13	
Klopper, Lene W13	Stevenson, Mikayla W13	
5 FISH-ED	A	2:21.21
Coleman, Milan W14	Haldane, Bella W13	
Spies, Pierre J M14	Smith, Jacobus J M14	
6 TYGE-CP	A	2:21.41
Heunis, Le Roux M14	Botha, Andre M13	
Schenck, Maya K W11	Lilley, Kenna W13	
7 CASC-CP	B	2:21.51
King, Aidan J M13	Hendricks, Jada W13	
Odendaal, Riko M13	Groenewald, Emma A W14	
8 CTO-CP	A	2:22.58
Hucke, Tegan M14	Levi, Zara W11	
Laufs, Connor R M14	Maritz, Ava C W10	
9 ROA-ED	A	2:25.63
Kleynhans, Kayla W13	Van Wyngaard, Daniël C M13	
Schäffler, James M11	Douglas, Keyla W12	
10 MANT-CP	B	2:25.94
Barthus, Alessia W13	Fortune, Hakeem M14	
Gallie, Abdul-Aziz M14	Jantjies, Zara W13	
11 ASAC-CP	A	2:26.60
Makore, Bona M W12	Lombard, Quan R M13	
Pitout, Addison P W11	Pitout, Zachary J M14	
12 USC-BU	B	2:27.75
Kretzmann, Sophie F W13	Clifford, Jack K M13	
Goliath, Cooper C M13	Mfabe, Zingce Z W13	
13 CLA-WC	A	2:28.42
Lamminga, Jack M14	Snyders, Dylan M13	
Swanepoel, Anja E W11	Nel, Olivia W13	
14 PAQU-CE	A	2:28.68
Munnik, Connor C M14	Olivier, Gianna G W12	
Anthony, Jazmin A W13	Baadjies, Cruden H M14	
15 MANT-CP	A	2:32.00
Heiberg, Ethan M12	Arendse, Emma W12	
Sebastian, Alexander M12	Sebastian, Catherine W12	
#323 Mixed 15-16 4x50 Meter Medley Relay 4 x 50		
Team	Relay	Finals Time
1 PEAS-NM	A	2:06.62
Roth, Elle W13	Basson, Zethan L M15	
Cruickshank, Carter C M16	McLean, Daniella L W14	
2 CASC-CP	A	2:12.23
van Wyk, Tariq K M16	Krause, Luke M15	
Burger, Juanè W16	Wallis, Juliette W14	
3 FISH-ED	A	2:13.12
Cronjé, Miané W15	Lindsay, Edith J W15	
Vorster, Bastian S M15	Earle, Zack C M14	
4 USC-BU	A	2:13.41
Wessels, Tiaan M15	Kretzmann, Kaleb B M15	
Weimann, Erin J W15	Lottering, Eirley W15	
5 CASC-CP	B	2:15.71
Lewis, Callum R M15	Sonnekus, Anya W14	
Lourens, Mia W14	Grobler, Chris I M15	
6 SAAW-CP	A	2:17.36
Pearson-Adams, Oshun O V	Albino, Nemzi L W16	
Ramorwesi, Oratilwe M M1	Beukes, Ryan M M11	
7 ESA-CE	A	2:18.58
Hager, Carle W16	Beste, Daniël M M15	
Schabort, Lowen M12	Nienaber, Mila J W14	

#401 Boys 11&U 50 Meter Free			
Name	Age	Team	Finals Time
Finals			
1 Kruger, Declan	11	BLMA-CP	31.16
2 Edwards, Bryce	11	CTO-CP	31.69
3 Fischer, Blake D	11	INFA-NM	32.00
4 Versfeld, Ben I	11	BRAVE-CE	32.13
5 Van der Veen, Aiden L	11	PEAS-NM	32.39
6 Claassen, Cayden D	10	PEAS-NM	32.91
7 Schäffler, James	11	ROA-ED	32.95
8 Naude, Niel P	11	AGA-Q-OB	33.07
#401 Boys 11&U 50 Meter Free			
Name	Age	Team	Prelim Time
Preliminaries			
1 Edwards, Bryce	11	CTO-CP	32.28
2 Claassen, Cayden D	10	PEAS-NM	32.44
3 Versfeld, Ben I	11	BRAVE-CE	32.58
4 Kruger, Declan	11	BLMA-CP	32.87
*5 Naude, Niel P	11	AGA-Q-OB	33.16
*5 Schäffler, James	11	ROA-ED	33.16
7 Fischer, Blake D	11	INFA-NM	33.23
8 Van der Veen, Aiden L	11	PEAS-NM	33.28
9 Beukes, Ryan M	11	SAAW-CP	33.37
10 Van der Merwe, Ulric	11	TYGE-CP	33.72
11 Tredoux, Simon P	11	BARR-CP	33.79
12 Mare, Ilan	11	CASC-CP	33.81
13 Schutte, Ethan	11	QSSC-CP	33.85
14 Poultney, Daniel	10	CASC-CP	34.08
15 Malherbe, Roz R	11	BRAVE-CE	34.24
16 Kleynhans, Michael	11	CASC-CP	34.56
17 Horn, Ben	11	XCEL-CP	34.59
18 Freislich, Reid A	11	KNYA-ED	34.79
19 Basson, Zaryd D	11	PEAS-NM	35.06
20 De Nooy, Wyatt J	10	LALE-CE	35.13
21 Whitehouse, Bramwell J	11	CUHE-OB	35.16
22 Pieterse, Adriaan	11	PEAS-NM	35.32
23 Henning, Christiaan P	11	LALE-CE	35.79
24 Janse van Rensburg, Wil	11	CASC-CP	35.83
25 Janse van Rensburg, Huq	10	CASC-CP	36.14
26 Joubert, Daniel J	11	PLAY-CE	36.32
27 Eksteen, Pisces M	11	XCEL-CP	36.94
#401 Boys 12 50 Meter Free			
2016SA Age G: 26.20 # 2000 Gregory Widmer			
Name	Age	Team	Finals Time
Finals			
1 Coetzee, Tristan R	12	FISH-ED	29.89
2 Bradfield, Joel-Luke	12	INFA-NM	30.23
3 Goldswain, Nicholas J	12	USC-BU	30.35
4 Heunis, Johan C	12	BARR-CP	30.65
5 Harder, Callum R	12	VINE-CP	30.77
6 Spies, Judah J	12	FISH-ED	30.80
7 Wiltshire, James	12	USC-BU	31.24
--- Davenport, Daniel J	12	PEAS-NM	DQ
#401 Boys 12 50 Meter Free			
2016SA Age G: 26.20 # 2000 Gregory Widmer			
Name	Age	Team	Prelim Time
Preliminaries			
1 Bradfield, Joel-Luke	12	INFA-NM	29.57
2 Goldswain, Nicholas J	12	USC-BU	30.05

3 Coetzee, Tristan R	12	FISH-ED	30.14
4 Heunis, Johan C	12	BARR-CP	30.27
5 Kannemeyer, Luan	12	QSSC-CP	30.63
6 Harder, Callum R	12	VINE-CP	30.97
7 Davenport, Daniel J	12	PEAS-NM	31.08
8 Spies, Judah J	12	FISH-ED	31.14
9 Schabort, Lowen	12	ESA-CE	31.20
10 Wiltshire, James	12	USC-BU	31.32
11 Schoeman, Mateo J	12	ESA-CE	31.45
12 Clark, Alexander L	12	UWCA-CP	31.59
13 Smit, Eduard W	12	CASC-CP	31.70
14 Sebastian, Alexander	12	MANT-CP	31.89
15 Swanepoel, Roehan J	12	BARR-CP	31.96
16 Kriel, Ewan	12	QSSC-CP	31.99
17 Gerber, Luke M	12	CASC-CP	32.10
18 Joyce, Guy	12	CASC-CP	32.15
19 Askevold, Gunther J	12	BLMA-CP	32.30
20 Du Plessis, Caleb	12	FSE-KC	32.40
21 Perez Castellano, Emilio	12	CASC-CP	32.62
22 Rossouw, Marais	12	QSSC-CP	32.63
23 Delpoort, Reynard	12	BEST-NM	32.67
24 Woodrup, Connor	12	CYBE-CP	32.85
25 Malherbe, Max M	12	BRAVE-CE	32.87
26 Van der Merwe, Logan	12	TYGE-CP	32.99
27 van der Westhuizen, An	12	INFA-NM	33.26
28 Spijkerman, Stephaan	12	ESA-CE	33.31
29 Jewell, Stefan E	12	PEAS-NM	33.34
30 Van Heerden, Emile L	12	WAC-ED	33.40
31 Pieterse, Nicholas N	12	STAQ-CE	33.45
32 Worley, Owen L	12	HARL-BU	33.54
33 Heiberg, Ethan	12	MANT-CP	33.59
34 Parr, Riley C	12	KNYA-ED	33.80
35 Jogie, Ryan J	12	HARL-BU	33.95
36 Wessels, Jeandre	12	USC-BU	34.06
37 Meets, Daniel	12	ASAC-CP	34.11
38 Tshabalala, Jodie J	12	BLMA-CP	34.54
39 Swartz, Seth J	12	CASC-CP	34.59
40 Fourie, Benjamin L	12	BLMA-CP	34.85
41 Van Dyk, Adriaan J	12	ASAC-CP	35.24
42 van der Merwe, Naude	12	PEAS-NM	35.92
#401 Boys 13 50 Meter Free			
2016SA Age G: 24.69 # 2011 Kyle Van Niekerk at 9			
Name	Age	Team	Finals Time
Finals			
1 Lee, Daniel	13	TYGE-CP	28.64
2 Pioris, Whato	13	CBM	28.73
3 Van der Merwe, Luan J	13	UWCA-CP	29.15
4 Theunissen, Jude E	13	BEST-NM	29.46
5 Wilson, Kaleb	13	ASAC-CP	29.78
6 Snyders, Dylan	13	CLA-WC	29.91
7 Lombard, Quan R	13	ASAC-CP	29.97
8 Clifford, Jack K	13	USC-BU	31.27
#401 Boys 13 50 Meter Free			
2016SA Age G: 24.69 # 2011 Kyle Van Niekerk at 9			
Name	Age	Team	Prelim Time
Preliminaries			
1 Van der Merwe, Luan J	13	UWCA-CP	28.59
2 Pioris, Whato	13	CBM	28.83
3 Lee, Daniel	13	TYGE-CP	29.23
4 Snyders, Dylan	13	CLA-WC	29.39
5 Theunissen, Jude E	13	BEST-NM	29.60

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

Preliminaries ... (#401 Boys 13 50 Meter Free)	25 Lamminga, Jack	14	CLA-WC	33.23	5 Alvim, João M	16	CBM	28.32			
6 Wilson, Kaleb	13	ASAC-CP	29.87	26 Baadjies, Cruden H	14	PAQU-CE	33.28	6 Oosthuizen, Ethan	16	PLAY-CE	28.76
7 Lombard, Quan R	13	ASAC-CP	30.30	#401 Men 15 50 Meter Free				7 Armist, Caleb	16	HARL-BU	29.21
8 Clifford, Jack K	13	USC-BU	30.56	2016SA Age G: 23.63 # 2008 Brett H. Walsh at KZN				8 Isaacs, Christiano A	16	UWCA-CP	29.38
9 Stander, Christiaan L	13	ESA-CE	30.62	Name Age Team Finals Time				9 Fortune, Yaseen	16	MANT-CP	30.65
10 Egen, Erigh E	13	BARR-CP	30.87	Finals				#402 Girls 11&U 50 Meter Free			
11 King, Aidan J	13	CASC-CP	31.01	1 Wright, Jonah S	15	TYGE-CP	26.08	Name Age Team Finals Time			
12 Newham, Christopher J	13	TYGE-CP	31.28	2 Hough, Caleb	15	CLA-WC	27.25	Finals			
13 Arnold, Samuel D	13	HARL-BU	31.54	3 Grobler, Chris I	15	CASC-CP	27.83	1 Kimani, Katja	11	CYBE-CP	31.07
14 Lubbe, Mikael B	13	ASAC-CP	32.18	4 Pieterse, Marcelle J	15	XCEL-CP	27.94	2 Levi, Zara	11	CTO-CP	31.43
15 Hauser, Paul	13	ASAC-CP	32.31	5 Lewis, Callum R	15	CASC-CP	28.18	3 Pitout, Addison P	11	ASAC-CP	32.02
16 Odendaal, Riko	13	CASC-CP	32.35	6 Krause, Luke	15	CASC-CP	28.46	4 Abrams, Sophia E	11	USC-BU	32.38
17 Fourie, Ezra	13	UWCA-CP	32.37	7 Wessels, Tiaan	15	USC-BU	28.71	5 Van Onselen, Annabelle	11	TYGE-CP	32.88
18 Petzer, Jayden S	13	USC-BU	32.49	8 Ganger, Zeke D	15	MARL-CP	28.74	6 Meiring, Scarlett J	11	INFA-NM	32.95
19 Vleggaar, Daniel	13	TYGE-CP	32.57	#401 Men 15 50 Meter Free				7 Glass, Gabi	11	SAAW-CP	33.09
20 Goliath, Cooper C	13	USC-BU	32.68	2016SA Age G: 23.63 # 2008 Brett H. Walsh at KZN				8 Thompson, Mia M	11	BEST-NM	33.51
21 Spangenberg, Zach A	13	XCEL-CP	32.86	Name Age Team Prelim Time				#402 Girls 11&U 50 Meter Free			
22 Botha, Andre	13	TYGE-CP	33.81	Preliminaries				Name Age Team Prelim Time			
23 Nothnagel, Henk K	13	CASC-CP	33.94	1 Wright, Jonah S	15	TYGE-CP	26.56	Preliminaries			
#401 Boys 14 50 Meter Free				2 Hough, Caleb	15	CLA-WC	27.17	1 Levi, Zara	11	CTO-CP	31.02
2016SA Age G: 24.11 # 2009 Morne Kemp-Telkom				3 Afonso, Aragon G	15	QSSC-CP	27.45	2 Kimani, Katja	11	CYBE-CP	31.75
Name Age Team Finals Time				4 Coetzee, Sion M	15	QSSC-CP	27.46	3 Abrams, Sophia E	11	USC-BU	32.51
Finals				5 Lichthart, Nicus	15	QSSC-CP	27.56	*4 Pitout, Addison P	11	ASAC-CP	32.57
1 VerLoren Van Themaat,	14	LALE-CE	27.51	6 Grobler, Chris I	15	CASC-CP	27.72	*4 Meiring, Scarlett J	11	INFA-NM	32.57
2 Striglia, Elio	14	HARL-BU	27.63	7 Wessels, Tiaan	15	USC-BU	27.79	6 Van Onselen, Annabelle	11	TYGE-CP	32.90
3 Spies, Pierre J	14	FISH-ED	28.10	8 Pieterse, Marcelle J	15	XCEL-CP	27.82	7 Glass, Gabi	11	SAAW-CP	33.21
4 Van Daalen, Lohan	14	HARL-BU	28.20	9 Krause, Luke	15	CASC-CP	27.91	8 Thompson, Mia M	11	BEST-NM	33.41
5 Coates, Caleb	14	BEST-NM	28.80	10 Smith, Jenson C	15	ASAC-CP	28.01	9 Schenck, Maya K	11	TYGE-CP	33.44
6 Parr, Colbyn S	14	KNYA-ED	28.83	11 Ganger, Zeke D	15	MARL-CP	28.30	10 Swanepoel, Emma	11	CLA-WC	33.83
7 van Aarde, Matthew D	14	CASC-CP	28.93	12 Lewis, Callum R	15	CASC-CP	28.39	11 Maritz, Ava C	10	CTO-CP	33.85
8 De Jager, Eben	14	BRAVE-CE	29.17	13 Samsodien, Saaligh S	15	MARL-CP	28.58	12 Swanepoel, Anja E	11	CLA-WC	33.88
#401 Boys 14 50 Meter Free				14 Langeveldt, Christiano C	15	ALPHA-CP	29.05	13 Richards, Emma E	11	SAAW-CP	34.04
2016SA Age G: 24.11 # 2009 Morne Kemp-Telkom				15 Basson, Zethan L	15	PEAS-NM	29.14	14 Harvett, Logan L	11	STAQ-CE	34.48
Name Age Team Prelim Time				16 Kretzmann, Kaleb B	15	USC-BU	29.15	15 Saul, Astrid P	11	BLMA-CP	34.57
Preliminaries				17 Snyders, Reece	15	UWCA-CP	29.22	16 Sadi, Chrisela F	11	SAAW-CP	34.79
1 VerLoren Van Themaat,	14	LALE-CE	27.31	18 Gomez, Alex W	15	MARL-CP	29.32	17 Croft, Danni	11	KNYA-ED	35.07
2 Striglia, Elio	14	HARL-BU	27.95	19 Vorster, Bastian S	15	FISH-ED	29.64	18 Bowman, Bailey J	11	USC-BU	35.24
3 Van Daalen, Lohan	14	HARL-BU	28.46	20 Prince, Caleb T	15	BEST-NM	29.68	19 De Lange, Niah	11	CASC-CP	35.40
4 De Jager, Eben	14	BRAVE-CE	28.80	21 Bester, Daniël M	15	ESA-CE	30.23	20 Thyssse, Morgan K	11	USC-BU	35.82
5 Spies, Pierre J	14	FISH-ED	28.84	#401 Men 16 50 Meter Free				21 Louw, Milea	11	TYGE-CP	35.89
6 van Aarde, Matthew D	14	CASC-CP	28.89	2016SA Age G: 23.06 # 2009 Brett H. Walsh at The				22 McMaster, Rachael A	11	HARL-BU	36.10
7 Coates, Caleb	14	BEST-NM	28.93	Name Age Team Finals Time				23 Van Rooyen, Maggie L	11	PEAS-NM	36.65
8 Parr, Colbyn S	14	KNYA-ED	28.95	Finals				24 Fakier, Ayesha i	11	CTO-CP	37.87
9 Hucke, Tegan	14	CTO-CP	29.04	1 Cleophas, Kyle	16	PAQU-CE	26.77	25 De Jager, Isabella	11	BRAVE-CE	38.47
10 Heunis, Le Roux	14	TYGE-CP	29.37	2 van Staden, Mika L	16	AQUA-BU	26.87	26 October, Jemma F	11	ALPHA-CP	39.47
11 Earle, Zack C	14	FISH-ED	29.38	3 van Wyk, Tariq K	16	CASC-CP	27.16	#402 Girls 12 50 Meter Free			
12 Ramorwesi, Oratilwe M	14	SAAW-CP	29.41	4 Mansfield, Luke T	16	STAQ-CE	27.34	2016SA Age G: 27.81 # 1998 Kelly F Acutt at West			
13 Pitout, Zachary J	14	ASAC-CP	29.42	5 Alvim, João M	16	CBM	27.76	Name Age Team Finals Time			
14 Lockyear, Devon P	14	USC-BU	29.51	6 Oosthuizen, Ethan	16	PLAY-CE	28.55	Finals			
15 Troskie, Roean	14	QSSC-CP	29.66	7 Armist, Caleb	16	HARL-BU	29.17	1 Sprong, Jaime M	12	ASAC-CP	30.68
16 Shipton, Christopher J	14	QSSC-CP	29.85	8 Isaacs, Christiano A	16	UWCA-CP	29.82	2 Sebastian, Catherine	12	MANT-CP	30.87
17 Nikolic, Sebastian N	14	INFA-NM	29.90	#401 Men 16 50 Meter Free				3 Douglas, Keyla	12	ROA-ED	31.14
18 February, Dillon S	14	CASC-CP	30.17	2016SA Age G: 23.06 # 2009 Brett H. Walsh at The				4 DU Plessis, Lheané	12	FISH-ED	31.41
19 Jooste, Ben D	14	CUHE-OB	30.22	Name Age Team Prelim Time				5 Van Jaarsveld, Bianca I	12	TYGE-CP	31.66
*20 Lauf, Connor R	14	CTO-CP	30.24	Preliminaries				6 Serdyn, Jana	12	INFA-NM	31.80
*20 Abrie, Ryn J	14	CUHE-OB	30.24	1 Cleophas, Kyle	16	PAQU-CE	26.79	7 Vermeulen, Jaime-Lynn	12	HARL-BU	31.90
22 Gallie, Abdul-Aziz	14	MANT-CP	30.86	2 van Wyk, Tariq K	16	CASC-CP	26.99	8 Swanepoel, Pia Q	12	ASAC-CP	32.31
23 Fortune, Hakeem	14	MANT-CP	31.75	3 van Staden, Mika L	16	AQUA-BU	27.32				
24 Smith, Jacobus J	14	FISH-ED	31.91	4 Mansfield, Luke T	16	STAQ-CE	27.60				

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

#402 Girls 12 50 Meter Free				2016SA Age G: 27.81 # 1998 Kelly F Acutt at West				2016SA Age G: 26.67 # 2004 Tanya Strydom at SA				2016SA Age G: 26.13 # 2003 Lauren Roets at Telko			
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time
Preliminaries				Finals				Finals				Finals			
1 DU Plessis, Lheané	12	FISH-ED	31.00	1 Botha, Rebecca P	14	CASC-CP	29.64	1 Pieterse, Abby L	16	INFA-NM	29.97	1 Pieterse, Abby L	16	INFA-NM	29.75
2 Douglas, Keyla	12	ROA-ED	31.22	2 Nienaber, Mila J	14	ESA-CE	30.45	2 Holthuis, Keilah-Naomi	16	ESA-CE	30.13	2 Huang, Shi Han A	16	BLMA-CP	30.07
3 Sprong, Jaime M	12	ASAC-CP	31.32	3 Coleman, Milan	14	FISH-ED	30.61	3 Huang, Shi Han A	16	BLMA-CP	30.22	3 Burger, Juanè	16	CASC-CP	30.20
4 Vermeulen, Jaime-Lynn	12	HARL-BU	31.62	4 Minnaar, Amelia C	14	USC-BU	30.83	4 Burger, Juanè	16	CASC-CP	30.37	4 Holthuis, Keilah-Naomi	16	ESA-CE	30.80
5 Swanepoel, Pia Q	12	ASAC-CP	31.96	5 McLean, Daniella L	14	PEAS-NM	30.94	5 Rossouw, Cara	16	TYGE-CP	30.75	5 Rossouw, Cara	16	TYGE-CP	31.05
6 Van Jaarsveld, Bianca I	12	TYGE-CP	32.05	6 Longueira, Ava L	14	ASAC-CP	31.28	6 Adams, Sydney M	16	VINE-CP	31.12	6 Adams, Sydney M	16	VINE-CP	31.13
7 Serdyn, Jana	12	INFA-NM	32.13	7 van der Westhuizen, Am	14	INFA-NM	31.43	7 Hager, Carle	16	ESA-CE	32.55	7 Hager, Carle	16	ESA-CE	31.46
8 Sebastian, Catherine	12	MANT-CP	32.16	8 De Beer, Isabella C	14	PLAY-CE	31.45	8 Mauer, Kayden	16	USC-BU	33.36	8 Hagglund, Emma H	16	SSISA-CP	32.45
9 Stearn, Hannah	12	INFA-NM	32.19	#402 Girls 14 50 Meter Free				9 Barnard, Adelmari D	16	ESA-CE	32.51	9 Barnard, Adelmari D	16	ESA-CE	32.51
10 Greyvenstein, Hayley	12	USC-BU	32.28	2016SA Age G: 26.67 # 2004 Tanya Strydom at SA				10 Mauer, Kayden	16	USC-BU	33.38	10 Mauer, Kayden	16	USC-BU	33.38
11 Beyers, Lize M	12	AGAQ-OB	32.53	Finals				11 Kleynhans, Sian	16	WAC-ED	33.87	#403 Boys 14&U 50 Meter Free Multi-Class Multi Cl			
12 Smit, Dione	12	CASC-CP	32.68	1 Botha, Rebecca P	14	CASC-CP	29.64	Finals				Finals			
13 Pieterse, Kate J	12	PEAS-NM	32.81	2 Wallis, Juliette	14	CASC-CP	29.88	1 Brown, Magmoed S14	13	VINE-CP	40.60	1 Brown, Magmoed S14	13	VINE-CP	38.71
14 Davis-Taylor, Bela S	12	INFA-NM	32.84	3 Nienaber, Mila J	14	ESA-CE	30.57	2 Hartwig, Connor M S6	14	HARL-BU	46.63	2 Hartwig, Connor M S6	14	HARL-BU	47.09
15 Palacio, Ines C	12	CBM	32.93	4 Minnaar, Amelia C	14	USC-BU	30.82	#402 Women 15 50 Meter Free				Preliminaries			
*16 Joubert, Rebecca J	12	INFA-NM	32.94	5 McLean, Daniella L	14	PEAS-NM	30.85	2016SA Age G: 26.13 # 2003 Lauren Roets at Telko				Finals			
*16 Olivier, Gianna G	12	PAQU-CE	32.94	6 Coleman, Milan	14	FISH-ED	30.97	Finals				Preliminaries			
18 Iliev, Emily M	12	CBM	33.07	7 De Beer, Isabella C	14	PLAY-CE	31.03	1 Van Tromp, Seruby	15	LALE-CE	30.51	1 Van Tromp, Seruby	15	LALE-CE	30.23
19 Du Preez, Kyra J	12	USC-BU	33.10	8 van der Westhuizen, Am	14	INFA-NM	31.28	2 Lindsay, Edith J	15	FISH-ED	30.66	2 Hawley, Nicola	15	PLAY-CE	30.62
20 Thompson, Taya R	12	CTO-CP	33.11	9 Longueira, Ava L	14	ASAC-CP	31.43	3 Groves, Philippa R	15	SSISA-CP	30.77	3 Groves, Philippa R	15	SSISA-CP	30.79
21 Loni, Yama	12	INFA-NM	33.13	10 Coetzee, Marli	14	CASC-CP	31.63	#402 Women 16 50 Meter Free				4 Lindsay, Edith J	15	FISH-ED	31.33
22 Muller, Skyler M	12	HARL-BU	33.18	2016SA Age G: 26.67 # 2004 Tanya Strydom at SA				2016SA Age G: 25.82 # 2015 Erin P. Gallagher at V				5 Weimann, Erin J	15	USC-BU	31.42
23 Mahlangu, Ndalo	12	BLMA-CP	33.23	Finals				Finals				6 Engelbrecht, Giselle K	15	HTSA-CP	31.69
24 Hengst, Emily A	12	CASC-CP	33.33	11 Diessner, Ava	14	PEAS-NM	32.16	#402 Women 16 50 Meter Free				7 O'Carroll, Nia E	15	STAQ-CE	32.19
25 Ranger, Emma L	12	USC-BU	33.77	12 Madeley, Amy O	14	ANAX-CP	32.88	2016SA Age G: 25.82 # 2015 Erin P. Gallagher at V				8 Wener, Sophia	15	ASAC-CP	32.41
26 Engelbrecht, Zia-Bella L	12	HTSA-CP	33.78	13 Strydom, Mia	14	INFA-NM	33.00	Finals				9 Kröger, Sammy	15	ESA-CE	35.10
27 Smith, Isabel H	12	USC-BU	33.92	14 Lourens, Mia	14	CASC-CP	33.17	2016SA Age G: 25.82 # 2015 Erin P. Gallagher at V				Preliminaries			
28 Chong, Sophie	12	CYBE-CP	33.95	15 Smith, Ava-Sophia H	14	USC-BU	34.01	Finals				1 Van Tromp, Seruby	15	LALE-CE	30.23
29 Ras, Annabelle	12	CASC-CP	34.12	#402 Girls 14 50 Meter Free				#403 Boys 14&U 50 Meter Free Multi-Class Multi Cl				2 Hawley, Nicola	15	PLAY-CE	30.62
30 Makore, Bona M	12	ASAC-CP	34.24	2016SA Age G: 26.67 # 2004 Tanya Strydom at SA				Finals				3 Groves, Philippa R	15	SSISA-CP	30.79
31 Burden, Leila A	12	CASC-CP	34.37	Finals				Finals				4 Lindsay, Edith J	15	FISH-ED	31.33
32 Dart, Mackenzi J	12	USC-BU	34.86	1 Botha, Rebecca P	14	CASC-CP	29.83	#402 Women 15 50 Meter Free				5 Weimann, Erin J	15	USC-BU	31.42
33 Onkruid, Gianna R	12	UWCA-CP	35.05	2 Wallis, Juliette	14	CASC-CP	29.88	2016SA Age G: 26.13 # 2003 Lauren Roets at Telko				6 Engelbrecht, Giselle K	15	HTSA-CP	31.69
34 Schemel, Leah I	12	HARL-BU	35.66	3 Nienaber, Mila J	14	ESA-CE	30.57	Finals				7 O'Carroll, Nia E	15	STAQ-CE	32.19
35 Stevens, Ava	12	USC-BU	38.27	4 Minnaar, Amelia C	14	USC-BU	30.82	2016SA Age G: 26.13 # 2003 Lauren Roets at Telko				8 Wener, Sophia	15	ASAC-CP	32.41
#402 Girls 13 50 Meter Free				5 McLean, Daniella L	14	PEAS-NM	30.85	Finals				9 Kröger, Sammy	15	ESA-CE	35.10
2016SA Age G: 27.28 # 2015 Rebecca A. Meder at V				6 Coleman, Milan	14	FISH-ED	30.97	2016SA Age G: 25.82 # 2015 Erin P. Gallagher at V				Preliminaries			
Finals				7 De Beer, Isabella C	14	PLAY-CE	31.03	Finals				1 Van Tromp, Seruby	15	LALE-CE	30.51
1 Christensen, Milla M	13	WELL-CE	30.68	8 van der Westhuizen, Am	14	INFA-NM	31.28	#403 Boys 14&U 50 Meter Free Multi-Class Multi Cl				2 Lindsay, Edith J	15	FISH-ED	30.66
2 De Smidt, Emma J	13	AQDO-CP	30.76	9 Longueira, Ava L	14	ASAC-CP	31.43	Finals				3 Groves, Philippa R	15	SSISA-CP	30.77
3 Roth, Elle	13	PEAS-NM	30.99	10 Coetzee, Marli	14	CASC-CP	31.63	2016SA Age G: 25.82 # 2015 Erin P. Gallagher at V				Preliminaries			
4 Pearson-Adams, Oshun	13	SAAW-CP	31.23	2016SA Age G: 26.67 # 2004 Tanya Strydom at SA				Finals				1 Brown, Magmoed S14	13	VINE-CP	40.60
5 Mansour, Daniela	13	CBM	31.33	Finals				Finals				2 Hartwig, Connor M S6	14	HARL-BU	46.63
6 Wilson, Samantha	13	INFA-NM	31.34	11 Diessner, Ava	14	PEAS-NM	32.16	#402 Women 15 50 Meter Free				Finals			
7 Terwin, Brooklyn	13	USC-BU	31.77	12 Madeley, Amy O	14	ANAX-CP	32.88	2016SA Age G: 26.13 # 2003 Lauren Roets at Telko				Preliminaries			
8 Tembo, Noku L	13	KNYA-ED	32.22	13 Strydom, Mia	14	INFA-NM	33.00	Finals				1 Brown, Magmoed S14	13	VINE-CP	38.71
#402 Girls 13 50 Meter Free				14 Lourens, Mia	14	CASC-CP	33.17	2016SA Age G: 25.82 # 2015 Erin P. Gallagher at V				2 Hartwig, Connor M S6	14	HARL-BU	47.09
2016SA Age G: 27.28 # 2015 Rebecca A. Meder at V				15 Smith, Ava-Sophia H	14	USC-BU	34.01	Finals				Preliminaries			
Finals				#402 Women 15 50 Meter Free				2016SA Age G: 26.13 # 2003 Lauren Roets at Telko				Finals			
1 Christensen, Milla M	13	WELL-CE	30.56	2016SA Age G: 26.13 # 2003 Lauren Roets at Telko				Finals				1 Brown, Magmoed S14	13	VINE-CP	40.60
2 De Smidt, Emma J	13	AQDO-CP	30.58	Finals				Finals				2 Hartwig, Connor M S6	14	HARL-BU	46.63
3 Roth, Elle	13	PEAS-NM	30.91	1 Van Tromp, Seruby	15	LALE-CE	30.51	#403 Boys 14&U 50 Meter Free Multi-Class Multi Cl				Preliminaries			
4 Pearson-Adams, Oshun	13	SAAW-CP	31.00	2 Lindsay, Edith J	15	FISH-ED	30.66	Finals				1 Brown, Magmoed S14	13	VINE-CP	38.71
5 Wilson, Samantha	13	INFA-NM	31.01	3 Groves, Philippa R	15	SSISA-CP	30.77	2016SA Age G: 25.82 # 2015 Erin P. Gallagher at V				2 Hartwig, Connor M S6	14	HARL-BU	47.09

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

#404 Women 15-99 50 Meter Free Multi-Class Mult				#405 Boys 12 200 Meter Breast				#405 Boys 14 200 Meter Breast			
2016SA Age G: 2:31.81 # 2013 Cameron K. Matthews				2016SA Age G: 2:31.81 # 2013 Cameron K. Matthews				2016SA Age G: 2:26.43 # 2011 Brenden G Crawford			
Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time	Name	Age	Team	Finals Time
Finals				Preliminaries				Finals			
1 Endres, Josephine S15	15	VINE-CP	32.24	1 Heiberg, Ethan	12	MANT-CP	3:06.30	1 De Jager, Eben	14	BRAVE-CE	2:51.80
#404 Women 15-99 50 Meter Free Multi-Class Mult				2016SA Age G: 2:26.43 # 2011 Brenden G Crawford				2016SA Age G: 2:26.43 # 2011 Brenden G Crawford			
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time
Preliminaries				Finals				Preliminaries			
1 Endres, Josephine S15	15	VINE-CP	31.91	2 Coetzee, Tristan R	12	FISH-ED	3:10.16	1 Lockyear, Devon P	14	USC-BU	2:53.09
#405 Boys 11&U 200 Meter Breast				2016SA Age G: 2:25.97 # 2014 Cameron K. Matthews				2016SA Age G: 2:18.18 # 2014 Bryce Skea at 2014 M			
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time	Name	Age	Team	Finals Time
Finals				Finals				Finals			
1 Fischer, Blake D	11	INFA-NM	3:07.85	1 Wilson, Kaleb	13	ASAC-CP	3:04.96	1 Basson, Zethan L	15	PEAS-NM	2:45.58
2 Beukes, Ryan M	11	SAAW-CP	3:09.18	2 Hauser, Paul	13	ASAC-CP	3:06.53	2 Kretzmann, Kaleb B	15	USC-BU	2:54.29
3 Van der Veen, Aiden L	11	PEAS-NM	3:15.03	3 Lombard, Quan R	13	ASAC-CP	3:07.15	3 Snyders, Reece	15	UWCA-CP	2:56.10
4 Mare, Ilan	11	CASC-CP	3:15.23	4 Stander, Christiaan L	13	ESA-CE	3:07.61	4 Bester, Daniël M	15	ESA-CE	2:57.27
5 Kleynhans, Michael	11	CASC-CP	3:16.16	5 Nothnagel, Henk K	13	CASC-CP	3:12.79	5 Gomez, Alex W	15	MARL-CP	3:04.86
6 Van Der Westhuizen, Ew	11	LALE-CE	3:18.41	6 Nel, Charles Paul	13	QSSC-CP	3:15.32	6 Krause, Luke	15	CASC-CP	3:08.33
7 Olivier, Simeon	11	PAQU-CE	3:19.45	7 Vleggaar, Daniel	13	TYGE-CP	3:15.45	#405 Men 15 200 Meter Breast			
8 Poultney, Daniel	10	CASC-CP	3:27.40	8 Spangenberg, Zach A	13	XCEL-CP	3:29.63	2016SA Age G: 2:18.18 # 2014 Bryce Skea at 2014 M			
#405 Boys 11&U 200 Meter Breast				#405 Boys 13 200 Meter Breast				2016SA Age G: 2:19.11 # 2013 Jarred C. Crous at 201			
Name	Age	Team	Prelim Time	Name	Age	Team	Finals Time	Name	Age	Team	Finals Time
Preliminaries				Preliminaries				Finals			
1 Beukes, Ryan M	11	SAAW-CP	3:16.23	1 Wilson, Kaleb	13	ASAC-CP	3:09.31	1 Mansfield, Luke T	16	STAQ-CE	2:37.89
2 Van der Veen, Aiden L	11	PEAS-NM	3:17.43	2 Hauser, Paul	13	ASAC-CP	3:12.47	2 Van Rooyen, Louis B	16	WAC-ED	2:51.92
3 Fischer, Blake D	11	INFA-NM	3:19.57	3 Lombard, Quan R	13	ASAC-CP	3:13.01	3 Oosthuizen, Ethan	16	PLAY-CE	2:55.90
4 Mare, Ilan	11	CASC-CP	3:20.75	4 Stander, Christiaan L	13	ESA-CE	3:14.42	4 Isaacs, Christiano A	16	UWCA-CP	3:00.82
5 Van Der Westhuizen, Ew	11	LALE-CE	3:21.13	5 Nel, Charles Paul	13	QSSC-CP	3:16.63				
6 Kleynhans, Michael	11	CASC-CP	3:21.37	6 Nothnagel, Henk K	13	CASC-CP	3:17.93				
7 Olivier, Simeon	11	PAQU-CE	3:22.82	7 Vleggaar, Daniel	13	TYGE-CP	3:20.31				
8 Poultney, Daniel	10	CASC-CP	3:24.64	8 Spangenberg, Zach A	13	XCEL-CP	3:20.78				
9 Kruger, Declan	11	BLMA-CP	3:26.21	9 Clifford, Jack K	13	USC-BU	3:21.15				
10 Horn, Ben	11	XCEL-CP	3:28.68	10 Botha, Andre	13	TYGE-CP	3:23.17				
11 Schäffler, James	11	ROA-ED	3:29.70	11 Egen, Erigh E	13	BARR-CP	3:30.38				
12 Tredoux, Simon P	11	BARR-CP	3:31.02	12 Lubbe, Mikael B	13	ASAC-CP	3:33.32				
13 Whitehouse, Bramwell /	11	CUHE-OB	3:31.57	13 Arnold, Samuel D	13	HARL-BU	3:35.17				
14 Janse van Rensburg, Wil	11	CASC-CP	3:33.06								
15 Freislich, Reid A	11	KNYA-ED	3:33.53								
16 Pieterse, Adriaan	11	PEAS-NM	3:36.72								
17 Pretorius, Johan M	11	ESA-CE	3:37.26								
18 Joubert, Daniel J	11	PLAY-CE	3:40.76								
19 Versfeld, Ben I	11	BRAVE-CE	3:41.14								
20 Eksteen, Pisces M	11	XCEL-CP	3:45.23								
21 Henning, Christiaan P	11	LALE-CE	3:48.23								
22 Basson, Zaryd D	11	PEAS-NM	3:49.18								
#405 Boys 12 200 Meter Breast				#405 Men 16 200 Meter Breast							
2016SA Age G: 2:31.81 # 2013 Cameron K. Matthews				2016SA Age G: 2:19.11 # 2013 Jarred C. Crous at 201							
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time				
Finals				Finals							
1 Heiberg, Ethan	12	MANT-CP	3:01.86	1 Mansfield, Luke T	16	STAQ-CE	2:37.89				
2 Schoeman, Mateo J	12	ESA-CE	3:03.61	2 Van Rooyen, Louis B	16	WAC-ED	2:51.92				
3 Askevold, Gunther J	12	BLMA-CP	3:05.99	3 Oosthuizen, Ethan	16	PLAY-CE	2:55.90				
4 Van Heerden, Emile L	12	WAC-ED	3:08.71	4 Isaacs, Christiano A	16	UWCA-CP	3:00.82				
5 Coetzee, Tristan R	12	FISH-ED	3:08.85								
6 Clark, Alexander L	12	UWCA-CP	3:09.01								
7 Perez Castellano, Emilio	12	CASC-CP	3:09.04								
8 Van Wyngaard, Daniël C	12	ROA-ED	3:12.44								

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

#405 Men 16 200 Meter Breast				3 Ras, Annabelle	12 CASC-CP	3:17.83	3 Smith, Ava-Sophia H	14 USC-BU	3:17.82	
2016SA Age G: 2:19.11 # 2013 Jarred C. Crous at 201				4 Van Jaarsveld, Bianca I	12 TYGE-CP	3:20.10	#406 Girls 14 200 Meter Breast			
Name Age Team Prelim Time				5 Normington, Olivia	12 XCEL-CP	3:20.25	2016SA Age G: 2:32.41 # 1997 Sarah Poewe			
Preliminaries				6 Schemel, Leah I	12 HARL-BU	3:21.03	Name Age Team Prelim Time			
1 Mansfield, Luke T	16	STAQ-CE	2:39.98	7 Greyvenstein, Hayley	12 USC-BU	3:21.25	Preliminaries			
2 Van Rooyen, Louis B	16	WAC-ED	2:54.26	8 Stevens, Ava	12 USC-BU	3:23.01	1 Retief, Jane	14	LALE-CE	3:11.33
3 Oosthuizen, Ethan	16	PLAY-CE	2:59.39	9 Swanepoel, Pia Q	12 ASAC-CP	3:23.58	2 Longueira, Ava L	14	ASAC-CP	3:11.49
4 Isaacs, Christiano A	16	UWCA-CP	2:59.60	10 Nchumali, Kwicia	12 CBM	3:23.60	3 Smith, Ava-Sophia H	14	USC-BU	3:21.18
5 Fortune, Yaseen	16	MANT-CP	3:31.12	11 DU Plessis, Lheané	12 FISH-ED	3:24.46	#406 Women 15 200 Meter Breast			
#406 Girls 11&U 200 Meter Breast				12 Onkruid, Gianna R	12 UWCA-CP	3:24.77	2016SA Age G: 2:31.31 # 2015 Kaylee Corbett at- Sa			
Name Age Team Finals Time				13 Muller, Skyler M	12 HARL-BU	3:25.04	Name Age Team Finals Time			
Finals				14 Brissos, Filipa	12 CMD	3:26.66	Finals			
1 Abrahamse, Lexi	11	VINE-CP	3:08.35	15 Smith, Isabel H	12 USC-BU	3:26.94	1 Weimann, Erin J	15	USC-BU	3:02.56
2 Levi, Zara	11	CTO-CP	3:13.05	16 van Staden, Stella	12 AQUA-BU	3:28.69	2 Cronjé, Miané	15	FISH-ED	3:03.14
3 Kimani, Katja	11	CYBE-CP	3:17.94	17 Ranger, Emma L	12 USC-BU	3:28.88	3 Wener, Sophia	15	ASAC-CP	3:07.86
4 Scheffer, Shaylee C	11	UWCA-CP	3:18.99	18 Serdyn, Jana	12 INFA-NM	3:28.97	4 Robinson, Alana	15	SAAW-CP	3:13.83
5 Oliphant, Isabelle	11	HARL-BU	3:23.01	19 Sebastian, Catherine	12 MANT-CP	3:30.58	5 Abrahams, Amaani	15	MARL-CP	3:19.43
6 De Jager, Isabella	11	BRAVE-CE	3:25.01	20 Du Preez, Kyra J	12 USC-BU	3:31.47	6 Hawley, Nicola	15	PLAY-CE	3:20.98
7 Victor, Amy-Mae	11	PEAS-NM	3:28.02	21 Stearn, Hannah	12 INFA-NM	3:33.00	7 Lindsay, Edith J	15	FISH-ED	3:21.70
8 Fakier, Ayesha i	11	CTO-CP	3:31.50	22 Engelbrecht, Zia-Bella L	12 HTSA-CP	3:34.93	8 Kröger, Sammy	15	ESA-CE	3:26.78
#406 Girls 11&U 200 Meter Breast				23 Chong, Sophie	12 CYBE-CP	3:36.53	#406 Women 15 200 Meter Breast			
Name Age Team Prelim Time				24 Mahlangu, Ndalo	12 BLMA-CP	3:38.70	2016SA Age G: 2:31.31 # 2015 Kaylee Corbett at- Sa			
Preliminaries				25 Arendse, Emma	12 MANT-CP	3:42.01	Name Age Team Prelim Time			
1 Abrahamse, Lexi	11	VINE-CP	3:08.02	#406 Girls 13 200 Meter Breast				Preliminaries		
2 Levi, Zara	11	CTO-CP	3:16.99	2016SA Age G: 2:30.38 # 2009 Jessica S.Liss at Natio				1 Cronjé, Miané		
3 Kimani, Katja	11	CYBE-CP	3:23.42	Name Age Team Finals Time				2 Weimann, Erin J		
4 Oliphant, Isabelle	11	HARL-BU	3:24.73	Finals				3 Wener, Sophia		
5 Scheffer, Shaylee C	11	UWCA-CP	3:25.10	1 Pieterse, Nina	13	PEAS-NM	3:01.01	4 Lindsay, Edith J		
6 Victor, Amy-Mae	11	PEAS-NM	3:25.97	2 Grebe, Ava	13	CUHE-OB	3:01.72	5 Abrahams, Amaani		
7 De Jager, Isabella	11	BRAVE-CE	3:28.83	3 Kalapac, Lexi	13	SLAQ-CP	3:07.16	6 Robinson, Alana		
8 Fakier, Ayesha i	11	CTO-CP	3:30.23	4 Julies, Grace J	13	XCEL-CP	3:09.50	7 Kröger, Sammy		
9 Schenck, Maya K	11	TYGE-CP	3:33.25	5 Schutzler, Amelia-Rose	13	USC-BU	3:17.10	8 Hawley, Nicola		
10 Thyse, Morgan K	11	USC-BU	3:33.37	6 Voysey, Ella N	13	ASAC-CP	3:18.22	3:23.66		
11 Van Onselen, Annabelle	11	TYGE-CP	3:34.01	7 Jurgens, Chloe-Leigh	13	VINE-CP	3:19.91	#406 Women 16 200 Meter Breast		
12 Harvett, Logan L	11	STAQ-CE	3:34.35	8 Lloyd, Jemma A	13	VINE-CP	3:21.51	2016SA Age G: 2:25.90 # 1999 Sarah Poewe at Pan F		
13 Croft, Danni	11	KNYA-ED	3:36.36	#406 Girls 13 200 Meter Breast				Name Age Team Finals Time		
14 Van Rooyen, Maggie L	11	PEAS-NM	3:37.07	2016SA Age G: 2:30.38 # 2009 Jessica S.Liss at Natio				1 Rossouw, Cara		
15 De Lange, Niah	11	CASC-CP	3:41.36	Name Age Team Prelim Time				2 Adams, Sydney M		
16 Maritz, Ava C	10	CTO-CP	3:47.08	Preliminaries				3 Barnard, Adelmari D		
17 Saul, Astrid P	11	BLMA-CP	3:49.55	1 Pieterse, Nina	13	PEAS-NM	3:04.14	4 Albino, Nemzi L		
#406 Girls 12 200 Meter Breast				2 Grebe, Ava	13	CUHE-OB	3:06.62	5 Mauer, Kayden		
2016SA Age G: 2:28.55 # 2008 Jessica S. Liss at Telko				3 Kalapac, Lexi	13	SLAQ-CP	3:08.79	6 Kleynhans, Sian		
Name Age Team Finals Time				4 Julies, Grace J	13	XCEL-CP	3:10.65	3:27.19		
Finals				5 Schutzler, Amelia-Rose	13	USC-BU	3:19.57	#406 Women 16 200 Meter Breast		
1 Benade, Aria	12	SAAW-CP	3:02.12	6 Jurgens, Chloe-Leigh	13	VINE-CP	3:19.91	2016SA Age G: 2:25.90 # 1999 Sarah Poewe at Pan F		
2 Olivier, Gianna G	12	PAQU-CE	3:10.10	7 Lloyd, Jemma A	13	VINE-CP	3:21.42	Name Age Team Prelim Time		
3 Normington, Olivia	12	XCEL-CP	3:13.18	8 Stevenson, Mikayla	13	QSSC-CP	3:22.07	Finals		
4 Greyvenstein, Hayley	12	USC-BU	3:15.65	9 Voysey, Ella N	13	ASAC-CP	3:22.86	1 Rossouw, Cara		
5 Schemel, Leah I	12	HARL-BU	3:18.62	10 Anthony, Jazmin A	13	PAQU-CE	3:23.40	2 Adams, Sydney M		
6 Van Jaarsveld, Bianca I	12	TYGE-CP	3:19.10	11 Haldane, Bella	13	FISH-ED	3:24.73	3 Barnard, Adelmari D		
7 Stevens, Ava	12	USC-BU	3:19.99	12 Haynes-Smart, Kaitlyn	13	VINE-CP	3:38.94	4 Albino, Nemzi L		
8 Swanepoel, Pia Q	12	ASAC-CP	3:21.30	13 Du Plessis, Leah	13	PEAS-NM	3:39.33	5 Mauer, Kayden		
#406 Girls 12 200 Meter Breast				14 De Smidt, Emma J	13	AQDO-CP	3:47.86	6 Kleynhans, Sian		
2016SA Age G: 2:28.55 # 2008 Jessica S. Liss at Telko				#406 Girls 14 200 Meter Breast				3:25.42		
Name Age Team Prelim Time				2016SA Age G: 2:32.41 # 1997 Sarah Poewe				Name Age Team Prelim Time		
Preliminaries				Name Age Team Finals Time				Finals		
1 Benade, Aria	12	SAAW-CP	3:06.70	Finals				1 Brown, Magmoed SB14		
2 Olivier, Gianna G	12	PAQU-CE	3:11.94	1 Retief, Jane	14	LALE-CE	3:07.41	13 VINE-CP		
				2 Longueira, Ava L	14	ASAC-CP	3:14.88	1:55.88		

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

#409 Men 16 50 Meter Back				5 Hengst, Emily A	12	CASC-CP	37.38	12 Kretzmann, Sophie F	13	USC-BU	38.06	
2016SA Age G: 26.42 # 2015 ZANE WADDELL at SA				6 Van Jaarsveld, Bianca I	12	TYGE-CP	37.79	13 Lloyd, Jemma A	13	VINE-CP	38.51	
Name	Age	Team	Finals Time	7 Thompson, Taya R	12	CTO-CP	38.07	14 Jantjies, Zara	13	MANT-CP	39.00	
Finals				8 Dart, Mackenzi J	12	USC-BU	38.16	15 Lilley, Kenna	13	TYGE-CP	39.17	
1 Alvim, João M	16	CBM	32.55	#410 Girls 12 50 Meter Back				16 Jurgens, Chloe-Leigh	13	VINE-CP	39.53	
2 van Wyk, Tariq K	16	CASC-CP	33.12	2016SA Age G: 30.97 # 2011 Nathania Van Niekerk				17 Hendricks, Jada	13	CASC-CP	40.10	
3 Oosthuizen, Ethan	16	PLAY-CE	33.19	Name	Age	Team	Prelim Time	18 Jordaan, Mikayla E	13	CASC-CP	40.12	
4 Armist, Caleb	16	HARL-BU	34.08	Preliminaries				19 Haynes-Smart, Kaitlyn	13	VINE-CP	40.34	
#409 Men 16 50 Meter Back				1 Nchumali, Kwicia	12	CBM	35.81	20 Adams, Ella	13	CASC-CP	41.85	
2016SA Age G: 26.42 # 2015 ZANE WADDELL at SA				2 Davis-Taylor, Bela S	12	INFA-NM	36.10	21 Grebe, Ava	13	CUHE-OB	42.36	
Name	Age	Team	Prelim Time	3 Douglas, Keyla	12	ROA-ED	37.32	#410 Girls 14 50 Meter Back				
Preliminaries				4 Beyers, Lize M	12	AGA-Q-OB	37.44	2016SA Age G: 29.81 # 2014 Mariella G. Venter at SA				
1 Alvim, João M	16	CBM	32.74	5 Sprong, Jaime M	12	ASAC-CP	37.46	Name	Age	Team	Finals Time	
2 van Wyk, Tariq K	16	CASC-CP	33.77	6 Hengst, Emily A	12	CASC-CP	37.82	Finals				
3 Oosthuizen, Ethan	16	PLAY-CE	34.14	7 Van Jaarsveld, Bianca I	12	TYGE-CP	38.89	1 De Beer, Isabella C	14	PLAY-CE	34.06	
4 Armist, Caleb	16	HARL-BU	34.99	8 Dart, Mackenzi J	12	USC-BU	39.20	2 Minnaar, Amelia C	14	USC-BU	34.70	
5 Fortune, Yaseen	16	MANT-CP	36.06	9 Thompson, Taya R	12	CTO-CP	39.50	3 Coleman, Milan	14	FISH-ED	35.06	
#410 Girls 11&U 50 Meter Back				10 Sebastian, Catherine	12	MANT-CP	39.59	4 McLean, Daniella L	14	PEAS-NM	35.12	
2016SA Age G: 26.42 # 2015 ZANE WADDELL at SA				11 Engelbrecht, Zia-Bella L	12	HTSA-CP	39.83	5 Botha, Rebecca P	14	CASC-CP	35.31	
Name	Age	Team	Finals Time	12 Smit, Dione	12	CASC-CP	40.06	6 Madeley, Amy O	14	ANAX-CP	35.37	
Finals				13 Vermeulen, Jaime-Lynn	12	HARL-BU	40.16	7 Diessner, Ava	14	PEAS-NM	36.69	
1 Meiring, Scarlett J	11	INFA-NM	36.88	14 Mahlangu, Ndalo	12	BLMA-CP	40.39	8 Nienaber, Mila J	14	ESA-CE	36.95	
2 Thompson, Mia M	11	BEST-NM	37.56	15 Palacio, Ines C	12	CBM	40.45	#410 Girls 14 50 Meter Back				
3 Van Onselen, Annabelle	11	TYGE-CP	38.03	16 Stearn, Hannah	12	INFA-NM	40.63	2016SA Age G: 29.81 # 2014 Mariella G. Venter at SA				
4 Glass, Gabi	11	SAAW-CP	38.37	17 Burden, Leila A	12	CASC-CP	40.68	Name	Age	Team	Prelim Time	
5 Schenck, Maya K	11	TYGE-CP	38.81	18 Serdyn, Jana	12	INFA-NM	40.84	Preliminaries				
6 Van Rooyen, Maggie L	11	PEAS-NM	39.14	19 Normington, Olivia	12	XCEL-CP	41.72	1 De Beer, Isabella C	14	PLAY-CE	33.95	
7 Richards, Emma E	11	SAAW-CP	39.41	20 DU Plessis, Lheané	12	FISH-ED	41.79	2 Coleman, Milan	14	FISH-ED	35.07	
8 Abrams, Sophia E	11	USC-BU	40.40	21 Benade, Aria	12	SAAW-CP	41.92	3 Minnaar, Amelia C	14	USC-BU	35.08	
#410 Girls 11&U 50 Meter Back				22 Ras, Annabelle	12	CASC-CP	42.75	4 Botha, Rebecca P	14	CASC-CP	35.63	
2016SA Age G: 26.42 # 2015 ZANE WADDELL at SA				23 van Staden, Stella	12	AQUA-BU	42.97	5 McLean, Daniella L	14	PEAS-NM	35.68	
Name	Age	Team	Prelim Time	24 Stevens, Ava	12	USC-BU	49.57	6 Madeley, Amy O	14	ANAX-CP	35.84	
Preliminaries				#410 Girls 13 50 Meter Back				7 Nienaber, Mila J	14	ESA-CE	36.34	
1 Meiring, Scarlett J	11	INFA-NM	37.85	2016SA Age G: 30.19 # 2013 Nathania Van Niekerk				8 Wallis, Juliette	14	CASC-CP	36.61	
2 Thompson, Mia M	11	BEST-NM	38.54	Name	Age	Team	Finals Time	9 Diessner, Ava	14	PEAS-NM	37.14	
3 Glass, Gabi	11	SAAW-CP	39.06	Finals				10 Coetzee, Marli	14	CASC-CP	37.25	
4 Schenck, Maya K	11	TYGE-CP	39.20	1 Roth, Elle	13	PEAS-NM	33.24	11 Lourens, Mia	14	CASC-CP	37.41	
5 Van Onselen, Annabelle	11	TYGE-CP	39.25	2 Pearson-Adams, Oshun	13	SAAW-CP	33.63	12 Strydom, Mia	14	INFA-NM	39.26	
6 Richards, Emma E	11	SAAW-CP	39.54	3 Barthus, Alessia	13	MANT-CP	34.77	#410 Women 15 50 Meter Back				
7 Van Rooyen, Maggie L	11	PEAS-NM	39.90	4 Klopper, Lene	13	QSSC-CP	35.00	2016SA Age G: 28.88 # 2015 Mariella G. Venter at SA				
8 Abrams, Sophia E	11	USC-BU	39.92	5 Haldane, Bella	13	FISH-ED	35.21	Name	Age	Team	Finals Time	
9 Harvett, Logan L	11	STAQ-CE	40.86	6 Matthee, Zarah	13	UWCA-CP	36.05	Finals				
10 Victor, Amy-Mae	11	PEAS-NM	41.22	7 McGluwa, Jovanah N	13	CASC-CP	37.05	1 Cronjé, Miané	15	FISH-ED	34.70	
11 Louw, Milea	11	TYGE-CP	41.56	8 Tembo, Noku L	13	KNYA-ED	37.42	2 Engelbrecht, Giselle K	15	HTSA-CP	35.23	
12 De Lange, Niah	11	CASC-CP	42.17	#410 Girls 13 50 Meter Back				3 O'Carroll, Nia E	15	STAQ-CE	36.43	
13 Croft, Danni	11	KNYA-ED	42.44	2016SA Age G: 30.19 # 2013 Nathania Van Niekerk				4 Groves, Philippa R	15	SSISA-CP	36.55	
14 Thyse, Morgan K	11	USC-BU	42.73	Name	Age	Team	Prelim Time	5 Kröger, Sammy	15	ESA-CE	38.44	
15 Sadi, Chrisela F	11	SAAW-CP	43.17	Preliminaries				6 Abrahams, Amaani	15	MARL-CP	39.24	
16 Oliphant, Isabelle	11	HARL-BU	43.84	1 Roth, Elle	13	PEAS-NM	33.90	#410 Women 15 50 Meter Back				
17 Saul, Astrid P	11	BLMA-CP	44.13	2 Pearson-Adams, Oshun	13	SAAW-CP	34.30	2016SA Age G: 28.88 # 2015 Mariella G. Venter at SA				
18 De Jager, Isabella	11	BRAVE-CE	47.54	3 Barthus, Alessia	13	MANT-CP	35.49	Name	Age	Team	Prelim Time	
19 October, Jemma F	11	ALPHA-CP	48.65	4 Klopper, Lene	13	QSSC-CP	35.82	Finals				
#410 Girls 12 50 Meter Back				5 Stevenson, Mikayla	13	QSSC-CP	36.03	1 Cronjé, Miané	15	FISH-ED	35.11	
2016SA Age G: 30.97 # 2011 Nathania Van Niekerk				6 Haldane, Bella	13	FISH-ED	36.15	2 Engelbrecht, Giselle K	15	HTSA-CP	36.12	
Name	Age	Team	Finals Time	7 McGluwa, Jovanah N	13	CASC-CP	37.22	3 Groves, Philippa R	15	SSISA-CP	36.90	
Finals				8 Tembo, Noku L	13	KNYA-ED	37.48	4 O'Carroll, Nia E	15	STAQ-CE	36.99	
1 Nchumali, Kwicia	12	CBM	34.50	9 Matthee, Zarah	13	UWCA-CP	37.52	5 Abrahams, Amaani	15	MARL-CP	39.03	
2 Davis-Taylor, Bela S	12	INFA-NM	35.48	10 Nel, Olivia	13	CLA-WC	37.73	6 Kröger, Sammy	15	ESA-CE	39.21	
3 Sprong, Jaime M	12	ASAC-CP	36.56	#410 Girls 12 50 Meter Back								
4 Beyers, Lize M	12	AGA-Q-OB	36.63	2016SA Age G: 30.97 # 2011 Nathania Van Niekerk								
				Name	Age	Team	Finals Time					
				11 Terwin, Brooklyn	13	USC-BU	37.93					

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

#410 Women 16 50 Meter Back				21 Poultney, Daniel	10	CASC-CP	42.53	5 Lee, Daniel	13	TYGE-CP	32.82
2016SA Age G: 29.37 # 2016 Mariella G Venter-Gra				22 Eksteen, Pisces M	11	XCEL-CP	46.24	6 Stander, Christiaan L	13	ESA-CE	33.37
Name	Age	Team	Finals Time	23 Van Der Westhuizen, Ew	11	LALE-CE	49.52	7 Van der Merwe, Luan J	13	UWCA-CP	33.47
Finals				#411 Boys 12 50 Meter Fly				#411 Boys 13 50 Meter Fly			
2016SA Age G: 29.37 # 2016 Mariella G Venter-Gra				2016SA Age G: 25.81 # 2015 Jendre Van Der Merw				2016SA Age G: 26.46 # 2005 Kristopher P Matulov			
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time
Finals				Finals				Preliminaries			
1 Huang, Shi Han A	16	BLMA-CP	34.14	1 Schabort, Lowen	12	ESA-CE	32.50	1 Pioris, Whato	13	CBM	31.59
2 Pieterse, Abby L	16	INFA-NM	34.33	2 Smit, Eduard W	12	CASC-CP	33.14	2 Theunissen, Jude E	13	BEST-NM	32.44
3 Holthuis, Keilah-Naomi	16	ESA-CE	35.92	3 Heunis, Johan C	12	BARR-CP	33.45	3 Nel, Charles Paul	13	QSSC-CP	32.67
4 Hager, Carle	16	ESA-CE	35.94	4 Coetzee, Tristan R	12	FISH-ED	33.46	4 Egen, Erigh E	13	BARR-CP	32.98
5 Burger, Juanè	16	CASC-CP	37.19	5 Askevold, Gunther J	12	BLMA-CP	33.84	5 Lee, Daniel	13	TYGE-CP	33.21
6 Adams, Sydni M	16	VINE-CP	37.75	6 Van der Merwe, Logan	12	TYGE-CP	34.49	6 Van der Merwe, Luan J	13	UWCA-CP	33.80
7 Kleynhans, Sian	16	WAC-ED	38.84	7 Spies, Judah J	12	FISH-ED	34.54	7 Odendaal, Riko	13	CASC-CP	33.84
8 Albino, Nemzi L	16	SAAW-CP	39.08	8 Clark, Alexander L	12	UWCA-CP	34.82	8 Stander, Christiaan L	13	ESA-CE	33.94
#410 Women 16 50 Meter Back				#411 Boys 12 50 Meter Fly				#411 Boys 14 50 Meter Fly			
2016SA Age G: 29.37 # 2016 Mariella G Venter-Gra				2016SA Age G: 25.81 # 2015 Jendre Van Der Merw				2016SA Age G: 25.65 # 2013 ZANE WADDELL at SA			
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Name	Age	Team	Finals Time
Preliminaries				Preliminaries				Finals			
1 Pieterse, Abby L	16	INFA-NM	34.11	1 Schabort, Lowen	12	ESA-CE	32.93	1 Striglia, Elio	14	HARL-BU	28.17
2 Huang, Shi Han A	16	BLMA-CP	35.40	2 Smit, Eduard W	12	CASC-CP	33.40	2 Coates, Caleb	14	BEST-NM	29.73
3 Holthuis, Keilah-Naomi	16	ESA-CE	36.38	3 Heunis, Johan C	12	BARR-CP	33.71	3 van Aarde, Matthew D	14	CASC-CP	29.95
4 Hager, Carle	16	ESA-CE	36.75	4 Coetzee, Tristan R	12	FISH-ED	33.94	4 VerLoren Van Themaat,	14	LALE-CE	30.24
5 Adams, Sydni M	16	VINE-CP	37.42	5 Van der Merwe, Logan	12	TYGE-CP	34.05	5 Heunis, Le Roux	14	TYGE-CP	30.31
6 Burger, Juanè	16	CASC-CP	37.77	6 Askevold, Gunther J	12	BLMA-CP	34.87	6 De Jager, Eben	14	BRAVE-CE	30.63
7 Albino, Nemzi L	16	SAAW-CP	37.93	7 Spies, Judah J	12	FISH-ED	34.95	7 Parr, Colbyn S	14	KNYA-ED	31.26
8 Hagglund, Emma H	16	SSISA-CP	38.01	8 Clark, Alexander L	12	UWCA-CP	35.12	8 Jooste, Ben D	14	CUHE-OB	31.89
9 Kleynhans, Sian	16	WAC-ED	38.69	9 Davenport, Daniel J	12	PEAS-NM	35.24	#411 Boys 14 50 Meter Fly			
#411 Boys 11&U 50 Meter Fly				#411 Boys 11&U 50 Meter Fly				2016SA Age G: 25.65 # 2013 ZANE WADDELL at SA			
2016SA Age G: 29.37 # 2016 Mariella G Venter-Gra				2016SA Age G: 25.81 # 2015 Jendre Van Der Merw				2016SA Age G: 25.65 # 2013 ZANE WADDELL at SA			
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time	Name	Age	Team	Finals Time
Finals				Finals				Finals			
1 Edwards, Bryce	11	CTO-CP	33.52	11 Harder, Callum R	12	VINE-CP	35.82	1 Striglia, Elio	14	HARL-BU	28.17
2 Claassen, Cayden D	10	PEAS-NM	33.64	12 Goldswain, Nicholas J	12	USC-BU	36.02	2 Coates, Caleb	14	BEST-NM	29.73
3 Schäffler, James	11	ROA-ED	33.76	13 Sebastian, Alexander	12	MANT-CP	36.03	3 van Aarde, Matthew D	14	CASC-CP	29.95
4 Kruger, Declan	11	BLMA-CP	34.17	14 Kriel, Ewan	12	QSSC-CP	36.05	4 VerLoren Van Themaat,	14	LALE-CE	30.24
5 Van der Veen, Aiden L	11	PEAS-NM	35.73	15 Bradfield, Joel-Luke	12	INFA-NM	36.17	5 Heunis, Le Roux	14	TYGE-CP	30.31
6 Mare, Ilan	11	CASC-CP	36.17	16 Rossouw, Marais	12	QSSC-CP	36.65	6 De Jager, Eben	14	BRAVE-CE	30.63
7 Naude, Niel P	11	AGAQ-OB	36.49	17 Worley, Owen L	12	HARL-BU	36.84	7 Parr, Colbyn S	14	KNYA-ED	31.26
8 Pretorius, Johan M	11	ESA-CE	36.67	18 Van Dyk, Adriaan J	12	ASAC-CP	37.36	8 Jooste, Ben D	14	CUHE-OB	31.89
#411 Boys 11&U 50 Meter Fly				#411 Boys 11&U 50 Meter Fly				#411 Boys 14 50 Meter Fly			
2016SA Age G: 29.37 # 2016 Mariella G Venter-Gra				2016SA Age G: 25.81 # 2015 Jendre Van Der Merw				2016SA Age G: 25.65 # 2013 ZANE WADDELL at SA			
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time
Preliminaries				Preliminaries				Preliminaries			
1 Kruger, Declan	11	BLMA-CP	34.53	19 van der Westhuizen, An	12	INFA-NM	37.68	1 Striglia, Elio	14	HARL-BU	28.43
2 Edwards, Bryce	11	CTO-CP	34.54	20 Fourie, Benjamin L	12	BLMA-CP	37.70	2 Coates, Caleb	14	BEST-NM	29.80
3 Schäffler, James	11	ROA-ED	34.57	21 Wessels, Jeandre	12	USC-BU	37.78	3 van Aarde, Matthew D	14	CASC-CP	30.06
4 Claassen, Cayden D	10	PEAS-NM	35.02	22 Kannemeyer, Luan	12	QSSC-CP	37.82	4 VerLoren Van Themaat,	14	LALE-CE	30.71
5 Naude, Niel P	11	AGAQ-OB	36.70	23 Van Heerden, Emile L	12	WAC-ED	37.88	5 De Jager, Eben	14	BRAVE-CE	30.84
6 Pretorius, Johan M	11	ESA-CE	36.90	24 Delpport, Reynard	12	BEST-NM	38.03	6 Heunis, Le Roux	14	TYGE-CP	30.86
7 Mare, Ilan	11	CASC-CP	37.00	25 Swartz, Seth J	12	CASC-CP	38.17	7 Jooste, Ben D	14	CUHE-OB	31.47
8 Van der Veen, Aiden L	11	PEAS-NM	37.16	26 Meets, Daniel	12	ASAC-CP	38.20	8 Parr, Colbyn S	14	KNYA-ED	31.71
9 Fischer, Blake D	11	INFA-NM	37.63	27 Jewell, Stefan E	12	PEAS-NM	38.42	9 Earle, Zack C	14	FISH-ED	31.95
10 Van der Merwe, Ulric	11	TYGE-CP	38.60	28 Woodrup, Connor	12	CYBE-CP	38.73	10 Ramorwesi, Oratilwe M	14	SAAW-CP	32.22
11 Beukes, Ryan M	11	SAAW-CP	38.70	29 Gerber, Luke M	12	CASC-CP	38.84	11 Shipton, Christopher J	14	QSSC-CP	33.39
12 Horn, Ben	11	XCEL-CP	38.85	30 Pieterse, Nicholas N	12	STAQ-CE	38.99	12 February, Dillon S	14	CASC-CP	33.43
*13 Malherbe, Roz R	11	BRAVE-CE	38.88	31 Heiberg, Ethan	12	MANT-CP	39.37	13 Pitout, Zachary J	14	ASAC-CP	33.82
*13 Tredoux, Simon P	11	BARR-CP	38.88	32 Jogie, Ryan J	12	HARL-BU	39.45	14 Gallie, Abdul-Aziz	14	MANT-CP	34.68
15 Pieterse, Adriaan	11	PEAS-NM	40.21	33 Tshabalala, Jodie J	12	BLMA-CP	41.42	15 Fortune, Hakeem	14	MANT-CP	37.47
16 Schutte, Ethan	11	QSSC-CP	40.32	#411 Boys 13 50 Meter Fly				#411 Boys 13 50 Meter Fly			
17 Whitehouse, Bramwell /	11	CUHE-OB	42.16	2016SA Age G: 26.46 # 2005 Kristopher P Matulov				2016SA Age G: 26.46 # 2005 Kristopher P Matulov			
18 Henning, Christiaan P	11	LALE-CE	42.21	Name	Age	Team	Finals Time	Name	Age	Team	Finals Time
19 De Nooy, Wyatt J	10	LALE-CE	42.22	Finals				Finals			
20 Joubert, Daniel J	11	PLAY-CE	42.44	1 Pioris, Whato	13	CBM	30.71	1 Pioris, Whato	13	CBM	30.71
				2 Theunissen, Jude E	13	BEST-NM	31.54	2 Theunissen, Jude E	13	BEST-NM	31.54
				3 Egen, Erigh E	13	BARR-CP	32.47	3 Egen, Erigh E	13	BARR-CP	32.47
				4 Nel, Charles Paul	13	QSSC-CP	32.61	4 Nel, Charles Paul	13	QSSC-CP	32.61

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

Preliminaries ... (#411 Boys 14 50 Meter Fly)				#412 Girls 11&U 50 Meter Fly				12 Davis-Taylor, Bela S 12 INFA-NM 36.49			
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time	Name	Age	Team	Finals Time
16 Smith, Jacobus J	14	FISH-ED	38.24	Finals				13 Engelbrecht, Zia-Bella L	12	HTSA-CP	36.60
#411 Men 15 50 Meter Fly				1 Pitout, Addison P	11	ASAC-CP	34.57	14 Du Preez, Kyra J	12	USC-BU	36.69
2016SA Age G: 25.24 # 2008 Heinrich Alberts at K				2 Kimani, Katja	11	CYBE-CP	34.86	15 Hengst, Emily A	12	CASC-CP	36.91
Name	Age	Team	Finals Time	3 Meiring, Scarlett J	11	INFA-NM	35.40	16 Pieterse, Kate J	12	PEAS-NM	37.09
Finals				4 Abrams, Sophia E	11	USC-BU	36.14	17 Loni, Yama	12	INFA-NM	37.24
1 Krause, Luke	15	CASC-CP	28.99	5 Maritz, Ava C	10	CTO-CP	36.70	18 Makore, Bona M	12	ASAC-CP	37.30
2 Pieterse, Marcelle J	15	XCEL-CP	29.96	6 Schenck, Maya K	11	TYGE-CP	37.12	19 Onkruid, Gianna R	12	UWCA-CP	37.85
3 Vorster, Bastian S	15	FISH-ED	30.02	7 Thompson, Mia M	11	BEST-NM	37.19	20 Stearn, Hannah	12	INFA-NM	38.01
4 Wessels, Tiaan	15	USC-BU	30.09	8 Van Rooyen, Maggie L	11	PEAS-NM	37.34	21 Benade, Aria	12	SAAW-CP	38.17
5 Ganger, Zeke D	15	MARL-CP	30.14	#412 Girls 11&U 50 Meter Fly				*22 Smit, Dione	12	CASC-CP	38.21
6 Samsodien, Saaligh S	15	MARL-CP	30.24	Finals				*22 Joubert, Rebecca J	12	INFA-NM	38.21
7 Snyders, Reece	15	UWCA-CP	31.98	1 Kimani, Katja	11	CYBE-CP	35.39	24 Mahlangu, Ndalo	12	BLMA-CP	39.01
8 Grobler, Chris I	15	CASC-CP	32.57	2 Pitout, Addison P	11	ASAC-CP	36.13	25 Arendse, Emma	12	MANT-CP	41.76
#411 Men 15 50 Meter Fly				3 Abrams, Sophia E	11	USC-BU	36.44	26 Smith, Isabel H	12	USC-BU	41.88
2016SA Age G: 25.24 # 2008 Heinrich Alberts at K				4 Meiring, Scarlett J	11	INFA-NM	36.51	#412 Girls 13 50 Meter Fly			
Name	Age	Team	Prelim Time	5 Schenck, Maya K	11	TYGE-CP	37.56	2016SA Age G: 28.70 # 2013 Bailey Desmarais at S			
Preliminaries				6 Thompson, Mia M	11	BEST-NM	37.62	Name	Age	Team	Finals Time
1 Afonso, Aragon G	15	QSSC-CP	28.16	7 Van Rooyen, Maggie L	11	PEAS-NM	37.99	Finals			
2 Lichthart, Nicus	15	QSSC-CP	28.51	8 Maritz, Ava C	10	CTO-CP	38.10	1 Wilson, Samantha	13	INFA-NM	32.17
3 Krause, Luke	15	CASC-CP	28.99	9 Bowman, Bailey J	11	USC-BU	38.41	2 Terwin, Brooklyn	13	USC-BU	33.13
4 Pieterse, Marcelle J	15	XCEL-CP	30.07	10 Saul, Astrid P	11	BLMA-CP	39.03	3 Klopper, Lene	13	QSSC-CP	33.53
5 Wessels, Tiaan	15	USC-BU	30.21	11 McMaster, Rachael A	11	HARL-BU	39.24	4 Mansour, Daniela	13	CBM	33.55
6 Ganger, Zeke D	15	MARL-CP	30.30	12 Abrahamse, Lexi	11	VINE-CP	39.29	5 Pearson-Adams, Oshun	13	SAAW-CP	33.81
7 Langeveldt, Christiano C	15	ALPHA-CP	30.37	13 Sadi, Chrisela F	11	SAAW-CP	39.39	6 Hendricks, Jada	13	CASC-CP	33.95
8 Vorster, Bastian S	15	FISH-ED	30.45	14 Richards, Emma E	11	SAAW-CP	40.22	7 Barthus, Alessia	13	MANT-CP	34.02
9 Samsodien, Saaligh S	15	MARL-CP	30.70	15 Glass, Gabi	11	SAAW-CP	42.41	8 Kalapac, Lexi	13	SLAQ-CP	36.44
10 Smith, Jenson C	15	ASAC-CP	30.76	16 De Jager, Isabella	11	BRAVE-CE	48.82	#412 Girls 13 50 Meter Fly			
11 Prince, Caleb T	15	BEST-NM	32.11	17 October, Jemma F	11	ALPHA-CP	50.84	2016SA Age G: 28.70 # 2013 Bailey Desmarais at S			
12 Snyders, Reece	15	UWCA-CP	32.87	--- Victor, Amy-Mae	11	PEAS-NM	NS	Name	Age	Team	Prelim Time
13 Grobler, Chris I	15	CASC-CP	32.88	#412 Girls 12 50 Meter Fly				Preliminaries			
14 Bester, Daniël M	15	ESA-CE	33.34	2016SA Age G: 29.76 # 2015 Dune Coetzee at SA Le				1 Wilson, Samantha	13	INFA-NM	32.14
15 Gomez, Alex W	15	MARL-CP	33.65	Name	Age	Team	Finals Time	2 Mansour, Daniela	13	CBM	33.41
16 Basson, Zethan L	15	PEAS-NM	34.27	Finals				3 Klopper, Lene	13	QSSC-CP	33.60
#411 Men 16 50 Meter Fly				1 Douglas, Keyla	12	ROA-ED	32.71	4 Terwin, Brooklyn	13	USC-BU	33.98
2016SA Age G: 24.44 # 2015 ZANE WADDELL at SA				2 Greyvenstein, Hayley	12	USC-BU	33.43	5 Jordaan, Mikayla E	13	CASC-CP	34.33
Name	Age	Team	Finals Time	3 Van Jaarsveld, Bianca I	12	TYGE-CP	34.48	6 Barthus, Alessia	13	MANT-CP	34.67
Finals				4 Swanepoel, Pia Q	12	ASAC-CP	34.51	7 Hendricks, Jada	13	CASC-CP	34.71
1 van Staden, Mika L	16	AQUA-BU	27.75	5 Sprong, Jaime M	12	ASAC-CP	34.88	8 Jantjies, Zara	13	MANT-CP	34.84
2 Cleophas, Kyle	16	PAQU-CE	28.74	6 DU Plessis, Lheané	12	FISH-ED	35.01	9 Kalapac, Lexi	13	SLAQ-CP	35.23
3 Oosthuizen, Ethan	16	PLAY-CE	29.08	7 Beyers, Lize M	12	AGAQ-OB	35.24	10 Pearson-Adams, Oshun	13	SAAW-CP	35.37
4 van Wyk, Tariq K	16	CASC-CP	29.25	8 Iliev, Emily M	12	CBM	35.64	11 Roth, Elle	13	PEAS-NM	35.46
5 Isaacs, Christiano A	16	UWCA-CP	30.83	#412 Girls 12 50 Meter Fly				12 Pieterse, Nina	13	PEAS-NM	35.98
6 Van Rooyen, Louis B	16	WAC-ED	34.57	2016SA Age G: 29.76 # 2015 Dune Coetzee at SA Le				13 McGluwa, Jovanah N	13	CASC-CP	36.00
7 Cruickshank, Carter C	16	PEAS-NM	35.02	Name	Age	Team	Prelim Time	14 Matthee, Zarah	13	UWCA-CP	36.05
Preliminaries				1 Douglas, Keyla	12	ROA-ED	34.33	15 Julies, Grace J	13	XCEL-CP	36.22
1 van Staden, Mika L	16	AQUA-BU	28.11	2 Van Jaarsveld, Bianca I	12	TYGE-CP	34.67	16 Mfabe, Zingee Z	13	USC-BU	36.49
2 Cleophas, Kyle	16	PAQU-CE	28.74	3 Greyvenstein, Hayley	12	USC-BU	34.89	17 Jurgens, Chloe-Leigh	13	VINE-CP	36.62
3 van Wyk, Tariq K	16	CASC-CP	29.11	4 Swanepoel, Pia Q	12	ASAC-CP	35.23	18 Schutzler, Amelia-Rose	13	USC-BU	37.05
4 Oosthuizen, Ethan	16	PLAY-CE	29.38	5 Iliev, Emily M	12	CBM	35.72	19 Lilley, Kenna	13	TYGE-CP	37.86
5 Cruickshank, Carter C	16	PEAS-NM	30.24	6 Beyers, Lize M	12	AGAQ-OB	35.77	20 Tembo, Noku L	13	KNYA-ED	38.28
6 Isaacs, Christiano A	16	UWCA-CP	31.40	7 Sprong, Jaime M	12	ASAC-CP	35.91	21 Voysey, Ella N	13	ASAC-CP	38.61
7 Van Rooyen, Louis B	16	WAC-ED	34.76	8 DU Plessis, Lheané	12	FISH-ED	36.00	22 Du Plessis, Leah	13	PEAS-NM	38.96
8 Fortune, Yaseen	16	MANT-CP	36.37	9 Sebastian, Catherine	12	MANT-CP	36.12	23 Adams, Ella	13	CASC-CP	40.79
#411 Men 16 50 Meter Fly				10 Normington, Olivia	12	XCEL-CP	36.27	24 Haynes-Smart, Kaitlyn	13	VINE-CP	41.11
2016SA Age G: 24.44 # 2015 ZANE WADDELL at SA				11 Serdyn, Jana	12	INFA-NM	36.38	#412 Girls 14 50 Meter Fly			
Name	Age	Team	Prelim Time	Finals				2016SA Age G: 27.73 # 2009 VANESSA MOHR at KZ			
Preliminaries				1 McLean, Daniella L	14	PEAS-NM	32.49	Finals			
1 van Staden, Mika L	16	AQUA-BU	28.11	Finals				2016SA Age G: 27.73 # 2009 VANESSA MOHR at KZ			
2 Cleophas, Kyle	16	PAQU-CE	28.74	Finals				Finals			
3 van Wyk, Tariq K	16	CASC-CP	29.11	Finals				Finals			
4 Oosthuizen, Ethan	16	PLAY-CE	29.38	Finals				Finals			
5 Cruickshank, Carter C	16	PEAS-NM	30.24	Finals				Finals			
6 Isaacs, Christiano A	16	UWCA-CP	31.40	Finals				Finals			
7 Van Rooyen, Louis B	16	WAC-ED	34.76	Finals				Finals			
8 Fortune, Yaseen	16	MANT-CP	36.37	Finals				Finals			

SA Level 3 Regional Age Group Champs 2026-EC - 2026/04/09 to 2026/04/12

Results

#419 Women 13-14 4x50 Meter Medley Relay 4 x 50 Med

5 CBM	A	2:27.90
Nchumali, Kwicia 12	Iliev, Emily M 12	
Mansour, Daniela 13	Palacio, Ines C 12	
6 VINE-CP	A	2:29.89
Lloyd, Jemma A 13	Abrahamse, Lexi 11	
Jurgens, Chloe-Leigh 13	Haynes-Smart, Kaitlyn 13	

#420 Women 15-16 4x50 Meter Medley Relay 4 x 5

Team	Relay	Finals Time
1 FISH-ED	A	2:18.07
Cronjé, Miané 15	DU Plessis, Lheané 12	
Lindsay, Edith J 15	Coleman, Milan 14	
2 ESA-CE	A	2:21.43
Hager, Carle 16	Barnard, Adelmari D 16	
Nienaber, Mila J 14	Holthuis, Keilah-Naomi 16	
3 USC-BU	A	2:28.93
Mfabe, Zingce Z 13	Weimann, Erin J 15	
Mauer, Kayden 16	Ranger, Emma L 12	
4 CASC-CP	A	2:32.35
De Lange, Niah 11	Lourens, Mia 14	
Burden, Leila A 12	Burger, Juanè 16	

#421 Mixed 12&U 4x100 Meter Free Relay 4 x 100

Team	Relay	Finals Time
1 USC-BU	A	4:40.34
Greyvenstein, Hayley W12	Goldswain, Nicholas J M12	
Abrams, Sophia E W11	Wessels, Jeandre M12	
2 MANT-CP	A	4:47.64
Arendse, Emma W12	Heiberg, Ethan M12	
Sebastian, Alexander M12	Sebastian, Catherine W12	
3 TYGE-CP	A	4:47.98
Van der Merwe, Logan M12	Van Onselen, Annabelle W12	
Van der Merwe, Ulric M11	Van Jaarsveld, Bianca I W12	
4 CASC-CP	A	4:49.21
Gerber, Luke M M12	Perez Castellano, Emilio M12	
Hengst, Emily A W12	De Lange, Niah W11	
5 BLMA-CP	A	4:53.97
Kruger, Declan M11	Mahlangu, Ndalo W12	
Saul, Astrid P W11	Askevold, Gunther J M12	
6 HARL-BU	A	4:56.37
Vermeulen, Jaime-Lynn W11	Muller, Skyler M W12	
Worley, Owen L M12	Jogie, Ryan J M12	
7 ASAC-CP	A	5:01.98
Swanepoel, Pia Q W12	Meets, Daniel M12	
Van Dyk, Adriaan J M12	Sprong, Jaime M W12	
8 PEAS-NM	A	5:06.23
Davenport, Daniel J M12	Van der Veen, Aiden L M11	
Victor, Amy-Mae W11	Van Rooyen, Maggie L W11	

#422 Mixed 13-14 4x100 Meter Free Relay 4 x 100

Team	Relay	Finals Time
1 CASC-CP	A	4:24.43
van Aarde, Matthew D M14	Botha, Rebecca P W14	
Coetzee, Marli W14	February, Dillon S M14	
2 USC-BU	A	4:26.81
Lockyear, Devon P M14	Terwin, Brooklyn W13	
Minnaar, Amelia C W14	Clifford, Jack K M13	
3 TYGE-CP	A	4:35.08
Lee, Daniel M13	Lilley, Kenna W13	
Schenck, Maya K W11	Heunis, Le Roux M14	
4 ASAC-CP	A	4:35.61
Pitout, Addison P W11	Longueira, Ava L W14	
Pitout, Zachary J M14	Wilson, Kaleb M13	

5 CLA-WC	A	4:40.24
Snyders, Dylan M13	Lammings, Jack M14	
Swanepoel, Emma W11	Nel, Olivia W13	
6 ASAC-CP	B	4:42.42
Voysey, Ella N W13	Makore, Bona M W12	
Hauser, Paul M13	Lombard, Quan R M13	

#423 Mixed 15-16 4x100 Meter Free Relay 4 x 100

Team	Relay	Finals Time
1 PEAS-NM	A	4:16.45
Cruickshank, Carter C M16	Basson, Zethan L M15	
Roth, Elle W13	McLean, Daniella L W14	
2 USC-BU	A	4:26.69
Wessels, Tiaan M15	Weimann, Erin J W15	
Kretzmann, Kaleb B M15	Ranger, Emma L W12	
3 ESA-CE	A	4:27.60
Holthuis, Keilah-Naomi W11	Bester, Daniël M M15	
Nienaber, Mila J W14	Stander, Christiaan L M13	
4 CASC-CP	B	4:33.07
Lourens, Mia W14	Burden, Leila A W12	
Grobler, Chris I M15	Lewis, Callum R M15	
5 SAAW-CP	A	4:33.52
Ramorwesi, Oratilwe M M11	Pearson-Adams, Oshun O W11	
Robinson, Alana W15	Beukes, Ryan M M11	
--- CASC-CP	A	DQ
van Wyk, Tariq K M16	McGluwa, Jovanah N W13	
Burger, Juanè W16	Krause, Luke M15	